# Transvaginal mesh or grafts compared with native tissue repair for vaginal prolapse (Review)

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#### [Intervention Review]

# Transvaginal mesh or grafts compared with native tissue repair for vaginal prolapse

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# ABSTRACT

#### Background

A wide variety of grafts have been introduced with the aim of improving the outcomes of traditional native tissue repair (colporrhaphy) for vaginal prolapse.

#### **Objectives**

To determine the safety and effectiveness of transvaginal mesh or biological grafts compared to native tissue repair for vaginal prolapse.

#### Search methods

We searched the Cochrane Incontinence Group Specialised Register, which contains trials identified from the Cochrane Central Register of Controlled Trials (CENTRAL), MEDLINE, ongoing trials registers, and handsearching of journals and conference proceedings (6 July 2015). We also contacted researchers in the field.

#### Selection criteria

Randomised controlled trials (RCTs) comparing different types of vaginal repair (mesh, biological graft, or native tissue).

# Data collection and analysis

Two review authors independently selected trials, assessed risk of bias, and extracted data. The primary outcomes were awareness of prolapse, repeat surgery, and recurrent prolapse on examination.

# Main results

We included 37 RCTs (4023 women). The quality of the evidence ranged from very low to moderate. The main limitations were poor reporting of study methods, inconsistency, and imprecision.

# Permanent mesh versus native tissue repair

Awareness of prolapse at one to three years was less likely after mesh repair (risk ratio (RR) 0.66, 95% confidence interval (CI) 0.54 to 0.81, 12 RCTs, n = 1614,  $I^2 = 3\%$ , moderate-quality evidence). This suggests that if 19% of women are aware of prolapse after native tissue repair, between 10% and 15% will be aware of prolapse after permanent mesh repair.

Rates of repeat surgery for prolapse were lower in the mesh group (RR 0.53, 95% CI 0.31 to 0.88, 12 RCTs, n = 1675,  $I^2 = 0\%$ , moderate-quality evidence). There was no evidence of a difference between the groups in rates of repeat surgery for continence (RR 1.07, 95% CI 0.62 to 1.83, 9 RCTs, n = 1284,  $I^2 = 21\%$ , low-quality evidence). More women in the mesh group required repeat surgery for the combined outcome of prolapse, stress incontinence, or mesh exposure (RR 2.40, 95% CI 1.51 to 3.81, 7 RCTs, n = 867,  $I^2 = 0\%$ , moderate-quality evidence). This suggests that if 5% of women require repeat surgery after native tissue repair, between 7% and 18% in the permanent mesh group will do so. Eight per cent of women in the mesh group required repeat surgery for mesh exposure.

Recurrent prolapse on examination was less likely after mesh repair (RR 0.40, 95% CI 0.30 to 0.53, 21 RCTs, n = 2494,  $I^2 = 73\%$ , low-quality evidence). This suggests that if 38% of women have recurrent prolapse after native tissue repair, between 11% and 20% will do so after mesh repair.

Permanent mesh was associated with higher rates of de novo stress incontinence (RR 1.39, 95% CI 1.06 to 1.82, 12 RCTs, 1512 women,  $I^2$  = 0%, low-quality evidence) and bladder injury (RR 3.92, 95% CI 1.62 to 9.50, 11 RCTs, n = 1514,  $I^2$  = 0%, moderate-quality evidence). There was no evidence of a difference between the groups in rates of de novo dyspareunia (RR 0.92, 95% CI 0.58 to 1.47, 11 RCTs, n = 764,  $I^2$  = 21%, low-quality evidence). Effects on quality of life were uncertain due to the very low-quality evidence.

#### Absorbable mesh versus native tissue repair

There was very low-quality evidence for the effectiveness of either form of repair at two years on the rate of awareness of prolapse (RR 1.05, 95% CI 0.77 to 1.44, 1 RCT, n = 54).

There was very low-quality evidence for the effectiveness of either form of repair on the rate of repeat surgery for prolapse (RR 0.47, 95% CI 0.09 to 2.40, 1 RCT, n = 66).

Recurrent prolapse on examination was less likely in the mesh group (RR 0.71, 95% CI 0.52 to 0.96, 3 RCTs, n = 292,  $I^2 = 21\%$ , low-quality evidence)

The effect of either form of repair was uncertain for urinary outcomes, dyspareunia, and quality of life.

# Biological graft versus native tissue repair

There was no evidence of a difference between the groups at one to three years for the outcome awareness of prolapse (RR 0.97, 95% CI 0.65 to 1.43, 7 RCTs, n = 777, low-quality evidence).

There was no evidence of a difference between the groups for the outcome repeat surgery for prolapse (RR 1.22, 95% CI 0.61 to 2.44, 5 RCTs, n = 306,  $I^2 = 8\%$ , low-quality evidence).

The effect of either approach was very uncertain for recurrent prolapse (RR 0.94, 95% CI 0.60 to 1.47, 7 RCTs, n = 587,  $I^2 = 59\%$ , very low-quality evidence).

There was no evidence of a difference between the groups for dyspareunia or quality of life outcomes (very low-quality evidence).

#### Authors' conclusions

While transvaginal permanent mesh is associated with lower rates of awareness of prolapse, reoperation for prolapse, and prolapse on examination than native tissue repair, it is also associated with higher rates of reoperation for prolapse, stress urinary incontinence, or mesh exposure and higher rates of bladder injury at surgery and de novo stress urinary incontinence. The risk-benefit profile means that transvaginal mesh has limited utility in primary surgery. While it is possible that in women with higher risk of recurrence the benefits may outweigh the risks, there is currently no evidence to support this position.

Limited evidence suggests that absorbable mesh may reduce rates of recurrent prolapse on examination compared to native tissue repair, but there was insufficient evidence on absorbable mesh for us to draw any conclusions for other outcomes. There was also insufficient evidence for us to draw any conclusions regarding biological grafts compared to native tissue repair.

In 2011, many transvaginal permanent meshes were voluntarily withdrawn from the market, and the newer, lightweight transvaginal permanent meshes still available have not been evaluated within a RCT. In the meantime, these newer transvaginal meshes should be utilised under the discretion of the ethics committee.

#### PLAIN LANGUAGE SUMMARY

# Transvaginal mesh or grafts compared with native tissue repair for vaginal prolapse

#### Review question

Should transvaginal mesh or biological grafts or native tissue be utilised to repair vaginal prolapse?

#### Background

Pelvic organ prolapse is common, affecting as many as 50% of women who have had children. The traditional method of repairing vaginal prolapse using native tissue is associated with high rates of recurrence. It is thought that transvaginal grafts made of absorbable or permanent mesh or biological material may improve the outcomes of prolapse surgery.

#### Study characteristics

We evaluated 37 randomised controlled trials (4023 women) comparing transvaginal grafts versus traditional native tissue repair for repairing vaginal prolapse. The evidence is current to July 2015.

#### **Key results**

Low to moderate quality evidence suggests that there are advantages to using transvaginal permanent mesh compared to native tissue repair, including lower rates of awareness of prolapse, reoperation for prolapse, and recurrent prolapse on examination. The evidence suggests that if 19% of women are aware of prolapse after native tissue repair, between 10% and 15% will be aware of prolapse after permanent mesh repair. If the rate of recurrent prolapse on examination after a native tissue repair is assumed to be 38%, the risk would be between 11% and 20% after a repair with transvaginal permanent mesh. However, there are also problems associated with permanent transvaginal mesh. If the reoperation rate for prolapse, urinary incontinence, or mesh exposure after native tissue repair is assumed to be 5%, the risk would be between 7% and 18% after permanent mesh repair. Eight per cent of women in the mesh groups required repeat surgery for mesh exposure.

Low quality evidence suggests that absorbable mesh may reduce the risk of recurrent prolapse on examination compared to native tissue repair, but there is insufficient evidence on absorbable mesh for us to draw any conclusions for other outcomes.

Low quality evidence suggests there is no difference between biological grafts and native tissue repair on rates of awareness of prolapse or reoperation for prolapse. Due to the very low quality of evidence, the impact of the interventions on prolapse on examination was uncertain.

While permanent mesh has some advantages over native tissue, there are also disadvantages in its routine use. Many transvaginal permanent meshes were withdrawn from use in 2011, and the newer, lightweight transvaginal permanent meshes still available have not been evaluated within a randomised study.

#### Quality of the evidence

Overall, the quality of the evidence ranged from very low to moderate. The main limitations were poor reporting of study methods, inconsistency, and imprecision.

# SUMMARY OF FINDINGS FOR THE MAIN COMPARISON [Explanation]

# Any transvaginal permanent mesh versus native tissue repair for vaginal prolapse

Population: women with vaginal prolapse

Settings: surgical

Intervention: any transvaginal permanent mesh versus native tissue repair

Outcomes	Illustrative comparative risks* (95% CI)		Relative effect (95% CI)	No of Participants (studies)	Quality of the evidence (GRADE)	Comments
	Assumed risk	Corresponding risk				
	Native tissue repair	Any transvaginal perma- nent mesh				
Awareness of prolapse review 1 to 3 years	188 per 1000	<b>124 per 1000</b> (101 to 152)	<b>RR 0.66</b> (0.54 to 0.81)	1614 (12 RCTs)	⊕⊕⊕⊜ moderate¹	
Repeat surgery - pro- lapse review 1 to 3 years	32 per 1000	<b>17 per 1000</b> (10 to 28)	<b>RR 0.53</b> (0.31 to 0.88)	1675 (12 RCTs)	⊕⊕⊕⊜ moderate¹	
Repeat surgery - conti- nence surgery	26 per 1000	<b>28 per 1000</b> (16 to 48)	<b>RR 1.07</b> (0.62 to 1.83)	1284 (9 RCTs)	$\bigoplus \bigoplus \bigcirc \bigcirc$ $\mathbf{low}^{1,2}$	
Repeat surgery - surgery for prolapse, SUI, or mesh exposure review 1 to 3 years	48 per 1000	<b>114 per 1000</b> (72 to 181)	<b>RR 2.40</b> (1.51 to 3.81)	867 (7 studies)	⊕⊕⊕⊜ moderate¹	
Recurrent prolapse review 1 to 3 years	381 per 1000	<b>152 per 1000</b> (114 to 202)	RR 0.40 (0.30 to 0.53)	2494 (21 studies)	⊕⊕⊖⊖ low <sup>1,4</sup>	l <sup>2</sup> = 73%
Bladder injury	5 per 1000	<b>21 per 1000</b> (9 to 51)	<b>RR 3.92</b> (1.62 to 9.5)	1514 (11 studies)	⊕⊕⊕⊜ moderate¹	

De novo dyspareunia (pain during sexual in- tercourse) review 1 to 3 years	95 per 1000	<b>88 per 1000</b> (55 to 140)	<b>RR 0.92</b> (0.58 to 1.47)	764 (11 studies)	⊕⊕⊖⊖ low¹,2	
De novo stress urinary incontinence review 1 to 3 years	96 per 1000	<b>133 per 1000</b> (101 to 174)	RR 1.39 (1.06 to 1.82)	1512 (12 studies)	⊕⊕⊖⊖ low <sup>1,3</sup>	
Quality of life review 1 to 2 years	The mean quality of life in the mesh groups was 0.05 standard deviations higher (0.20 lower to 0.30 higher). This is an imprecise finding that is consistent with a small benefit in either group, or else no difference between the groups				⊕○○○ very low <sup>1,2,4</sup>	l <sup>2</sup> = 60%

<sup>\*</sup>The basis for the **assumed risk** is the median control group risk across studies The **corresponding risk** (and its 95% confidence interval) is based on the assumed risk in the comparison group and the **relative effect** of the intervention (and its 95% CI).

CI: Confidence interval; RR: Risk ratio; SUI: stress urinary incontinence

GRADE Working Group grades of evidence

High quality: Further research is very unlikely to change our confidence in the estimate of effect.

Moderate quality: Further research is likely to have an important impact on our confidence in the estimate of effect and may change the estimate.

Low quality: Further research is very likely to have an important impact on our confidence in the estimate of effect and is likely to change the estimate.

**Very low quality:** We are very uncertain about the estimate.

<sup>&</sup>lt;sup>1</sup>Downgraded one level due to serious risk of bias: most of the studies were at unclear or high risk of bias associated with poor reporting of methods, including failure by many to describe satisfactory methods of allocation concealment or blinding. A minority of studies did not report use of blinding at all.

<sup>&</sup>lt;sup>2</sup>Downgraded one level due to serious imprecision: findings compatible with benefit in either group or with no clinically meaningful difference between the groups.

<sup>&</sup>lt;sup>3</sup>Downgraded one level due to serious imprecision: findings compatible with benefit in native tissue group or with no clinically meaningful difference between the groups.

<sup>&</sup>lt;sup>4</sup>Downgraded one level due to serious inconsistency: substantial statistical heterogeneity.

# BACKGROUND

# **Description of the condition**

Pelvic organ prolapse is common and is seen on examination in 40% to 60% of parous women (Handa 2004; Hendrix 2002). The annual aggregated rate of associated surgery in the USA is in the range of 10 to 30 per 10,000 women (Brubaker 2002). Pelvic organ prolapse is the descent of one or more of the pelvic organs (uterus, vagina, bladder, or bowel). The different types of prolapse include:

- upper vaginal prolapse (apical prolapse), i.e. uterus, vaginal vault (after hysterectomy when the top of the vagina drops down);
- anterior vaginal wall prolapse, i.e. cystocele (bladder descends), urethrocele (urethra descends), paravaginal defect (pelvic fascia defect);
- posterior vaginal wall prolapse, i.e. enterocele (small bowel descends), rectocele (rectum descends), perineal deficiency.

A woman can present with prolapse of one or more of these sites. The aetiology of pelvic organ prolapse is complex and multi-factorial. Possible risk factors include pregnancy, childbirth, congenital or acquired connective tissue abnormalities, denervation or weakness of the pelvic floor, ageing, hysterectomy, menopause, and factors associated with chronically raised intra-abdominal pressure (Bump 1998; Gill 1998; MacLennan 2000).

Women with prolapse commonly have a variety of pelvic floor symptoms, only some of which are directly related to the prolapse. Generalised symptoms of prolapse include pelvic heaviness; bulge, lump or protrusion coming down from the vagina; a dragging sensation in the vagina; or backache. Symptoms of bladder, bowel, or sexual dysfunction are frequently present. For example, women may need to reduce the prolapse digitally to aid urinary voiding or defecation. These symptoms may be directly related to the prolapsed organ, for example poor urinary stream when a cystocele is present or obstructed defecation in case of a rectocele. They may also be independent of the prolapse, for example symptoms of overactive bladder when a cystocele is present, or irritable bowel when a rectocele is present.

# **Description of the intervention**

Treatment of prolapse depends on the severity of the prolapse, its symptoms, the woman's general health, and surgeon preference and capabilities. Options available for treatment are conservative, mechanical, or surgical interventions.

Generally, conservative or mechanical treatments are considered for women with a mild degree of prolapse, those who wish to have more children, the frail, or those women unwilling to undergo surgery. Separate Cochrane reviews have considered conservative and mechanical interventions (Adams 2004; Hagen 2011). There

was no good evidence to guide management in either of these reviews.

A wide variety of abdominal and vaginal surgical techniques are available for the treatment of prolapse (see Appendix 1). The most common procedures are anterior repair (colporrhaphy) for anterior vaginal wall prolapse and posterior repair (colporrhaphy) for posterior vaginal wall prolapse. Together, anterior and posterior compartment surgery account for the majority of all prolapse operations Haya 2015. Two main approaches can be used.

- Vaginal approaches include vaginal hysterectomy, anterior or posterior vaginal wall repair (colporrhaphy), McCall culdoplasty, Manchester repair (amputation of the cervix with uterus suspension to the cardinal ligaments), prespinous and sacrospinous colpopexy, enterocele ligation, paravaginal repair, Le Fort's procedure, and perineal reconstruction.
- Abdominal approaches include hysterectomy, sacral colpopexy, paravaginal repair, vault suspending and uterosacral ligament plication, enterocele ligation, and posterior vaginal wall repair. Abdominal surgery can be performed through an open incision or keyhole incisions via the laparoscope or robot.

A combination of these procedures may be employed in the surgical correction of prolapse, as frequently more than one type of prolapse may occur.

In addition to the variety of prolapse operations, the surgeon must choose whether to use absorbable sutures such as polyglycolic acid-based materials (for example polyglactin), delayed-absorption sutures such as polydioxanone, or non-absorbable sutures such as polypropylene. Furthermore, over the last decade in an effort to reduce the recurrence rate of prolapse and given the success of mesh used in continence surgery, at sacral colpopexy, and at abdominal hernias, surgeons have utilised grafts at transvaginal repairs.

Graft material can be synthetic (for example permanent polypropylene or absorbable polyglactin mesh) or biological. Biological grafts can be further divided into autologous (using a person's own tissue, such as fascial sheath), alloplastic (from animals, for example porcine dermis), or homologous (for example cadaveric fascia lata).

The choice of operation depends on a number of factors, which include the nature, site, and severity of the prolapse; whether there are additional symptoms affecting urinary, bowel, or sexual function; the general health of the woman; and surgeon preference and capability. Concomitant procedures to treat or prevent urinary incontinence are often performed.

To aid the assessment of the success of surgery, clear pre- and postoperative site-specific vaginal grading and details of the operative intervention should be recorded in the reports.

# How the intervention might work

The aims of surgery include:

• the restoration of normal vaginal anatomy;

- the restoration or maintenance of normal bladder function;
- the restoration or maintenance of normal bowel function;
- the restoration or maintenance of normal sexual function.

The restoration of normal anatomy is achieved by utilising grafts as an alternative to the native tissue repair. The graft is utilised to prevent the descent of the bladder into the vagina, the bowel moving forward into the vagina, or the uterus or upper vagina descending towards or beyond the vaginal opening.

# Why it is important to do this review

The wide variety of surgical treatments available for prolapse indicates the lack of consensus as to the optimal treatment. No clinical guidelines exist to identify the preferred surgical intervention. The most reliable evidence is likely to come from the consideration of randomised controlled trials, and this is the basis for our review. The aim is to help identify optimal practice and to highlight where there is a need for further research.

This review should be read as part of a series of six Cochrane reviews relating to the surgical management of prolapse including:

- 1. Surgery for women with anterior compartment prolapse.
- 2. Surgery for women with posterior compartment prolapse.
- 3. Surgery for women with apical compartment prolapse.
- 4. Continence outcomes in pelvic organ prolapse surgery.
- 5. Transvaginal grafts or mesh compared with native tissue repair for vaginal prolapse (current review).
  - 6. Peri-operative interventions at prolapse surgery.

This review evaluating any transvaginal grafts as compared to native tissue repairs was not reported separately in the Cochrane surgery for pelvic organ prolapse 2013 review, and thus represents a new evaluation. We have included 13 new trials, Dahlgren 2011, da Silveira 2014, Delroy 2013, De Tayrac 2013, Gupta 2014, Lamblin 2014, Qatawneh 2013, Robert 2014, Rudnicki 2014, Sung 2012, Svabik 2014, Tamanini 2014, and Turgal 2013, and a three-year update of Iglesia 2010 since the last review.

# **OBJECTIVES**

To determine the safety and effectiveness of transvaginal mesh or biological grafts compared to native tissue repair for vaginal prolapse.

#### **METHODS**

# Criteria for considering studies for this review

# Types of studies

Randomised controlled trials (RCTs).

We required that studies include at least 20 participants in each arm.

# Types of participants

Adult women seeking treatment for symptomatic pelvic organ prolapse (either primary or recurrent).

Pelvic organ prolapse includes:

- anterior vaginal wall prolapse (cystocele, urethrocele, paravaginal defect);
- upper vaginal prolapse (apical prolapse), i.e. prolapse of the uterine or vaginal vault in those who have undergone a hysterectomy;
- posterior vaginal wall prolapse (enterocele, rectocele, perineal deficiency).

# Types of interventions

Trials including any type of transvaginal graft compared with transvaginal native tissue repair. Grafts included absorbable or permanent mesh materials or biological implants. We also evaluated concomitant operations to treat or prevent urinary incontinence.

#### Types of outcome measures

#### **Primary outcomes**

#### I. Awareness of prolapse

Defined as affirmative response to questions relating to awareness of prolapse or vaginal bulge, or affirmative response to question three of pelvic floor distress inventory (PFDI-20), "Do you usually have a bulge or something falling out that you can see or feel in the vaginal area?".

## 2. Repeat surgery

- 2.1 Surgery for prolapse
- 2.2 Surgery for stress urinary incontinence
- 2.3 Surgery for prolapse, stress urinary incontinence, or mesh exposure (composite outcome)

#### 3. Recurrent prolapse

Defined as any stage 2 or greater vaginal prolapse (Pelvic Organ Prolapse Quantification (POPQ): prolapse - 1 cm above the hymen or below).

#### Secondary outcomes

#### 4. Adverse events

- 4.1 Death (related to surgery)
- 4.2 Mesh exposure
- 4.3 Injury to the bladder or bowel
- 4.4 Surgery for mesh exposure

#### 5. Prolapse outcomes

- 5.1 Objective failure
- 5.1.1 Stage 2 or greater anterior compartment prolapse (point Ba at or beyond 1 cm inside the introitus)
- 5.1.2 Stage 2 or greater apical compartment prolapse (point C at or beyond 1 cm inside the introitus)
- 5.1.3 Stage 2 or greater posterior vaginal compartment prolapse (point Bp at or beyond 1cm inside the introitus)
- 5.1.4 POPQ scores describe nine measurements of the vagina to quantify and describe vaginal prolapse. For simplicity, we have reported four of these basic measurements:
- Point Ba on POPQ measurement (range -3 to +10 cm). Point Ba is approximately midpoint of the anterior vaginal wall
- Point Bp on POPQ measurements (range -3 to +10 cm). Point Bp is approximately midpoint of posterior vaginal wall
- o Point C on POPQ measurements range from -10 cm to non-determined limit). Point C describes the vaginal apex (upper vagina)
- $\circ$  Total vaginal length (TVL) in cm range (0 to 14 cm): TVL is length from the vaginal entrance to apex (cervix or vaginal cuff)

# 6. Bladder function

For example:

- 6.1 Stress urinary incontinence
- 6.2 De novo stress urinary incontinence
- 6.3 Bladder overactivity or urge incontinence
- 6.4 De novo bladder overactivity or urge incontinence

#### 7. Bowel function

For example:

- 7.1 De novo faecal incontinence
- 7.2 De novo obstructed defecation

### 8. Sexual function

- 8.1 De novo dyspareunia
- 8.2 Prolapse and Incontinence Sexual Questionnaire (PISQ-12): range 0 to 48, the higher the score the better the sexual function

#### 9. Quality of life and satisfaction measured by questionnaire

- 9.1 Patient Global Impression of Improvement (PG1-1): data presented as 7-point Likert scale and responses of "much" or "very much" better considered affirmative and presented as dichotomous outcome
- 9.2 Prolapse Quality of Life questionnaire (PQOL): range 0 to 100, the higher the score the greater the dysfunction
- 9.3 Pelvic Floor Distress Inventory (PFDI-20): range 0 to 300, the higher the score the greater the dysfunction
- 9.4 Pelvic Floor Impact Questionnaire (PFIQ-7): range 0 to 300, the higher the score the greater the dysfunction

# 10. Measures associated with surgery

- 10.1 Operating time
- 10.2 Blood transfusion
- 10.3 Length of hospital stay

# Search methods for identification of studies

We did not impose any language limits, however we did not include trials with fewer than 20 participants in each treatment group.

#### **Electronic searches**

This review drew on the search strategy developed for the Cochrane Incontinence Group. We identified relevant trials from the Group's Specialised Register of controlled trials which is described, along with the Review Group search strategy, under the Group's module in the Cochrane Library. The Register contains trials identified from the Cochrane Central Register of Controlled Trials (CENTRAL), MEDLINE, MEDLINE in process, Clinical-Trials.gov, WHO ICTRP, and handsearching of journals and conference proceedings. We searched the Incontinence Group Specialised Register on 6 July 2015 using the Group's own keyword system; we have provided the search terms used in Appendix 2.

#### Searching other resources

We handsearched conference proceedings for the International Urogynecology Society (IUGA) and International Continence Society (ICS) for podium presentations from 2012 to 2014. We searched the reference lists of relevant articles and contacted researchers in the field.

### Data collection and analysis

# Selection of studies

Two review authors assessed titles and, if available, abstracts of all possibly eligible studies for compliance with the review inclusion criteria. Two review authors then independently assessed full reports of each study likely to be eligible. We have listed excluded studies with the reasons for their exclusion in the Characteristics of excluded studies table.

#### Data extraction and management

At least two review authors independently undertook data extraction, and comparisons were made to ensure accuracy. Discrepancies were resolved by discussion or by referral to a third party. Where trial data were not reported adequately, we attempted to acquire the necessary information from the trialist.

#### Assessment of risk of bias in included studies

Two review authors independently assessed the included studies for risk of bias using the Cochrane 'Risk of bias' assessment tool (www.cochrane-handbook.org) in order to assess: selection (random sequence generation and allocation concealment); performance (blinding of participants and personnel); detection (blinding of outcome assessors); attrition (incomplete outcome data); reporting (selective reporting); and other bias. Disagreements were resolved by discussion or by a third review author. We described all judgements fully and presented the conclusions in the 'Risk of bias' table, which was incorporated into the interpretation of review findings by means of sensitivity analyses (see below).

#### Measures of treatment effect

For dichotomous data, we used the numbers of events in the control and intervention groups of each study to calculate Mantel-Haenszel risk ratios. For continuous data, if all studies reported exactly the same outcomes, we calculated mean difference between treatment groups. If similar outcomes were reported on different scales, we planned to calculate the standardised mean difference. We presented 95% confidence intervals for all outcomes. We compared the magnitude and direction of effect reported by studies with how they are presented in the review, taking account of legitimate differences. We interpreted the standardised mean difference as follows: an effect size of 0.2 is a small effect, an effect size of 0.5 is a medium effect, and an effect size of 0.8 is a large effect (Cohen 1988).

#### Unit of analysis issues

All analyses were per woman randomised.

# Dealing with missing data

We analysed the data on an intention-to-treat basis as far as possible and made attempts to obtain missing data from the original trialist. Where these were unobtainable, we analysed only the available

# Assessment of heterogeneity

We considered whether the clinical and methodological characteristics of the included studies were sufficiently similar for meta-analysis to provide a clinically meaningful summary. We assessed statistical heterogeneity by the measure of the  $\rm I^2$ . We took an I  $\rm ^2$  measurement greater than 50% to indicate substantial heterogeneity (Higgins 2003).

#### Assessment of reporting biases

In view of the difficulty of detecting and correcting for publication bias and other reporting biases, we aimed to minimise their potential impact by ensuring a comprehensive search for eligible studies and by being alert for duplication of data. If there were 10 or more studies in an analysis, we planned to use a funnel plot to explore the possibility of small-study effects (a tendency for estimates of the intervention effect to be more beneficial in smaller studies).

#### Data synthesis

If the studies were sufficiently similar, we combined the data using a fixed-effect model in the following three comparisons:

- 1. Transvaginal permanent mesh versus native tissue repair, stratified by type of repair:
- i) Anterior compartment permanent mesh versus native tissue
- ii) Multi-compartment (apical, anterior, and/or posterior) permanent mesh repair versus native tissue
  - 2. Absorbable mesh versus native tissue
  - 3. Biological graft versus native tissue

An increase in the odds of a particular outcome, which may be beneficial (for example patient's global impression of improvement ) or detrimental (for example reoperation for prolapse), is displayed graphically in the meta-analyses to the right of the centre-line, and a decrease in the odds of an outcome to the left of the centre-line.

#### Subgroup analysis and investigation of heterogeneity

Where data were available, we considered the separate evidence for the primary outcomes within the following subgroups:

- Anterior compartment repair only
- Multi-compartment repair (apical and/or anterior and/or posterior)

We investigated differences between subgroups by means of a formal test for significance (Chi<sup>2</sup> test). We interpreted a low P value (< 0.05) as evidence of differences between the subgroups (variation in effect estimates beyond chance). We also computed an  $I^2$  statistic to describe the percentage of the variability in effect

estimates from the different subgroups that is due to genuine subgroup differences rather than sampling error (chance) (Higgins 2011).

If we detected substantial heterogeneity, we explored possible explanations in sensitivity analyses. We took any statistical heterogeneity into account when interpreting the results, especially if there was any variation in the direction of effect as described above. Where there was substantial heterogeneity, we used a random-effects model.

#### Sensitivity analysis

We conducted sensitivity analyses for the primary outcomes to determine whether the conclusions were robust to arbitrary decisions made regarding the eligibility and analysis. These analyses included consideration of whether the review conclusions would have differed if:

- eligibility had been restricted to studies without high risk of bias (defined as studies with low risk of bias for sequence generation and allocation concealment, and not at high risk of bias in any domain);
  - a random-effects model had been adopted;
- the summary effect measure had been odds ratio rather than risk ratio.

# Overall quality of the body of evidence: 'Summary of findings' table

We prepared a 'Summary of findings' table using GRADEpro software (GRADEPRO 2014). This table evaluated the overall quality of the body of evidence for the main review outcomes, using GRADE criteria (study limitations (that is risk of bias), consistency of effect, imprecision, indirectness, and publication bias). Judgements about evidence quality (high, moderate, low, or very

low) were justified, documented, and incorporated into reporting of results for each outcome.

If we judged there to be serious risk of bias, inconsistency, imprecision, indirectness, or suspicion of publication bias, we downgraded the evidence by one level (for each domain affected). We downgraded the evidence by two levels if the risk was considered very serious.

#### RESULTS

### **Description of studies**

#### Results of the search

Thirty-seven trials evaluated transvaginal graft repair compared with a native tissue repair (Ali 2006; Allahdin 2008; Al-Nazer 2007; Altman 2011; Carey 2009; Dahlgren 2011; da Silveira 2014; Delroy 2013; De Tayrac 2008; De Tayrac 2013; Feldner 2010; Gandhi 2005; Guerette 2009; Gupta 2014; Halaska 2012; Hviid 2010; Iglesia 2010; Lamblin 2014; Menefee 2011; Meschia 2004a; Meschia 2007; Nguyen 2008; Nieminen 2008; Paraiso 2006; Qatawneh 2013; Robert 2014; Rudnicki 2014; Sand 2001; Sivaslioglu 2008; Sung 2012; Svabik 2014; Tamanini 2014; Thijs 2010; Turgal 2013; Vollebregt 2011; Weber 2001; Withagen 2011).

We also evaluated Gutman 2013, which is a three-year update of Iglesia 2010, and two studies, Ek 2010 and Ek 2011, which are ancillary reports to Altman 2011. The flow of literature through the assessment process is shown in the PRISMA flowchart (Figure 1).

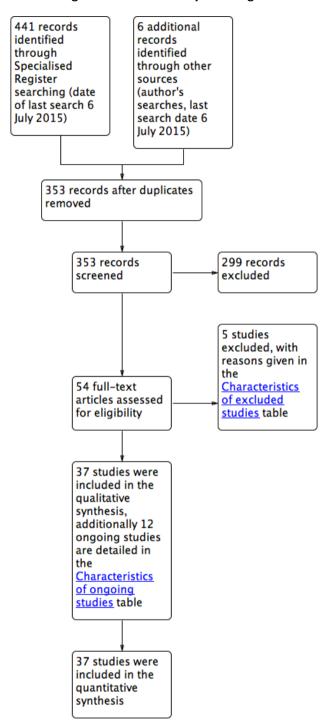


Figure 1. PRISMA study flow diagram.

#### **Included studies**

### Study design and setting

All of the 37 included studies were parallel-group randomised controlled trials (RCTs). They were conducted in 15 countries (Italy, USA, Australia, UK, the Netherlands, Finland, Belgium, Canada, Chile, Czech Republic, Denmark, France, India, Sweden, and Turkey). Fifteen trials were multi-centre randomised trials (Altman 2011; Dahlgren 2011; da Silveira 2014; Delroy 2013; De Tayrac 2013; Guerette 2009; Halaska 2012; Iglesia 2010; Menefee 2011; Meschia 2007; Nieminen 2008; Rudnicki 2014; Sung 2012; Vollebregt 2011; Withagen 2011).

#### **Participants**

The studies evaluated 4023 women, with 1986 undergoing transvaginal graft repairs and 2037 undergoing traditional native tissue repair (colporrhaphy).

#### Interventions

- 1. Polypropylene permanent mesh versus native tissue: 25 RCTs made this comparison (Ali 2006; Al-Nazer 2007; Altman 2011; Carey 2009; da Silveira 2014; Delroy 2013; De Tayrac 2008; De Tayrac 2013; Gupta 2014; Halaska 2012; Iglesia 2010; Lamblin 2014; Menefee 2011; Meschia 2004a; Nguyen 2008; Nieminen 2008; Qatawneh 2013; Rudnicki 2014; Sivaslioglu 2008; Svabik 2014; Tamanini 2014; Thijs 2010; Turgal 2013; Vollebregt 2011; Withagen 2011).
- i) Anterior compartment repair: 17 RCTs compared permanent mesh versus native tissue for anterior compartment repair (Ali 2006; Al-Nazer 2007; Altman 2011; Delroy 2013; De Tayrac 2013; Gupta 2014; Lamblin 2014; Menefee 2011; Nguyen 2008; Nieminen 2008; Qatawneh 2013; Rudnicki 2014; Sivaslioglu 2008; Tamanini 2014; Thijs 2010; Turgal 2013; Vollebregt 2011).
- ii) Multi-compartment repair: Eight RCTs compared permanent mesh versus native tissue for apical, anterior, and/or posterior repair (Carey 2009; da Silveira 2014; De Tayrac 2008; Halaska 2012; Iglesia 2010; Meschia 2004a; Svabik 2014; Withagen 2011).
- 2. Absorbable mesh versus native tissue: three RCTs made this comparison (Allahdin 2008; Sand 2001; Weber 2001).
- 3. Biological graft repair versus native tissue: 10 RCTs made this comparison (Dahlgren 2011; Feldner 2010; Gandhi 2005; Guerette 2009; Hviid 2010; Menefee 2011; Meschia 2007; Paraiso 2006; Robert 2014; Sung 2012).

#### **Outcomes**

Most studies reported at least one of our primary outcomes and reported data in a form suitable for analysis:

- Eighteen reported awareness of prolapse (Allahdin 2008; Al-Nazer 2007; Altman 2011; Carey 2009; Dahlgren 2011; De Tayrac 2013; Gandhi 2005; Gupta 2014; Hviid 2010; Iglesia 2010; Lamblin 2014; Meschia 2004a; Nieminen 2008; Paraiso 2006; Qatawneh 2013; Vollebregt 2011).
- Nineteen reported repeat surgery for prolapse, incontinence, or for the composite outcome (prolapse, incontinence, or mesh surgery) (Allahdin 2008; Altman 2011; da Silveira 2014; De Tayrac 2013; Feldner 2010; Guerette 2009; Halaska 2012; Hviid 2010; Iglesia 2010; Lamblin 2014; Menefee 2011; Nguyen 2008; Nieminen 2008; Paraiso 2006; Qatawneh 2013; Robert 2014; Tamanini 2014; Thijs 2010; Turgal 2013; Vollebregt 2011; Withagen 2011).
- Twenty-five reported recurrent prolapse on objective examination (Allahdin 2008; Al-Nazer 2007; Carey 2009; De Tayrac 2008; De Tayrac 2013; Feldner 2010; Gandhi 2005; Halaska 2012; Hviid 2010; Iglesia 2010; Menefee 2011; Nguyen 2008; Nieminen 2008; Paraiso 2006; Qatawneh 2013; Robert 2014; Rudnicki 2014; Sand 2001; Sivaslioglu 2008; Svabik 2014; Tamanini 2014; Turgal 2013; Vollebregt 2011; Weber 2001; Withagen 2011).

Two studies did not report any of our primary outcomes, but did report at least one of our secondary outcomes (Ali 2006; Delroy 2013).

All trials reported outcomes with at least one year's follow-up, apart from one, Ali 2006, which had only six months' follow-up. Eight trials reported two-year outcomes (Allahdin 2008; Delroy 2013; Guerette 2009; Lamblin 2014; Menefee 2011; Meschia 2007; Tamanini 2014; Weber 2001), and three trials reported three-year outcomes (Dahlgren 2011; Iglesia 2010; Nieminen 2008).

Where studies reported "mesh erosion" and did not differentiate this from "mesh exposure", we have included the data in analyses of mesh exposure.

We have provided full details of the included trials in the Characteristics of included studies table.

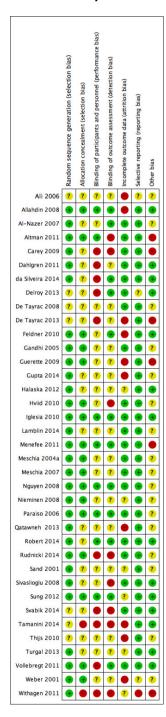
#### **Excluded studies**

We excluded five studies from the review (Altman 2013; Balci 2011; Chao 2012; Juneja 2010; Tincello 2009). We have provided full details in the Characteristics of excluded studies table.

# Risk of bias in included studies

See Figure 2; Figure 3

Figure 2. Risk of bias summary: review authors' judgements about each risk of bias item for each included study.



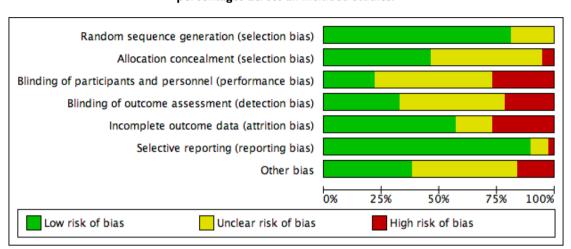


Figure 3. Risk of bias graph: review authors' judgements about each risk of bias item presented as percentages across all included studies.

#### **Allocation**

Thirty of the included studies (30/37) adequately described sequence generation, and 17 described an adequate method of allocation concealment (for example remote allocation or use of consecutively numbered, sealed, opaque envelopes).

We rated seven studies that did not clearly describe an adequate method of sequence generation as at unclear risk of bias in this domain.

We rated 18 studies that did not describe an adequate method of allocation concealment as at unclear risk in this domain, and we rated two studies as at high risk of bias, as they either did not use allocation concealment, in Tamanini 2014, or we suspected a high potential for bias (Withagen 2011).

See Figure 2 for details.

# **Blinding**

Eight trials performed blinding of women and the postoperative reviewer (Allahdin 2008; Altman 2011; Iglesia 2010; Menefee 2011; Nguyen 2008; Paraiso 2006; Robert 2014; Sung 2012). Non-surgeons conducted outcome assessments in 10 trials (Al-Nazer 2007; da Silveira 2014; Delroy 2013; Feldner 2010; Iglesia 2010; Meschia 2007; Paraiso 2006; Sung 2012; Svabik 2014; Weber 2001).

We rated eight studies as at low risk of performance bias, 19 as at unclear risk, and ten as at high risk of bias in this domain.

We rated 12 RCTs as at low risk of detection bias, 17 as at unclear risk, and eight as at high risk of bias in this domain.

# Incomplete outcome data

Loss to follow-up varied, ranging from zero, in Allahdin 2008 and Meschia 2004a, to 53%, in Guerette 2009 (49/93). Weber also reported a significantly higher loss to follow-up in one arm of the trial (ultra-lateral anterior vaginal wall repair) (Weber 2001). We rated 22 RCTs as at low risk of attrition bias, five as at unclear risk, and 10 as at high risk of bias in this domain.

### Selective reporting

Thirty-two studies clearly reported at least one of our primary outcomes and were deemed to be at low risk of selective reporting. We rated three studies as at unclear risk of selective reporting because they did not report any of our primary outcomes (Ali 2006; Delroy 2013), or else did not report data separately for the two groups (Weber 2001). We rated one study as at high risk of selective reporting because the choice of primary outcome appeared to be inconsistent (Withagen 2011).

# Other potential sources of bias

All trials reported baseline descriptive characteristics, and there was no evidence of a difference between the groups, except in three trials: in Sand 2001, previous hysterectomy was more common in the mesh overlay group; in Withagen 2011, women in the native tissue group had greater degree prolapse at point A posterior (Ap), point B posterior (Bp), and genital hiatus (GH) compared to the mesh group, and prior sacral colpopexy was three times more frequent in the mesh group; and in Lamblin 2014, the rate of concomitant hysterectomy was twice as common in the vaginal colposuspension group (77%) as in the mesh group (33%, P < 0.001).

All trials reported preoperative prolapse status, but two trials did not specifically report equal distribution and severity of prolapse between groups (Ali 2006; Sand 2001), and Weber 2001 included 7% of women with stage 1 anterior vaginal wall prolapse preoperatively (at time of inclusion), which would also have been classified as a postoperative success.

We rated 12 RCTs as at low risk of other bias, 16 as at unclear risk, and six as at high risk of bias in this domain.

#### **Effects of interventions**

See: Summary of findings for the main comparison Any transvaginal permanent mesh versus native tissue repair for vaginal prolapse; Summary of findings 2 Absorbable mesh versus native tissue repair for vaginal prolapse; Summary of findings 3 Biological repair versus native tissue repair for vaginal prolapse

#### I. Permanent mesh versus native tissue repair

Twenty-five RCTs made this comparison. They compared permanent mesh versus native tissue repair in women having ei-

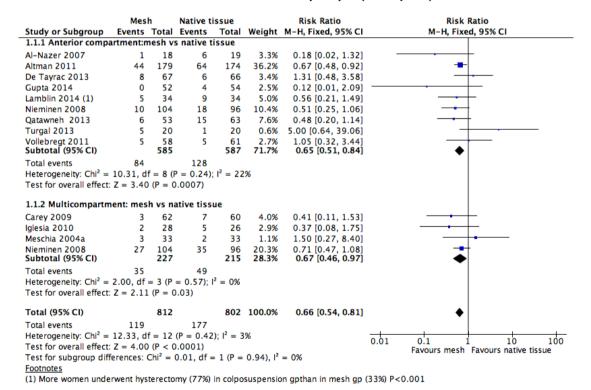
ther anterior or multi-compartment repair (Ali 2006; Al-Nazer 2007; Altman 2011; Carey 2009; da Silveira 2014; Delroy 2013; De Tayrac 2008; De Tayrac 2013; Gupta 2014; Halaska 2012; Iglesia 2010; Lamblin 2014; Menefee 2011; Meschia 2004a; Nguyen 2008; Nieminen 2008; Qatawneh 2013; Rudnicki 2014; Sivaslioglu 2008; Svabik 2014; Tamanini 2014; Thijs 2010; Turgal 2013; Vollebregt 2011; Withagen 2011).

#### **Primary outcomes**

#### 1.1 Awareness of prolapse (one- to three-year review)

Women who had permanent transvaginal mesh repair were less likely to report awareness of prolapse than women who had native tissue repair (risk ratio (RR) 0.66, 95% confidence interval (CI) 0.54 to 0.81, 12 RCTs, n = 1614, I<sup>2</sup> = 3%, moderate-quality evidence). This suggests that if 19% of women are aware of prolapse after native tissue repair, between 10% and 15% will be aware of prolapse after permanent mesh repair. (Analysis 1.1; Figure 4)

Figure 4. Forest plot of comparison: I Any transvaginal permanent mesh versus native tissue repair, outcome: I.I Awareness of prolapse (I to 3 years).



# 1.1.1 Subgroup analysis by extent of repair

When we subgrouped the analysis by extent of repair, there was no evidence of a significant difference between the subgroups: test for subgroup differences:  $\text{Chi}^2 = 0.01$ ,  $\text{df} = 1 \ (P = 0.94)$ ,  $I^2 = 0\%$ .

#### 1.2 Repeat surgery (one- to three-year review)

# 1.2.1 Surgery for prolapse

The rate of repeat surgery for prolapse was lower in the mesh group (RR 0.53, 95% CI 0.31 to 0.88, 12 RCTs, n = 1675;  $I^2$  = 0%, moderate-quality evidence). This suggests that if 3% of women undergo repeat prolapse surgery after traditional repair, between 1% and 3% will require repeat prolapse surgery after transvaginal mesh repair. (Analysis 1.2)

# 1.2.2 Surgery for stress urinary incontinence

There was no evidence of a difference between the groups in the rate of repeat surgery for stress urinary incontinence (RR 1.07, 95% CI 0.62 to 1.83, 9 RCTs, n = 1284,  $I^2 = 21\%$ , low-quality evidence). (Analysis 1.2)

# 1.2.3 Surgery for prolapse, stress urinary incontinence, or mesh exposure

Women who had a transvaginal mesh repair were more likely to undergo repeat surgery for prolapse, stress urinary incontinence, or mesh exposure than those undergoing native tissue repair (RR 2.40, 95% CI 1.51 to 3.81, 7 RCTs, n = 867,  $I^2 = 0\%$ , moderate-quality evidence). This suggests that if 5% of women who undergo native tissue repair require subsequent surgery to manage prolapse, stress urinary incontinence, or mesh exposure, between 7% and 18% would require repeat surgery after transvaginal permanent mesh repair. (Analysis 1.2)

# 1.3 Recurrent prolapse (stage 2 or greater prolapse on examination at any vaginal site) (one- to three-year review)

Women who had transvaginal mesh repair were less likely to have stage 2 or greater prolapse on examination at any vaginal site than after a native tissue repair (random-effects model; RR 0.40, 95% CI 0.30 to 0.53, 21 RCTs, n = 2494; I² = 73%, low-quality evidence). This suggests that if 38% of women have prolapse on examination after native tissue repair, between 11% and 20% will have prolapse on examination after transvaginal mesh repair. Heterogeneity was high for this analysis, mainly due to differences in the effect size in studies of multi-compartment repair. However, the direction of effect was consistent. (Analysis 1.3)

#### 1.3.1 Subgroup analysis by extent of repair

The test for subgroup differences indicated a statistically significant difference between the two subgroups: test for subgroup differences:  $\text{Chi}^2 = 6.97$ , df = 1 (P = 0.008),  $I^2 = 85.7\%$ .

#### • 1.3.1.1 Anterior repair only

When the analysis was limited to anterior compartment repair, the benefit in the mesh group was more pronounced, and statistical heterogeneity was much reduced (RR 0.33, 95% CI 0.26 to 0.40, 15 RCTs, n = 1748,  $I^2 = 10\%$ ). (Analysis 1.3)

### • 1.3.1.2 Multi-compartment repair

When the analysis was limited to studies of multi-compartment repair, the benefit in the mesh group persisted but to a lesser magnitude (random-effects model; RR 0.59, 95% CI 0.40 to 0.87, 6 RCTs, n = 746,  $I^2 = 76\%$ ). (Analysis 1.3)

#### Secondary outcomes

#### 1.4 Adverse events

#### 1.4.1 Death

None of the included studies reported this outcome.

### 1.4.2 Mesh exposure (19 RCTs, one- to three-year review)

While a woman undergoing a native tissue repair has no risk of mesh exposure, overall 134/1097 (12%) women in the transvaginal permanent mesh groups had mesh exposure (Table 1).

• 1.4.2.1 Subgroup analysis by extent of repair

Anterior repair only: Mesh exposure was reported in 10% (76/753) women after anterior permanent mesh repairs (Table 2).

Multi-compartment repair: Mesh exposure was reported in 17% (58/344) women after multi-compartment mesh repair (Table 3).

#### 1.4.3 Injuries to the bladder or bowel

Women undergoing a transvaginal permanent mesh repair were more likely to have a bladder injury than those undergoing a native tissue repair (RR 3.92, 95% CI 1.62 to 9.50, 11 RCTs, n = 1514,  $\rm I^2$  = 0%, moderate-quality evidence). This suggests that if the bladder injury rate at a native tissue repair was 0.5%, then between 1% and 6% of women would have a bladder injury at a transvaginal mesh repair. (Analysis 1.4)

Only a single trial reported bowel injury as an outcome, and there was no evidence of a difference between the two groups (RR 3.26, 95% CI 0.13 to 78.81, 1 RCT, n = 169). (Analysis 1.4)

# 1.4.4 Surgery for mesh exposure (one- to three-year review)

Surgery for mesh exposure was required in 8% of women (100/1227) (Table 4).

#### 1.5 Prolapse outcomes

#### 1.5.1 Objective failure (one- to three-year review)

• 1.5.1.1 Objective failure of anterior compartment

Women who had a transvaginal mesh repair were less likely to have a stage 2 or greater anterior compartment prolapse on examination than those undergoing a native tissue repair (RR 0.45, 95% CI 0.36 to 0.55, 13 RCTs, n = 1406,  $I^2 = 35\%$ ). (Analysis 1.5)

Subgroup analysis by extent of repair

The test for subgroup differences indicated a statistically significant difference between the two subgroups: test for subgroup differences:  $\text{Chi}^2 = 9.76$ , df = 1 (P = 0.002),  $\text{I}^2 = 89.8\%$ .

- 1. Anterior repair only: When the analysis was limited to studies of anterior compartment repair, the benefit in the mesh group was more pronounced (RR 0.36, 95% CI 0.28 to 0.47, 9 RCTs, n = 1004,  $I^2 = 0\%$ ).
- 2. Multi-compartment repair: When the analysis was limited to studies of multi-compartment repair, there was no conclusive evidence of a difference between the groups (RR 0.73, 95% CI 0.51 to 1.06, 4 RCTs, n = 402,  $I^2 = 0\%$ ). (Analysis 1.5)
- 1.5.1.2 Objective failure of apical compartment None of the included studies reported this outcome.
- 1.5.1.3 Objective failure of posterior vaginal compartment There was no evidence of a difference between the groups in rates of grade 2 or greater posterior compartment prolapse (RR 0.64, 95% CI 0.29 to 1.42, 3 RCTs, n = 226, I² = 0%). (Analysis 1.6)
- 1.5.1.4 Pelvic Organ Prolapse Quantification (POPQ) scores

Point Ba (mid-anterior vaginal wall)

Evidence suggested that Point Ba on the mid-anterior vaginal wall had better support after transvaginal permanent mesh repair than after native tissue repair (random-effects model; MD -0.93, 95% CI -1.27 to -0.59, 10 RCTs, n = 1125,  $I^2$  = 86%). This result should be interpreted very cautiously as there was substantial heterogeneity between studies. However, the direction of effect was consistent. (Analysis 1.7)

#### Point C (vaginal apex)

There was no evidence of a difference between the groups at Point C (random-effects model; mean difference (MD) -0.45, 95% CI -1.13 to 0.23, 8 RCTs, n = 925,  $I^2 = 82\%$ ). (Analysis 1.7). This result should be interpreted very cautiously as there was substantial heterogeneity between studies, and the directions of effect were not consistent.

Point Bp (mid-posterior vaginal wall)

There was no evidence of a difference between the groups at Point Bp (random-effects model; MD 0.05, 95% CI -0.34 to 0.44, 7 RCTs, n = 832,  $I^2 = 86\%$ ). This result should be interpreted very cautiously as there was substantial heterogeneity between studies, and the directions of effect were not consistent. (Analysis 1.7)

• 1.5.1.5 Total vaginal length (cm)

There was no evidence of a difference between the groups in total vaginal length (random-effects model; MD 0.07, 95% CI - 0.25 to 0.40; 5 RCTs, n = 611;  $I^2 = 43\%$ ). This result should be interpreted very cautiously as there was substantial heterogeneity between studies, and the directions of effect were not consistent. (Analysis 1.7)

#### 1.6 Bladder function

#### 1.6.1 Stress urinary incontinence

None of the included studies reported this outcome.

# 1.6.2 De novo stress urinary incontinence (one- to three-year review)

Women undergoing a transvaginal permanent mesh repair were more likely to develop de novo stress urinary incontinence than those undergoing native tissue repair (RR 1.39, 95% CI 1.06 to 1.82, 12 RCTs, n = 1512,  $I^2 = 0\%$ , low-quality evidence). This suggests that if 10% of women developed urinary stress incontinence after native tissue repair, 10% to 17% would develop urinary stress incontinence after a transvaginal permanent mesh repair. (Analysis 1.8)

• 1.6.2.1 Subgroup analysis by site of repair

When we subgrouped the analysis by extent of repair, there was no evidence of a significant difference between the subgroups: test for subgroup differences:  $\text{Chi}^2 = 0.14$ ,  $\text{df} = 1 \ (P = 0.71)$ ,  $I^2 = 0\%$ .

# 1.6.3 De novo bladder voiding difficulties or urgency

There was no evidence of a difference between the groups in the rate of de novo voiding disorder, urgency, detrusor overactivity, or overactive bladder (RR 0.75, 95% CI 0.35 to 1.63, 3 RCTs, n = 236,  $I^2 = 0\%$ ). (Analysis 1.9)

### 1.7 Bowel function

#### 1.7.1 De novo faecal incontinence or obstructed defecation

None of the included studies reported this outcome in a format suitable for analysis.

# 1.8 Sexual function

# 1.8.1 De novo dyspareunia (one- to three-year review)

There was no evidence of a difference between the groups in the rate of de novo dyspareunia (RR 0.92, 95% CI 0.58 to 1.47, 11 RCTs, n = 764;  $I^2 = 21\%$ ). (Analysis 1.10)

• 1.8.1.1 Subgroup analysis by extent of repair

When we subgrouped the analysis by extent of repair, there was no evidence of a significant difference between the subgroups: test for subgroup differences:  $\text{Chi}^2 = 1.05$ , df = 1 (P = 0.31),  $\text{I}^2 = 4.7\%$ .

# 1.8.2 Pelvic Organ Prolapse/Urinary Incontinence Sexual Questionnaire

There was no evidence of a difference between the groups in prolapse-specific sexual function questionnaire scores (MD -0.13, 95 CI -0.40 to 0.13, 7 RCTs, n = 857,  $I^2 = 0\%$ ). (Analysis 1.11)

# 1.9 Quality of life and satisfaction measures (one- to twoyear review)

Quality of life was measured by post-treatment scores (end scores) on the Prolapse Quality of Life Questionnaire (3 RCTs) or the Pelvic Floor Impact Questionnaire (4 RCTs).

When we combined data to calculate standardised mean differences, we found no evidence of a difference between the groups (standardised mean difference (SMD) 0.05, 95% CI -0.20 to 0.30, 7 RCTs, 665 women,  $I^2 = 60\%$ ; Analysis 1.12). These findings should be interpreted with caution as there was substantial heterogeneity between studies, and the directions of effect were not consistent.

One study reported this outcome using a dichotomous measure for Patient Global Impression of Improvement. There was no evidence of a difference between the groups in the number of women who reported feeling "much or very much better" (RR 1.00, 95% CI 0.80 to 1.25, 1 RCT, n = 168). (Analysis 1.13)

# 1.10 Measures associated with surgery

#### 1.10.1 Operating time (mins)

Twelve studies reported this outcome. While the evidence strongly suggests shorter operating time in non-mesh group due to significant heterogeneity ( $I^2 = 97\%$ ) and inconsistency in the direction of effect the data were not pooled.

Mean operating time ranged across studies from 53 minutes longer in the mesh group to 11 minutes shorter in the mesh group. (Analysis 1.14)

• 1.10.1.1 Subgroup analysis by extent of repair

Anterior compartment repair: We did not pool studies due to extreme heterogeneity ( $I^2 = 97\%$ ) and inconsistency in the direction of effect. Five of the ten studies reported that mean

operating time was at least 15 minutes longer in the mesh group. Four studies found no difference between the groups, and one reported that the mean operating time was five minutes shorter in the mesh group.

Multi-compartment repair: When multi-compartment repairs were considered in isolation, the mean operating time was shorter in the mesh group (MD -7.48 minutes, 95% CI -10.87 to -4.08, 3 RCTs, n = 295,  $I^2 = 0\%$ ). (Analysis 1.14) (data shown unpooled)

# 1.10.2 Blood transfusion

There was no evidence of a difference between the groups in the rate of blood transfusion (RR 1.55, 95% CI 0.88 to 2.72, 6 RCTs, n = 723,  $I^2 = 0\%$ ). (Analysis 1.15)

#### 1.10.3 Length of hospital stay (days) (7 RCTs)

There was no evidence of a difference between the groups in duration of admission (random-effects model; MD -0.06 days, 95% CI -0.03 to 0.18, 7 RCTs, n = 953,  $I^2 = 68\%$ ). (Analysis 1.16) See Summary of findings for the main comparison

# 2.0 Absorbable mesh versus native tissue repair

Three trials evaluated the effects of using absorbable polyglactin (Vicryl) mesh inlay to augment prolapse repairs (Allahdin 2008; Sand 2001; Weber 2001). We pooled limited data from these trials. In Weber 2001, data from non-mesh native tissue arms were combined.

#### **Primary outcomes**

### 2.1 Awareness of prolapse (two-year review)

A single trial reported no evidence of a difference in awareness of prolapse between women undergoing absorbable mesh repair and those undergoing native tissue vaginal repair (colporrhaphy) (RR 1.05, 95% CI 0.77 to 1.44, 1 RCT, n = 54, very low-quality evidence). This suggests that if 72% of women are aware of prolapse after native tissue repair, then between 55% and 100% would be aware of prolapse after an absorbable mesh repair. (Analysis 2.1)

#### 2.2 Repeat surgery (two-year review)

A single trial reported no evidence of a difference between the two groups in the rate of repeat surgery for prolapse (RR 0.47, 95% CI 0.09 to 2.40, 1 RCT, n = 66, very low-quality evidence). This suggests that if 13% of women required repeat surgery for prolapse after a native tissue repair, then between 1% to 30% would require repeat surgery for prolapse after an absorbable mesh repair. (Analysis 2.2)

#### 2.3 Recurrent prolapse (three-months to two-year review)

Three RCTs reported this outcome. Two RCTs had follow-up of one year, in Sand 2001, or nearly two years, in Weber 2001. The third, Allahdin 2008, had only three months' follow-up for this outcome.

Rates of any recurrent prolapse on examination were lower in the absorbable mesh group (RR 0.71, 95% CI 0.52 to 0.96, 3 RCTs,  $n=292,\ I^2=21\%$ , low-quality evidence). However, this finding was sensitive to choice of statistical model, and was not statistically significant when we used a random-effects model (RR 0.74, 95% CI 0.51 to 1.06). This suggests that if 43% of women had recurrent prolapse on examination after native tissue repair, then between 22% and 41% would have recurrent prolapse after an absorbable mesh repair. (Analysis 2.3)

# 2.3.1 Subgroup analysis by extent of repair

There was no evidence of a difference between the two subgroups: test for subgroup differences:  $\text{Chi}^2 = 0.14$ , df = 1 (P = 0.71),  $\text{I}^2 = 0\%$ .

# Secondary outcomes

#### 2.4 Adverse events

# 2.4.1 Death (2 RCTs)

No deaths related to surgery were reported. (Analysis 2.4) Other adverse events were unreported in the included studies.

# 2.5 Prolapse outcomes

#### 2.5.1 Objective failure (one- to two-year review)

- 2.5.1.1 Objective failure of anterior compartment (2 RCTs) There was no evidence of a difference between the groups in grade 2 or greater anterior compartment prolapse on examination (RR 0.72, 95% CI 0.53 to 0.98, 2 RCTs, n = 226; I<sup>2</sup> = 57%, very low-quality evidence). (Analysis 2.5)
- 2.5.1.2 Objective failure of apical compartment None of the included studies reported this outcome.
- 2.5.1.3 Objective failure of posterior compartment (1 RCT) There was no evidence of a difference between the groups in grade 2 or greater posterior compartment prolapse on examination (RR 1.13, 95% CI 0.40 to 3.19, 1 RCT, n = 132, very low-quality evidence). (Analysis 2.6)
- 2.5.1.4 POPQ scores

None of the included studies reported this outcome.

#### 2.6 Bladder function

# 2.6.1 Postoperative stress urinary incontinence (two-year review)

There was no evidence of a difference between the groups in the rate of postoperative stress incontinence (RR 1.38, 95% CI 0.95 to 2.00, 1 RCT, n = 49, very low-quality evidence). (Analysis 2.7) Other outcomes were not reported in the included studies.

#### 2.7 Bowel function

### 2.7.1 De novo faecal incontinence or obstructed defecation

None of the included studies reported this outcome in a format suitable for analysis.

#### 2.8 Sexual function

None of the included studies reported this outcome.

#### 2.9 Quality of life

# 2.9.1 Prolapse Quality of Life Questionnaire (1 RCT, 2-year review)

A single trial reported no evidence of a difference between the groups in quality of life scores, measured using end scores on a 0 to 10 visual analogue scale ("How much do prolapse symptoms interfere with everyday life?" 0 = not at all, 10 = a great deal) (MD 0.00, 95% CI -2.82 to 2.82, 1 RCT, n = 54). (Analysis 2.8)

# 2.10 Measures associated with surgery

None of the included studies reported these outcomes. See Summary of findings 2

# 3. Biological graft versus native tissue repair

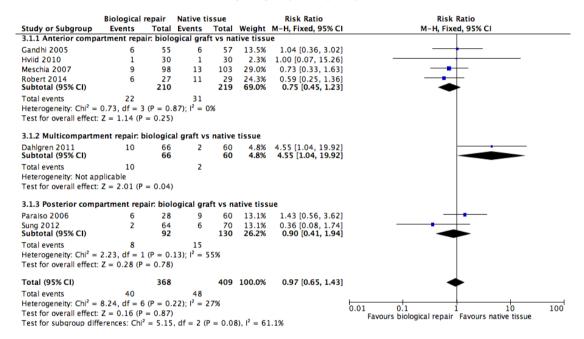
Ten studies compared biological grafts versus native tissue; eight were porcine grafts (Dahlgren 2011; Feldner 2010; Hviid 2010; Menefee 2011; Meschia 2007; Paraiso 2006; Robert 2014; Sung 2012), one cadaveric (Gandhi 2005), and one was bovine (Guerette 2009).

#### **Primary outcomes**

#### 3.1 Awareness of prolapse (one to three year review)

There was no evidence of a difference between the groups (RR 0.97, 95% CI 0.65 to 1.43, 7 RCTs, n = 777,  $I^2 = 27\%$ , low-quality evidence). This suggests that if 10% of women were aware of prolapse after a native tissue repair, between 7% and 15% would be aware of prolapse after biological graft repair. (Analysis 3.1; Figure 5)

Figure 5. Forest plot of comparison: 3 Biological repair versus native tissue repair, outcome: 3.1 Awareness of prolapse (1 to 3 years).



#### 3.2 Repeat surgery (one- to two-year review)

# 3.2.1 Surgery for prolapse

There was no evidence of a difference between the groups (RR 1.22, 95% CI 0.61 to 2.44, 5 RCTs, n = 306,  $I^2 = 8\%$ , low-quality evidence). This suggests that if 4% of women required repeat prolapse surgery after native tissue repair, then between 3% to 10% would require repeat prolapse surgery after biological graft repair. (Analysis 3.2)

#### 3.2.2 Surgery for stress urinary incontinence

None of the included studies reported this outcome.

# 3.3 Recurrent prolapse (one-year review)

There was no evidence of a difference between the groups (RR 0.94, 95% CI 0.60 to 1.47, 7 RCTs, n = 587,  $I^2$  = 59%, very low-quality evidence). This suggests that if 30% of women had recurrent prolapse after a native tissue repair, then between 18% and 33% would have recurrent prolapse on examination after a biological graft repair. (Analysis 3.3)

• 3.3.1 Subgroup analysis by extent of repair

The test for subgroup differences indicated a statistically significant difference between the two subgroups: test for subgroup differences:  $Chi^2 = 9.12$ , df = 1 (P = 0.003),  $I^2 = 89.0\%$ 

- 1. Anterior repair only: When the analysis was limited to studies of anterior compartment repair, there was no conclusive evidence of a difference between the groups (RR 0.75, 95% CI 0.54 to 1.05, 5 RCTs, n=369, I<sup>2</sup>=12%)
- 2. Posterior compartment repair: When the analysis was limited to studies of posterior compartment repair, there was a higher risk of prolapse in the native tissue group (RR 2.09, 95% CI 1.18 to 3.70, 2 RCTs, n=218, I<sup>2</sup>=0%)

#### Secondary outcomes

#### 3.4 Adverse events

#### 3.4.3 Injury to the bladder or bowel

There was no evidence of a difference between the groups for this outcome, and only one event occurred in each comparison (bladder injury: RR 0.35, 95% CI 0.01 to 8.40, 1 RCT, n = 137; bowel injury: RR 3.13, 95% CI 0.13 to 75.57, 1 RCT, n = 137, very low-quality evidence). (Analysis 3.4)

### 3.5 Prolapse outcomes

# 3.5.1 Objective failure (one-year review)

• 3.5.1.1 Objective failure of anterior compartment Women who had biological graft repair were less likely to have an objective failure of the anterior compartment than women having native tissue repair (RR 0.66, 95% CI 0.46 to 0.96, 6 RCTs, n = 570,  $1^2 = 33\%$ ). (Analysis 3.5)

- 3.5.1.2 Objective failure of apical compartment None of the included studies reported this outcome.
- 3.5.1.3 Objective failure of posterior vaginal compartment (3 RCTs)

There was no evidence of a difference between the groups (random-effects model; RR 1.16, 95% CI 0.39 to 3.51, 3 RCTs, n = 283,  $1^2 = 80\%$ ). (Analysis 3.6). This result should be interpreted cautiously as there was substantial heterogeneity between studies, and the directions of effect were not consistent.

• 3.5.1.4 POPQ scores

Point Ba (mid-anterior vaginal wall)

Evidence suggested that there was greater support at point Ba after the biological graft repair compared to native tissue repair (MD - 0.50, 95% CI -0.98 to -0.02, 1 RCT, n = 56). (Analysis 3.7)

Point C (vaginal apex)

There was no evidence of a difference between the groups at point C (MD -0.60, 95% CI -1.28 to 0.08, 1 RCT, n = 56). (Analysis 3.7)

Point Bp (mid-posterior vaginal wall)

There was no evidence of a difference between the groups at point Bp (MD 0.10, 95% CI -0.27 to 0.47, 1 RCT, n = 56). (Analysis 3.7)

Total vaginal length

Total vaginal length was longer after the biological repair compared to native tissue repair (MD 0.60, 95% CI 0.06 to 1.14, 1 RCT, n = 56). (Analysis 3.7)

#### 3.6 Bladder function

# 3.6.1 De novo stress urinary incontinence (1 RCT)

One study (n = 93) reported de novo stress urinary incontinence, but there were no events. (Analysis 3.8)

# 3.6.2 De novo urinary dysfunction (bladder overactivity and voiding dysfunction) (2 RCTs)

There was no evidence of a difference between the groups (RR 0.81, 95% CI 0.29 to 2.26, 2 RCTs, n = 93,  $I^2 = 0\%$ ). (Analysis 3.9)

#### 3.7 Bowel function

# 3.7.1 De novo faecal incontinence or obstructed defecation

None of the included studies reported this outcome in a form suitable for analysis.

#### 3.8 Sexual function

### 3.8.1 De novo dyspareunia (one-year review)

There was no evidence of a difference between the groups, but only six events were reported (RR 0.85, 95% CI 0.20 to 3.67, 1 RCT, n = 37, very low-quality evidence). (Analysis 3.10)

# 3.8.2 Pelvic Organ Prolapse/Urinary Incontinence Sexual Ouestionnaire

There was no evidence of a difference between groups (MD 1, 95% CI -2.33 to 4.33, 1 RCT, n = 35, very low-quality evidence).

# 3.9 Quality of life (1-year review)

Two studies used validated prolapse-specific quality of life questionnaires in which higher scores indicated greater dysfunction, and there was no evidence of a difference between the groups (SMD -0.05, 95% CI -0.48 to 0.38, 2 RCTs, n = 84,  $I^2 = 0\%$ ). (Analysis 3.12)

# 3.10 Measures associated with surgery

# 3.10.1 Operating time

Duration of surgery was longer after native tissue repair than after biological graft repair (MD 10.34 minutes, 95% CI 6.31 to 14.36, 4 RCTs, n = 232,  $I^2 = 0\%$ ). (Analysis 3.13)

# 3.10.2 Blood transfusion

Only one study reported this outcome in a format suitable for analysis. There was no evidence of a difference between the groups (RR 2.13, 95% CI 0.14 to 32.90, 1 RCT, n = 100).

# 3.10.3 Length of hospital stay

None of the included studies reported this outcome. See Summary of findings 3

#### Other analyses

We conducted the prespecified sensitivity analyses by study quality, choice of statistical model, and choice of effect estimate. None of these substantially influenced the main findings, except for Analysis 2.3, which was sensitive to the choice of statistical model. As noted above, when we used a random-effects model there was no significant difference between biological graft repair and native tissue repair in the rate of recurrent prolapse on examination. We constructed a funnel plot for Analysis 1.3, which included 13 studies comparing permanent mesh versus native tissue repair, for the outcome of recurrent prolapse. The funnel plot was not strongly suggestive of publication bias. (Figure 6)

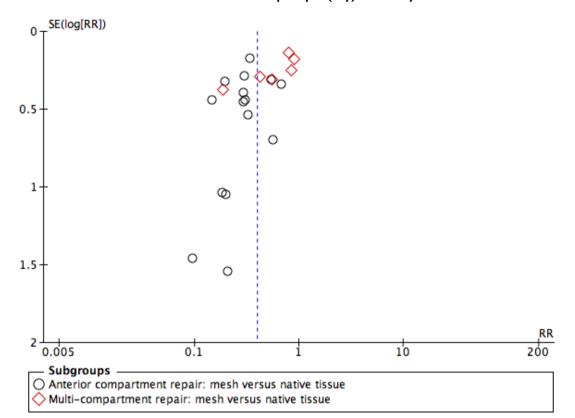


Figure 6. Funnel plot of comparison: I Any transvaginal permanent mesh versus native tissue repair, outcome: I.3 Recurrent prolapse (any) at I to 3 years.

# ADDITIONAL SUMMARY OF FINDINGS [Explanation]

# Absorbable mesh versus native tissue repair for vaginal prolapse

Population: women with vaginal prolapse

Settings: surgical

Intervention: absorbable mesh Control: native tissue repair

Outcomes	Illustrative comparative risks* (95% CI)		Relative effect (95% CI)	No of Participants (studies)	Quality of the evidence (GRADE)	Comments
	Assumed risk	Corresponding risk				
	Native tissue repair	Absorbable mesh				
Awareness of prolapse at 2 years	724 per 1000	<b>760 per 1000</b> (558 to 1000)	<b>RR 1.05</b> (0.77 to 1.44)	54 (1 study)	$\oplus$ $\bigcirc$ $\bigcirc$ very low <sup>1,2</sup>	
Repeat surgery for pro- lapse (stage 2 or more) at 2 years	125 per 1000	<b>59 per 1000</b> (11 to 300)	RR 0.47 (0.09 to 2.40)	66 (1 study)	⊕○○○ very low <sup>1,2</sup>	
Recurrent prolapse at 3 months to 2 years	429 per 1000	<b>304 per 1000</b> (223 to 411)	<b>RR 0.71</b> (0.52 to 0.96)	292 (3 studies)	⊕⊕⊖⊝ low <sup>3,4</sup>	
Bladder injury	Not reported in the included studies					
De novo dyspareunia (pain during sexual in- tercourse) review 1 to 3 years	Not reported in the included studies					
Stress urinary incontinence at 2 years	593 per 1000	<b>818 per 1000</b> (563 to 1000)	<b>RR 1.38</b> (0.95 to 2)	49 (1 study)	⊕○○○ very low <sup>1,2</sup>	

Quality of life	The mean quality of life score was the same in both groups, when measured	54	⊕○○○
at 2 years	using a severity score of 1 to 10 (mean difference 0, 95% CI -2.82 to 2.82)	(1 study)	very low <sup>1,2</sup>

\*The basis for the **assumed risk** (e.g. the median control group risk across studies) is provided in footnotes. The **corresponding risk** (and its 95% confidence interval) is based on the assumed risk in the comparison group and the **relative effect** of the intervention (and its 95% CI).

CI: Confidence interval; RR: Risk ratio

GRADE Working Group grades of evidence

**High quality:** Further research is very unlikely to change our confidence in the estimate of effect.

Moderate quality: Further research is likely to have an important impact on our confidence in the estimate of effect and may change the estimate.

Low quality: Further research is very likely to have an important impact on our confidence in the estimate of effect and is likely to change the estimate.

Very low quality: We are very uncertain about the estimate.

<sup>&</sup>lt;sup>1</sup>Downgraded one level due to serious risk of attrition bias: at two years 18% not included in analysis.

<sup>&</sup>lt;sup>2</sup>Downgraded two levels due to very serious imprecision: single small trial with confidence interval compatible with benefit in either arm or no effect. Low event rate.

<sup>&</sup>lt;sup>3</sup>Downgraded one level due to serious risk of attrition bias in 2/3 studies.

 $<sup>^4</sup>$ Downgraded one level due to serious imprecision: low overall event rate (n = 101).

<sup>&</sup>lt;sup>5</sup>Downgraded one level due to serious risk of bias: unclear whether outcome assessment was blinded.

# Biological repair versus native tissue repair for vaginal prolapse

**Population:** women with vaginal prolapse **Settings:** surgical

Intervention: biological repair Control: native tissue repair

Outcomes	Illustrative comparative risks* (95% CI)		Relative effect (95% CI)	No of Participants (studies)	Quality of the evidence Comments (GRADE)
	Assumed risk	Corresponding risk			
	Native tissue repair	Biological repair			
Awareness of prolapse at 1 to 3 years	105 per 1000	<b>102 per 1000</b> (68 to 151)	<b>RR 0.97</b> (0.65 to 1.43)	777 (7 studies)	⊕⊕⊖⊝ low <sup>1,2</sup>
Repeat prolapse surgery 1 to 2 years	43 per 1000	<b>52 per 1000</b> (26 to 105)	<b>RR 1.22</b> (0.61 to 2.44)	306 (5 studies)	⊕⊕⊖⊝ low <sup>3,4</sup>
Recurrent prolapse at 1 year	295 per 1000	<b>277 per 1000</b> (177 to 434)	<b>RR 0.94</b> (0.60 to 1.47)	587 (7 studies)	⊕○○○ very low <sup>3,5,6</sup>
Bladder injury	Not estimable as only 1 e	event occurred (in the native	tissue group)	137 (1 study)	
Bowel injury	Not estimable as only 1 event occurred (in the biological repair group)			137 (1 study)	
De novo dyspareunia (pain during sexual in- tercourse) review 1 to 3 years	177 per 1000	<b>150 per 1000</b> (35 to 648)	<b>RR 0.85</b> (0.20 to 3.67)	37 (1 study)	⊕○○○ very low <sup>3,8</sup>

De novo urinary stress incontinence at 1 year	Not estimable - no events occurred	56 (1 study)	
Quality of life at 1 year	The mean quality of life in the biological repair group was 0.05 standard deviations lower (0.48 lower to 0.38 higher). This is an imprecise finding that is consistent with a small benefit in either group, or else no difference between the groups		⊕○○○ very low <sup>9</sup>

<sup>\*</sup>The basis for the **assumed risk** is the median control group risk across studies. The **corresponding risk** (and its 95% confidence interval) is based on the assumed risk in the comparison group and the **relative effect** of the intervention (and its 95% CI).

CI: Confidence interval; RR: Risk ratio

GRADE Working Group grades of evidence

High quality: Further research is very unlikely to change our confidence in the estimate of effect.

Moderate quality: Further research is likely to have an important impact on our confidence in the estimate of effect and may change the estimate.

**Low quality:** Further research is very likely to have an important impact on our confidence in the estimate of effect and is likely to change the estimate.

Very low quality: We are very uncertain about the estimate.

<sup>&</sup>lt;sup>1</sup>Downgraded one level due to serious risk of bias: four of the studies at high or unclear risk of bias associated with blinding status.

<sup>&</sup>lt;sup>2</sup>Downgraded one level due to serious imprecision: confidence intervals compatible with benefit in either group or with no difference between the groups.

<sup>&</sup>lt;sup>3</sup>Downgraded one level due to imprecision: confidence interval compatible with benefit in either group or with no difference between groups.

<sup>&</sup>lt;sup>4</sup>Downgraded one level due to serious risk of bias in 3/5 studies: two studies at high risk of attrition bias, and one study not blinded.

<sup>&</sup>lt;sup>5</sup>Downgraded one level due to serious risk of bias: three studies rated at high risk of attrition bias, detection bias, and other bias (conflict of interest), respectively.

<sup>&</sup>lt;sup>6</sup>Downgraded one level due to serious inconsistency:  $l^2 = 59\%$  indicating substantial statistical heterogeneity.

<sup>&</sup>lt;sup>7</sup>Downgraded one level due to serious risk of bias: blinding status unclear.

<sup>&</sup>lt;sup>8</sup>Downgraded two levels due to very serious imprecision: single small study, only six events.

<sup>&</sup>lt;sup>9</sup>Downgraded one level due to serious risk of attrition bias, and a further two levels due to very serious imprecision: only 84 participants.

#### DISCUSSION

# Summary of main results

When any transvaginal permanent mesh was compared to any native tissue vaginal repair, the advantages included decreased awareness of prolapse, prolapse on examination, and reoperation for prolapse. However, the rate of bladder injury, de novo stress urinary incontinence, and reoperation for prolapse, stress urinary incontinence, or mesh exposure was lower after a native tissue repair. This risk profile suggests, at best, that the utilisation of transvaginal permanent mesh needs to be individualised to those who accept the benefits and risk of these interventions. The quality of the evidence supporting these findings ranges from low to moderate for most comparisons.

# Overall completeness and applicability of evidence

The 37 trials we assessed in this review allow an extensive review of the transvaginal grafts compared to native tissue repairs. The primary outcomes of awareness of prolapse, repeat surgery, and recurrent prolapse were generally well reported. Significant variation exists in the definitions of primary and secondary outcomes, which reduced our ability to include these outcomes in a metaanalysis. Reporting of standardised anatomical, functional, and adverse events related to pelvic organ prolapse interventions in RCTs will reduce these problems in the future. Data relating to the impact of interventions on bowel function and cost evaluation of the interventions were poorly reported. Since the publication of the first version of this review, many of the transvaginal permanent meshes have been voluntarily withdrawn from the market. To date, the newer, lightweight transvaginal permanent meshes that remain on the market have not been evaluated under the auspices of a RCT.

While the rate of mesh exposure reported is consistent with previous reports, one of the main concerns in the FDA 2011 transvaginal mesh alert was the rate of vaginal pain or dyspareunia, or both, which accounted for over one-third of the reported adverse events. Contrary to this, in the nearly 2500 women undergoing a transvaginal mesh repair in this systematic review, surgery for vaginal pain or dyspareunia related to the transvaginal mesh was barely mentioned. One possible explanation for this disparity is that while the incidence of vaginal pain requiring surgery following transvaginal mesh surgery may be low, the individual morbidity may be greater than with native tissue repairs, resulting in a higher tendency to report this adverse event. In this review, validated quality of life and pelvic floor function questionnaires were unable to detect a difference between the groups. Finally, the generally short follow-up time after transvaginal polypropylene mesh intervention may not identify all the potential adverse events.

# Quality of the evidence

The risk of bias in primary studies has generally decreased since our previous review, with the randomisation process being well reported. Reporting of allocation concealment, Consolidated Standards of Reporting Trials (CONSORT) flow diagrams, and methods of blinding of participants and reviewers is improving.

The quality of evidence when comparing transvaginal permanent mesh to native tissue was low to moderate for most outcomes, the most common limitations being poor reporting of methods, imprecision and inconsistency (Summary of findings for the main comparison).

The quality of evidence comparing absorbable mesh to native tissue repairs was generally very low to low, reflecting smaller, older studies with poor reporting of methods, high rates of attrition, and lack of blinding, and imprecision (Summary of findings 2). The quality of evidence comparing biological grafts to native tissue repairs was very low to low, reflecting poor reporting of study methods, lack of clarity with regard to blinding of assessors, and imprecision (Summary of findings 3).

Overall, the main limitations were poor reporting of study methods, inconsistency, and imprecision.

# Potential biases in the review process

The authors of this review did not conduct any of the trials being evaluated. The review authors have no conflicts of interest to report.

# Agreements and disagreements with other studies or reviews

Recent reviews have evaluated the safely of transvaginal mesh in the treatment of female pelvic floor. The 2015 European Commission report on the safety of transvaginal meshes utilised in urogynaecology surgery concluded that the implantation of any mesh for the treatment of POP via the vaginal route should be only considered in complex cases, in particular after failed primary repair surgery (SCENHIR 2015). The New Zealand Accident Compensation Corporation also reported in 2015 on complications related to all surgical meshes for hernia, urinary incontinence and prolapse surgeries. They found that the rate of complications related to transvaginal polypropylene mesh was five time higher when utilised in prolapse repairs compared to both urinary incontinence and hernia repairs (ACC 2015). Both of these findings are relatively consistent with our findings.

The UK Medicines and Healthcare Products Regulatory Agency (MHRA) reported in late 2014 after reviewing literature until 2012, taking submissions from support groups, reviewing adverse events reports made to MHRA, and engaging with professional organisations and regulatory bodies worldwide (MHRA 2014). The full report was extensive and concluded that based on the available data:10.1002/14651858.CD006375.pub3

• for the majority of women, the use of vaginal mesh implants is safe and effective;

• when these products are used correctly they can help alleviate the very distressing symptoms of stress urinary incontinence and pelvic organ prolapse, and as such the benefits still outweigh the risks.

Our review suggests that while permanent transvaginal mesh is associated with a greater reduction in prolapse on examination, awareness of prolapse and reoperation for prolapse than native tissue repairs, it is associated with increased morbidity, including a higher rate of bladder injury, de novo stress urinary incontinence, and reoperation rates for prolapse, stress urinary incontinence, and/or mesh exposure. The rate of mesh exposure was 12%, and surgery for mesh exposure was required in 8%, accounting for most of the reoperations for mesh complications. We conclude, in contrast to the MHRA 2014 report, that while there may be individual cases of anterior compartment prolapse where mesh utilisation may be warranted, it cannot be considered a first-line treatment option for pelvic organ prolapse, due to the associated morbidity.

Furthermore, and in contrast to the MHRA 2014 report, we have highlighted that most of data informing our report was derived from transvaginal mesh products that were voluntarily removed from the market in 2012, and that transvaginal mesh products currently available for use have not been evaluated by RCTs. We believe it is prudent that until such data become available, the currently available transvaginal mesh products should be utilised in a clinical setting under the discretion of the local ethics committee. A recent Cochrane systematic review (Ford 2015) assessed midurethral sling operations for the treatment of women with stress urinary incontinence. It included comparisons of different surgical routes, different types of synthetic tape and types of tape insertion. The review authors concluded that the surgery has a good safety profile and is highly effective in the short and medium term. This review has limited applicability to the current review, as it included women with or without pelvic prolapse; most trials did not report whether prolapse was present. Moreover none of the trials directly compared traditional anterior repair (with native tissue) to midurethral synthetic sling.

# **AUTHORS' CONCLUSIONS**

# Implications for practice

While transvaginal permanent mesh is associated with lower rates of awareness of prolapse and prolapse on examination than native tissue repair, permanent mesh is also associated with increased morbidity, including a higher rate of reoperation for prolapse, stress urinary incontinence, or mesh exposure and higher rates of bladder injury at surgery and de novo stress urinary incontinence. The risk-benefit profile means that transvaginal mesh has limited utility in primary surgery. While it is possible that the benefits may outweigh the risks in women with higher risk of recurrence, there is currently no evidence to support this position.

Limited evidence suggests that absorbable mesh may reduce the risk of recurrent prolapse on examination compared to native tissue repair, but there was insufficient evidence on absorbable mesh for us to draw any conclusions for other outcomes.

In 2011, many of the transvaginal permanent meshes evaluated in this review were voluntarily withdrawn from the market. To date, the newer, lightweight transvaginal permanent meshes that remain of the market have not been evaluated within a RCT. Until such data become available, these newer transvaginal meshes should be utilised under the discretion of the ethics committee.

# Implications for research

In the short term, urgent evaluation of newer, lighter transvaginal mesh products that remain on the market is required. Unfortunately, at least two trials have received ethical committee approval comparing the new lightweight mesh with either sacral colpopexy or transanal repair (NCT01097200; NCT01497171), but have been terminated due to difficulty in recruiting or lack of funding. These products should also be compared to native tissue repairs and sacral colpopexy. In the medium to long term, the development of newer, self rejuvenating products through tissue engineering and bio-design should be funded, and the efficacy, safety, and cost of the interventions assessed. A cost-benefit analysis of transvaginal mesh is needed, and the long-term outcomes of meshes already evaluated should also be undertaken.

# **ACKNOWLEDGEMENTS**

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<sup>\*</sup> Indicates the major publication for the study

## CHARACTERISTICS OF STUDIES

# Characteristics of included studies [ordered by study ID]

## Al-Nazer 2007

Methods	Single-centre RCT for stage 2 POPQ prolapse PC-generated randomisation 2-year follow-up No CONSORT statement Blinding not stated Authors state power of 85% need sample size of 20 in each arm
Participants	40 randomised in abstract, however 44 were randomised, 4 of whom failed to return postoperatively and were excluded Inclusion criteria: stage 2 POPQ cystocele with no plans of pregnancy in 12 months Exclusion criteria: contemplating pregnancy, women with paravaginal defects, needing continence surgery, prior colposuspension or vaginal surgery, immunocompromised, or diabetics
Interventions	A (n = 23): anterior colporrhaphy AC 0 polyglactin (Vicryl) suture B (n = 21): self styled armless soft polypropylene (Gynemesh) mesh without AC
Outcomes	Assessed at 6 weeks, 3 months, then every 6 months to 2 years postop Reports the following review outcomes:  • Awareness of prolapse (subjective persistence of symptom vaginal bulge)  • Recurrent prolapse at 1 to 3 years  • Mesh erosion  • Bladder injury (cystotomy)  • Objective failure rate stage 2 POPQ at Aa, Ba, Ap, or Bp  • Bladder function (de novo SUI)  • Sexual function (de novo dyspareunia)  • Quality of life: PQOL questionnaire; change scores  • Hospital stay  • Operating time
Notes	

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Low risk	Computer-generated number tables
Allocation concealment (selection bias)	Unclear risk	Sealed envelopes to ensure allocation concealment; as not consecutive sealed, opaque envelopes unclear

#### Al-Nazer 2007 (Continued)

Blinding of participants and personnel (performance bias) All outcomes	Unclear risk	Not stated
Blinding of outcome assessment (detection bias) All outcomes	Low risk	Reviewers blinded except when mesh exposure occurred
Incomplete outcome data (attrition bias) All outcomes	Low risk	At 1-year, group A 20/23, group B 20/21
Selective reporting (reporting bias)	Low risk	Reports main review outcomes
Other bias	Unclear risk	Funding not stated; authors no COI

## Ali 2006

Methods	Single-centre RCT Inclusion grade 3 or 4 cysto-urethrocele (BW halfway system) No exclusion No power Randomisation and concealment, blinding not stated 6/12 follow-up
Participants	No CONSORT $N=108$ Inclusion: women with grade 3 or 4 cysto-urethrocele (BW halfway system) There were no significant differences between the groups regarding preoperative storage symptoms, urodynamics, and degree of prolapse
Interventions	A (54): anterior colporrhaphy alone B (54): anterior colporrhaphy with tension-free polypropylene (Gynemesh PS) overlay
Outcomes	Assessed at 6 months' postop  Reports the following review outcomes:  • Recurrent prolapse (anterior compartment) at 6 months  • Objective failure of anterior compartment at 6 months (grade 2 or worse anterior wall prolapse)  • Mesh erosion
Notes	

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Unclear risk	Not stated

## Ali 2006 (Continued)

Allocation concealment (selection bias)	Unclear risk	Not stated
Blinding of participants and personnel (performance bias) All outcomes	Unclear risk	Not stated
Blinding of outcome assessment (detection bias) All outcomes	Unclear risk	Not stated
Incomplete outcome data (attrition bias) All outcomes	High risk	At 6 months, group A 43/54, group B 46/54; greater than 15% loss to follow-up at 6 months
Selective reporting (reporting bias)	Unclear risk	Did not report any of the primary outcomes of this review; only has 6 months' follow-up
Other bias	Unclear risk	No statement about funding

#### Allahdin 2008

Methods	Single-centre RCT comparing vaginal fascial repair with or without polyglactin mesh and with polydioxanone or polyglactin sutures, 2 x 2 factorial design PC randomisation, "secure" remote concealment Blinded women, ward staff, and follow-up assessor Follow-up 3 months with exam, 6 months with non-validated questionnaire, 2 years with validated questionnaire
Participants	73 randomised, 7 ineligible after randomisation, 66 in trial Lost to follow-up: 8 at 3 months; 4 at 6 months; 12 at 2 years Inclusion: grade 2 or more prolapse (unclear examination technique), anterior or posterior prolapse, or both Concomitant procedures: vaginal hysterectomy 14; cervical amputation (Manchester) 18; tension-free vaginal tape 13
Interventions	Comparing vaginal fascial repair with or without polyglactin mesh and with polydioxanone or polyglactin sutures, 2 x 2 factorial design A (32): fascial repair plus polyglactin mesh overlay B (34): fascial repair without mesh C (33): repair of fascia with polydioxanone sutures D (33): repair of fascia with polyglactin sutures
Outcomes	Assessed at 3 months', 6 months', and 2 years' postop  Reports the following review outcomes:  • Awareness of prolapse (residual feeling of something coming down) at 2 years  • Repeat prolapse surgery at 2 years  • Recurrent prolapse on objective examination at 3 months

## Allahdin 2008 (Continued)

	<ul> <li>Death (any cause) by 2 years</li> <li>Objective failure rate stage 2 POPQ at Aa, Ba, Ap, or B</li> <li>Bladder function: urinary incontinence at 2 years</li> <li>Bowel function: faecal incontinence (no comparative data)</li> <li>Sexual function: dyspareunia at 2 years (not de novo)</li> <li>Quality of life at 6 months and 2 years. QoL score: end scores on 0 to 10 scale (0 = not at all)</li> </ul>
Notes	

# Risk of bias

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Low risk	Computer generated
Allocation concealment (selection bias)	Low risk	Secure method of concealment of randomisation (remote computer allocation)
Blinding of participants and personnel (performance bias) All outcomes	Low risk	Not possible
Blinding of outcome assessment (detection bias) All outcomes	Low risk	Participant-completed questionnaires, data entry blinded to randomisation
Incomplete outcome data (attrition bias) All outcomes	High risk	Equal non-response between the groups at 2 years, medical records seen for all non-responders
Selective reporting (reporting bias)	Low risk	Reports main review outcomes
Other bias	Low risk	Unfunded study

# Altman 2011

Methods	Multi-centre RCT: 53 centres, 58 surgeons 90% powered to detect 20% difference between groups with 1% type 1 error, central randomisation PC Participant blinded Reviews conducted 2 and 12 months by surgeon 1/3, non-surgeon 2/3 Completed pre- and 1-year UDI and PISQ-12
Participants	1685 screened; 389 randomised Underwent surgery: A 182, B 191 Lost to follow-up A 7, B 14 (1 year: A 182, B 186)

## Altman 2011 (Continued)

	Inclusion: $> 18$ yrs, $\ge$ stage 2 symptomatic cystocele POPQ Exclusion: previous cancer of any pelvic organ, systemic glucocorticoid treatment, insulin-treated diabetes, an inability to participate or to provide consent, or need concomitant surgery
Interventions	A (182): anterior colporrhaphy slow absorption monofilament thread, sham skin markings, excessive trimming vagina discouraged B (191): Gynecare transvaginal anterior mesh (Prolift), absorbable sutures, excessive vaginal trimming discouraged, catheter care discretion surgeon
Outcomes	Assessed at 1-year postop  Reports the following review outcomes at 1 year:  • Awareness of prolapse (woman-reported vaginal bulge)  • Repeat prolapse surgery  • Mesh exposure (obtained by personal communication)  • Repeat continence surgery  • Objective failure of anterior compartment ≥ stage 2  • Bladder injury (perforation)  • Bladder function: new SUI  • Sexual function: dyspareunia, PISQ (end scores with 95% CI)
Notes	

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Low risk	Computer-generated randomisation
Allocation concealment (selection bias)	Low risk	Secure concealment with remote computer
Blinding of participants and personnel (performance bias) All outcomes	Low risk	Women blinded (sham skin markings)
Blinding of outcome assessment (detection bias) All outcomes	High risk	Reviewers surgeon 1/3, non-surgeon 2/3 Woman-completed questionnaires
Incomplete outcome data (attrition bias) All outcomes	Low risk	1-year AC 174/182; mesh 186/191
Selective reporting (reporting bias)	Low risk	Reports main review outcomes
Other bias	High risk	Funded by Karolinska Institute and Ethicon; conflict of interest statements of members of Nordic transvaginal mesh group who were reviewers of surgery were

## Altman 2011 (Continued)

		not reported
Carey 2009		
Methods	Single-centre RCT CONSORT: no Randomisation: computer generated Allocation concealment: N/S Women, surgeons, and reviewers not blinded 12 months' follow-up	
Participants	Inclusion criteria: women who were recommended vaginal surgery for anterior and posterior compartment with $\geq$ grade 2 prolapse Exclusion criteria: only requiring anterior or posterior compartment surgery, apical prolapse beyond the hymen, or those requiring abdominal mesh surgery Randomised: 139 (A 70, B 69); 10 women breached study protocol, and 11 more recruited. All were analysed Lost to follow-up: A 6, B 9 Analysed 12 months: A 63, B 61	
Interventions	A (70): traditional anterior and posterior fascial plication using polydioxanone sutures B (69): anterior and posterior repair with Gynemesh PS augmentation	
Outcomes	Assessed at 6 months and 1 year postop Reports the following review outcomes at 1 year:  • Awareness of prolapse  • Recurrent prolapse  • Mesh erosion  • Objective failure of anterior compartment  • Sexual function: new dyspareunia	
Notes		
Risk of bias		
Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Low risk	Computer generated
Allocation concealment (selection bias)	Unclear risk	Not stated
Blinding of participants and personnel (performance bias) All outcomes	High risk	No blinding

# Carey 2009 (Continued)

Blinding of outcome assessment (detection bias) All outcomes	High risk	No blinding
Incomplete outcome data (attrition bias) All outcomes	Low risk	Native tissue 63/70; mesh 63/69 1 year
Selective reporting (reporting bias)	Low risk	Reports main review outcomes
Other bias	High risk	Funding not stated: authors' conflict of interest financial agreement with Ethicon manufacturer of product evaluated in study

## da Silveira 2014

da Silveira 2014	
Methods	Multi-centre (4) RCT for stage 3 to 4 POPQ (any compartment) Brazil Computerised randomisation Sample size n = 90 in each group, 90% power and allowing 20% loss of follow-up No ITT analysis Women unblinded Reviewers blinded
Participants	Inclusion criteria: grade 3 to 4 POP (any POPQ measurement > +1) No exclusion criteria 199 screened, 184 randomised Native tissue n = 90 randomised, n = 81 completed 1 year Mesh n = 94 randomised, n = 88 1 year
Interventions	Gp A: site-specific native tissue: site-specific anterior and/or posterior 1.0 non-absorbable suture (polypropylene), apical 1.0 non-absorbable sacrospinous right; uterine prolapse hysterectomy in both groups  Gp B: mesh group: polypropylene macroporous monofilament Prolift mesh  Concomitant surgery allowed  Prior to study each centre performed at least 3 surgeries  Hb 24 hours postop  Assessed 1 week 1, 6, 12 months  Pain assessed variable rating scale  Gp A: 74/90 anterior compartment prolapse   other surgery, posterior alone n = 7, apical alone n = 9  Gp B: mesh group similar breakdown, mid-urethral slings: 5/90 native tissue, 9/94 mesh; vaginal hysterectomy: 32/90, 29/94
Outcomes	Assessed at 1-year postop Reports the following review outcomes:  Repeat prolapse surgery Repeat surgery for prolapse, SUI, or mesh exposure Bladder injury Rectal injury (bowel loop injury)

#### da Silveira 2014 (Continued)

- Repeat continence surgery
- Surgery for mesh exposure
- Objective failure of anterior compartment (Pt Ba)
- POPQ assessment of prolapse: point C, point Ba, point Bp
- Sexual function: Quality of Sexual Function questionnaire (not PISQ), data not entered; no one uses this questionnaire and not described; only included PQOL)
  - Quality of life: PQOL end score
  - Operating time
  - Blood transfusion

Notes

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Low risk	Computer-generated randomisation
Allocation concealment (selection bias)	Unclear risk	Not stated
Blinding of participants and personnel (performance bias) All outcomes	High risk	Not able to be blinded
Blinding of outcome assessment (detection bias) All outcomes	Low risk	Assessors blinded
Incomplete outcome data (attrition bias) All outcomes	Low risk	Native tissue: randomised 90, 1 year 81 completed Mesh: randomised 94, 1 year 88
Selective reporting (reporting bias)	Low risk	Reports main review outcomes
Other bias	Low risk	J&J donated product; no financial input study

# Dahlgren 2011

Danigicii 2011		
Methods	after 3 years between the implant-augmen	envelopes that a 15% difference in objective cure rate ted repair and the traditional colporrhaphy 5% level. It was estimated that 160 women, op-out of 10%, were needed
Participants	Inclusion: recurrent (prior surgery on the prolapsing site) POP in anterior or posterior compartment, or both No exclusion criteria 135 randomised Gp A native tissue repair 66, and 3 years 60/66 Gp B porcine dermis repair 65, and 3 years 65/68	
Interventions	Standardised surgery with 2 meeting workshops prior to study Native tissue repair: midline fascial plication interrupted polydioxanone suture, vagina closed polyglactin absorbable suture Porcine: porcine dermal implant (Pelvicol, Bard Sweden) as inlay with no fascial plication: inlay anchored to vaginal wall and fascia 6-8 polydioxanone sutures, vagina closed polyglactin suture Concomitant mid-urethral sling, apical support, and levator plication performed as required	
Outcomes	Assessed at 3 months and 3 years Reports the following review outcomes:  • Awareness of prolapse (awareness of vaginal lump) at 3 years (presented in graph)  • Objective failure posterior compartment (Pt Bp median and range reported)  • Bladder function (urinary incontinence presented in graph)  • Bowel function (faecal incontinence presented in graph)  • Dyspareunia (presented in graph)  • Days in hospital (mean and range)	
Notes	Did not reach sample size as slow to recruit	
Risk of bias		
Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Low risk	Computer-generated blocked randomisation list stratified for each centre
Allocation concealment (selection bias)	Unclear risk	Sealed, opaque envelopes (not stated if consecutive or not)

# Dahlgren 2011 (Continued)

Blinding of participants and personnel (performance bias) All outcomes	High risk	Nil
Blinding of outcome assessment (detection bias) All outcomes	Unclear risk	Not stated
Incomplete outcome data (attrition bias) All outcomes	Low risk	Gp A 60/68 and Gp B 65/68 completed 3-year review
Selective reporting (reporting bias)	Low risk	Reports main review outcomes
Other bias	Low risk	No COI; funded by local research institutes

#### De Tayrac 2008

Methods	Multi-centre RCT comparing infracoccygeal sacropexy and sacrospinous suspension for uterine or vaginal vault prolapse No CONSORT statement Power calculation: yes, 77 required in each arm. Recruitment stopped after change in mesh material (multi-filament mesh replaced by monofilament) No ITT analysis No data on type of randomisation, blinding strategy, or allocation concealment No definition of cure or failure Mean follow-up 16.8 months (range 1.5 to 32) both arms Prolapse assessment: POPQ Validated questionnaires: PFDI, PFIQ, PISQ-12, French version
Participants	Inclusion: symptomatic uterine or vaginal vault prolapse (stage 2 or higher) Exclusion: isolated cystocele, stage 1 prolapse, rectal prolapse, and intestinal inflammatory disease 49 randomised 4 lost to follow-up 45 analysed
Interventions	A (21): infracoccygeal sacropexy (multi-filament polypropylene tape, posterior IVS) B (24): sacrospinous suspension Concomitant surgery: cystocele repair, posterior repair, hysterectomy, suburethral tape Types of repair and indications for repair were not described
Outcomes	Assessed at "medium term" follow-up (mean 16.8 months postop, range 1.5 to 32)  Reports the following review outcomes:  • Repeat surgery for prolapse  • Recurrent prolapse on objective examination (not defined)  • Bladder injury  • Objective failure anterior compartment (cystocele)  • Objective failure posterior compartment (rectocele)

# De Tayrac 2008 (Continued)

	<ul> <li>Bladder function: de novo SUI, de novo voiding disorder</li> <li>Sexual function: PISQ-12 end scores</li> <li>Quality of life: POPIQ - reports rate of 50% or more improvement</li> <li>Operating time</li> <li>Days in hospital</li> </ul>	
Notes		

# Risk of bias

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Unclear risk	Not stated
Allocation concealment (selection bias)	Unclear risk	Not stated
Blinding of participants and personnel (performance bias) All outcomes	Unclear risk	Not stated
Blinding of outcome assessment (detection bias) All outcomes	Unclear risk	Participant-completed questionnaires
Incomplete outcome data (attrition bias) All outcomes	Low risk	At 1 year 45/49 completed review
Selective reporting (reporting bias)	Low risk	Reports main review outcomes
Other bias	Unclear risk	COI or funding unstated

# De Tayrac 2013

Methods	Multi-centre (12 French hospitals) RCT 12-month review Randomisation by drawing lots, stratified by centre, allocation concealment not discussed Intention to treat stated yes, but women already randomised were removed if cystotomy occurred during surgery CONSORT guidelines Sample size of 194 provided 80% power to detect 20% difference with an alpha error 5% and drop-out rate 10% Assessors not clear
Participants	Inclusion criteria: symptomatic stage 2 anterior wall prolapse, aged 60 years or older Exclusion criteria: steroids, poorly controlled diabetes, prior pelvic radiation, untreated vaginal or urinary infection, ascites, bladder injury during the procedure All used preoperative estrogen therapy 163 included, 162 randomised

# De Tayrac 2013 (Continued)

	Gp A 82, 1 year 67/82 Gp B 80, 1 year 66/60 Preop demographics and potential confounders similar in both groups, except colorectal impact was greater group A
Interventions	Gp A: anterior colporrhaphy no mesh (plication of fascia with 2.0 polyglactin absorbable suture), uterosacral colpopexy and hysterectomy as required Gp B: anterior polypropylene macroporous mesh (Ugtex, Sofradim, Covidien) 4-armed transobturator mesh fixed with 2 x 2.0 permanent polypropylene sutures to uterine isthmus or uterosacral ligaments and 2 x 2.0 polyglactin sutures to inferior edge of pubic rami; vaginal trimming minimised Concomitant surgery mid-urethral sling, hysterectomy, and any native tissue repair, however no other transvaginal mesh intervention included
Outcomes	Assessed at 1-year follow-up Reports the following review outcomes:  • Awareness of prolapse ("functional recurrence")  • Repeat continence surgery  • Repeat surgery for prolapse, SUI, or mesh exposure  • Recurrent prolapse: stage 2 or more anterior prolapse  • Mesh exposure  • Repeat surgery for mesh exposure  • Objective failure of anterior compartment  • POPQ assessment of prolapse: point Ba  • POPQ assessment of prolapse: total vaginal length  • Bladder function: de novo SUI  • Bowel function: obstructed defecation  • Sexual function: de novo dyspareunia  • Operating time  • Blood transfusion  • Days in hospital
Notes	

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Unclear risk	Randomisation by drawing lots?
Allocation concealment (selection bias)	Unclear risk	Not stated
Blinding of participants and personnel (performance bias) All outcomes	High risk	Unable to blind

# De Tayrac 2013 (Continued)

Blinding of outcome assessment (detection bias) All outcomes	Unclear risk	Not stated
Incomplete outcome data (attrition bias) All outcomes	High risk	Gp A 82, 1 year 67/82 Gp B 80, 1 year 66/80 (20% attrition). 2 women who had bladder injury were ex- cluded from analysis
Selective reporting (reporting bias)	Low risk	Reports main review outcomes
Other bias	High risk	Author COI with Sofradim, who provided partial funding and whose product was being evaluated. 2 women who had bladder injury were excluded from analysis; this outcome not reported clearly in both groups

# Delroy 2013

•	
Methods	Single-centre non-inferiority RCT Computer-generated random number list Allocation at inclusion with surgeon aware only in operating theatre Envelopes allocation Sample size: 35 in each group, 80% power to detect 5% significant change with 10% drop-out ITT analysis Assessors blinded Women unblinded
Participants	Any anterior POP point $Ba \ge +1$ on POPQ Excluded malignant urogenital disease, prior radiation, acute genitourinary infection, connective tissue disorders, steroid treatments, insulin-dependent diabetes
Interventions	All procedures under spinal by 3 experienced surgeons  1. AC: plicate fascia purse string 0 polyglactin (Vicryl), vaginal trimming, transvaginal trocar-guided polypropylene mesh (kits donated by Promedon) Nazca TC (Promedon, Córdoba, Argentina) I prepubic and 2 transobturator macroporous monofilament; vagina closed overlapping fashion  355 accessed, 79 randomised  AC 39 completed, 1-year review n = 39  2. Anterior mesh 40 randomised, 40 completed 1-year review  Concomitant surgery as required
Outcomes	Assessed at 1 year  Reports the following review outcomes:  • Awareness of prolapse: positive answer to at least 1 PQOL question on vaginal bulge, pelvis pain, sensation of prolapse (unusual combined measure - data not used)

## Delroy 2013 (Continued)

Mesh exposure
Bladder injury
POPQ assessment of prolapse: point Ba, C, Bp, total vaginal length
Sexual function: de novo dyspareunia
Operating time
Blood transfusion
Days in hospital

Notes

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Unclear risk	Random sequence generation tables
Allocation concealment (selection bias)	Unclear risk	Envelopes (opaque?, sealed?)
Blinding of participants and personnel (performance bias) All outcomes	High risk	Non-blinded
Blinding of outcome assessment (detection bias) All outcomes	Low risk	Blinded assessors
Incomplete outcome data (attrition bias) All outcomes	Low risk	79 randomised, and all completed 1-year review
Selective reporting (reporting bias)	Unclear risk	Did not clearly report any of the primary outcomes of this review
Other bias	Low risk	Funded by Federal University of Sao Paulo, Brazil; Promedon contributed product free of charge No author COI

## Feldner 2010

Methods	Single-centre RCT Randomisation and allocation concealment described Evaluated 1 year after AC as compared to small intestine submucosa graft Blinded reviewers Sample size of 60 women was required to achieve a significance level of 0.05 and a power of 80%. This was based on the assumptions of a 25% difference in cure rates between the groups with a 10% loss to follow-up rate
Participants	Inclusion criteria: women with point Ba $\geq$ -1 Exclusion criteria: hypertension, prior radiation, pelvic sepsis, diabetes, and chronic illness Concomitant surgery allowed including vaginal hysterectomy if greater than stage 2 uterine prolapse
Interventions	Gp A (27) AC with interrupted 0 polyglactin (Vicryl) sutures GP B (29) non-cross-linked xenograft porcine small intestine submucosa 7 x 10 cm with dissection to suprapubic arch fixed with 0 prolene x3 each side
Outcomes	Assessed at 1 year  Reports the following review outcomes at 1 year:  Repeat prolapse surgery (no events)  Recurrent prolapse (at point Ba)  Mesh exposure (no events)  Dyspareunia (any - no separate data for de novo)  POPQ assessment of prolapse: point Ba, C, Bp, total vaginal length  Quality of life: PQOL questionnaire end scores  Operating time
Notes	

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Low risk	Computer-generated randomisation list
Allocation concealment (selection bias)	Low risk	Centrally controlled allocation concealment appropriate
Blinding of participants and personnel (performance bias) All outcomes	Unclear risk	Not stated
Blinding of outcome assessment (detection bias) All outcomes	Low risk	Blinded reviewers and participant-completed validated questionnaires

## Feldner 2010 (Continued)

Incomplete outcome data (attrition bias) All outcomes	High risk	1 year: Gp A 20/27(74%); Gp B 22/29 (76%)
Selective reporting (reporting bias)	Low risk	Reports main review outcomes
Other bias	Low risk	No COI and no external funding

# Gandhi 2005

Methods	Single-centre RCT (computer-generated, opaque envelopes, adequate concealment) AC with and without fascia lata for primary or recurrent anterior vaginal wall prolapse
Participants	162 signed consent form 154 randomised A 76, B 78 Loss to follow-up 2 in B, but in results 78 and 77 analysed respectively Inclusion: anterior vaginal wall prolapse to hymen or beyond on straining; > 18 years of age; willing to comply with return visits Concomitant surgery: vaginal hysterectomy in 49%/47%; sacrospinous fixation in 43%/42% (all cases with vaginal vault prolapse to mid-vagina or beyond); posterior repair in 99%/94%; Coopers' ligament sling in 67%/55%; mid-urethral sling 13%/10% Enterocele: A 75%, B 73% Baseline voiding dysfunction (slow stream): A 48/68, B 42/65
Interventions	A (76): "ultra-lateral" midline plication of anterior endopelvic connective tissue using polyglactin (Vicryl) buttress sutures (as described by Weber 2001), plus additional cadaveric fascia lata patch (Tutoplast) anchored at the lateral limits of the colporrhaphy B (78): as above without allograft
Outcomes	Assessed at 1 year Reports the following review outcomes:  • Awareness of prolapse (vaginal bulging)  • Recurrent prolapse (POPQ stage 2 anterior prolapse)  • Objective failure of anterior compartment (same data as recurrent prolapse)  • Bladder function: postvoid fullness
Notes	Unclear participant numbers (disparity with loss to follow-up)  Questionnaires not used in all participants

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Low risk	Computer generated
Allocation concealment (selection bias)	Low risk	Sealed, opaque, consecutive envelopes

## Gandhi 2005 (Continued)

Blinding of participants and personnel (performance bias) All outcomes	Unclear risk	Not stated
Blinding of outcome assessment (detection bias) All outcomes	Unclear risk	Not stated
Incomplete outcome data (attrition bias) All outcomes	Low risk	Data largely complete; 2/155 lost to follow-up
Selective reporting (reporting bias)	Low risk	Reports main review outcomes
Other bias	Unclear risk	No COI or funding statement

#### Guerette 2009

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Methods	Multi-centre RCT 24-month follow-up Randomisation computer generated Allocation concealment without blinding of women or surgeon Not according CONSORT Sample size was calculated by estimating a recurrence rate of 35% with AC and 10% with graft reinforcement. Assuming a 2-tailed hypothesis test with 5% type 1 error and 80% power, 80 women would be required. We enrolled 94 women assuming a drop-out rate of 15%
Participants	Randomised: Gp A 47, Gp B 47 2 years: Gp A 33, Gp B 26 Examination: Gp A 27, Gp B 17 Inclusion criteria: point Ba $\geq$ -1 Exclusion criteria: total vaginal length < 6 cm, severe atrophy, isolated paravaginal defect, allergic to bovine material, prior vaginal implant surgery, or ulceration
Interventions	A (n = 46): AC B (n = 44): AC with bovine pericardium collagen matrix graft reinforcement
Outcomes	Assessed at 6 months, 1 year, and 2 years  Reports the following review outcomes:  • Awareness of prolapse: measure unclear  • Repeat surgery for prolapse  • Graft erosion/exposure - no events  • POPQ assessment of prolapse: point Ba, C (reports median and range, no SDs)  • Sexual function: PISQ-12 (no SDs reported); de novo dyspareunia at 1 year  • Quality of life: UDI-6 (no SDs reported)  • Operating time - reported as median and range
Notes	

## Guerette 2009 (Continued)

Risk of bias		
Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Low risk	Computer-generated randomisation list
Allocation concealment (selection bias)	Low risk	Opaque envelopes opened in theatre (not consecutive)
Blinding of participants and personnel (performance bias) All outcomes	Unclear risk	Not stated
Blinding of outcome assessment (detection bias) All outcomes	Unclear risk	Not stated if assessors blinded, participant- completed questionnaire
Incomplete outcome data (attrition bias) All outcomes	High risk	Equal losses in both groups; only 50% completed 2-year review
Selective reporting (reporting bias)	Low risk	Reports main review outcomes
Other bias	High risk	Extensive COI reported; study partly funded Synovis Life Technologies, whose bovine pericardium product was being evaluated

# **Gupta 2014**

Methods	Single-centre RCT India Computer-generated randomisation Allocation concealment: not stated Blinding of participants and reviewers: not stated Sample size 106 with 80% power to detect 21% difference between the groups with 5% type 1 error
Participants	Inclusion criteria: stage 2 or greater anterior compartment prolapse Exclusion criteria: SUI, dominant post-vaginal prolapse, suspected malignancy, vaginal infections
Interventions	Group A: AC 2.0 polyglactin (Vicryl); n = 54, 1 year n = 41 Group B: self-styled 4-arms monofilament polypropylene mesh (Vypro mesh, J&J); n = 52, 1 year n = 44
Outcomes	Assessed at 6 months, 1 year Reports the following review outcomes:  • Awareness of prolapse (vaginal bulge) at 1 year

## Gupta 2014 (Continued)

N.	<ul> <li>Repeat prolapse (anterior)</li> <li>Mesh erosion</li> <li>Surgery for mesh exposure</li> <li>Objective failure of anterior compartment (cystocele)</li> <li>Operating time</li> <li>Blood transfusion</li> </ul>	
Notes		
Risk of bias		
Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Low risk	Computer-generated randomisation
Allocation concealment (selection bias)	Unclear risk	No statement
Blinding of participants and personnel (performance bias) All outcomes	Unclear risk	No statement
Blinding of outcome assessment (detection bias) All outcomes	Unclear risk	No statement

# Halaska 2012

Other bias

All outcomes

Incomplete outcome data (attrition bias)

Selective reporting (reporting bias)

Methods	Multi-centre randomised trial Computer-generated randomisation table Allocation concealment not defined 70% power to detect 20% difference in groups
Participants	Inclusion criteria: central posthysterectomy vault prolapse: POPQ greater or equal stage 2  Exclusion criteria: pelvic malignancy, < 18 years, prior radiotherapy, requiring hysterectomy  Allocated: Gp A 83, Gp B (Mesh) 85 1 year: Gp A 72, Gp B 79  Recurrence defined as stage 2 or greater POPQ  Not clear who performed assessments

High risk

Low risk

Unclear risk

Gp A 41/54, Gp B 44/52 at 1 year (20%

Reports main review outcomes

No COI statement

attrition)

## Halaska 2012 (Continued)

Interventions	Gp A (83) anterior repair. Sacrospinous colpopexy (2x non-absorbable sutures Nurolon) ± posterior repair (approximation of levator muscles) and moderate excision of redundant vagina GP B (85) total Prolift mesh secured with 2.0 PDS Intervention performed by surgeons with greater than 20 cases experience of each type of surgery
Outcomes	Assessed at 1 year Reports the following review outcomes:  Repeat surgery for prolapse Recurrence of prolapse (stage 2 or more in any compartment) Mesh exposure Bladder injury Bowel injury (no events) POPQ assessment of prolapse: reported graphically and without SDs Bladder function: de novo SUI; de novo overactive bladder Sexual function: any dyspareunia (no de novo data); PISQ-12 (no SDs reported) Quality of life: POPIQ (no SDs reported) Operating time (reported as median and range)
Notes	

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Low risk	Computer generated
Allocation concealment (selection bias)	Unclear risk	Not stated
Blinding of participants and personnel (performance bias) All outcomes	Unclear risk	Not stated
Blinding of outcome assessment (detection bias) All outcomes	Unclear risk	Not stated
Incomplete outcome data (attrition bias) All outcomes	Unclear risk	1 year Gp A 72/83; Gp B 79/85 (89%)
Selective reporting (reporting bias)	Low risk	Reports main review outcomes
Other bias	Low risk	Funded by grant from Czech Ministry of Health, authors no COI

# Hviid 2010

Methods	Single-centre RCT Computer-generated randomisation and allocation concealment were appropriate with sealed envelopes opened in operating room Reviews by non-blinded surgeon No concomitant surgery 80% power to detect 20% difference between the groups with 5% type 1 error: 60 randomised
Participants	Inclusion criteria: symptomatic prolapse point $Ba \geq -1$ Exclusion criteria: defects posterior or apical compartment, prior pelvic surgery, history of collagen or endocrine disorders Allocated: Gp A 31, Gp B 30 1 year: Gp A 26, Gp B 28
Interventions	A (31): 2.0 interrupted polyglactin (Vicryl) plication B (30): no plication, Pelvicol porcine dermis 4 x 7 cm anchored with 2.0 polyglactin (Vicryl) sutures No concomitant surgery
Outcomes	Assessed at 1 year  Reports the following review outcomes:  • Repeat prolapse surgery  • Awareness of prolapse (vaginal bulging or lump)  • Recurrence of prolapse (POPQ Ba ≥ -1.0)  • Repeat surgery for incontinence  • Objective failure of anterior compartment  • POPQ assessment of prolapse: pt Ba at 12 months (states median and range)  • Quality of life: King's Health Questionnaire (graphical results and P values only)  • Operating time
Notes	Irregularities exist: methods failure defined as e Ba $\geq$ -1 results > -1; in table 2 Gp A range Ba 2 to 8, and states in table 3 that 4 had stage 2 prolapse

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Low risk	Computer-generated randomisation list
Allocation concealment (selection bias)	Low risk	Sealed, non-transparent, consecutive envelopes
Blinding of participants and personnel (performance bias) All outcomes	Unclear risk	Not stated
Blinding of outcome assessment (detection bias)	High risk	Reviewers not blinded, participant-completed questionnaires

## Hviid 2010 (Continued)

All outcomes		
Incomplete outcome data (attrition bias) All outcomes	Low risk	1 year: Gp A 26/31, Gp B 28/30 (88%)
Selective reporting (reporting bias)	Low risk	Reports main review outcomes
Other bias	Unclear risk	No COI declared; no statement funding

#### Iglesia 2010

Iglesia 2010	
Methods	Multi-centre RCT Double blinded Power calculation included Randomisation computer generated stratified for presence uterine prolapse, allocation concealment, CONSORT guidelines met, no ITT analysis
Participants	173 excluded variety reasons Gp A 33, Gp B 32 Lost to follow-up: Gp A 0, Gp B 0 Prior to surgery all demographic details similar between the 2 groups, except Gp B had lower POPDI-6 score than Gp A Inclusion criteria: ≥ 21 yrs, grade 2 to 4 (POPQ) uterovaginal or vaginal prolapse who agreed to undergo vaginal surgery, available for 12 months' review, and can complete questionnaires Exclusion criteria: multiple medical contraindications, short vagina, uterus > 12 weeks size, desire future fertility, and postpartum
Interventions	Gp A: uterosacral colpopexy with polytetrafluoroethylene sutures or sacrospinous colpopexy (Gortex sutures) and hysterectomy performed if uterus present Gp B: if point C or D on POPQ was $\geq$ -3 apical suspension with total vaginal mesh (Prolift), and if C or D was < -3 anterior Prolift was utilised. No T incisions were performed, and hysterectomy performed if uterus present
Outcomes	Assessed at 1, 2, and 3 years  Reports the following review outcomes (at 3 years unless otherwise stated):  • Awareness of prolapse (vaginal bulge)  • Repeat prolapse surgery  • Repeat surgery for SUI  • Repeat surgery for prolapse, SUI, or mesh exposure surgery  • Recurrent prolapse (POPQ > stage 1)  • Death  • Mesh exposure  • POPQ assessment of prolapse pts Ba, Bp, C at 1 year (states medians and range)  • Bladder injury (perforation)  • Rectal injury (no events)  • Surgery for mesh exposure  • Bladder function: de novo SUI

# Iglesia 2010 (Continued)

	<ul> <li>Sexual function: de novo dyspareunia; PISQ (median and range)</li> <li>Quality of life: PFDI; PFIQ (median and range)</li> <li>Transfusion (in 3-month data): 0 vs 1</li> <li>Days in hospital (Mann-Whitney P value only)</li> </ul>
Notes	The ethics committee stopped the study prior to completion due to predetermined stopping criteria of mesh erosion rate of > 15% being reached, with 65 of the desired sample size of 90 having undergone interventions

# Risk of bias

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Low risk	Computer-generated randomisation list
Allocation concealment (selection bias)	Low risk	Consecutive, sealed envelopes
Blinding of participants and personnel (performance bias) All outcomes	Low risk	Double blinded
Blinding of outcome assessment (detection bias) All outcomes	Low risk	Double blinded
Incomplete outcome data (attrition bias) All outcomes	Low risk	3 years: Gp A 26/32, Gp B 25/33
Selective reporting (reporting bias)	Low risk	Reports main review outcomes
Other bias	Low risk	Funded American Urogynecologic Society Foundation and MedStar research; authors reported no COI

## Lamblin 2014

Methods	Single-centre RCT France Computer-generated, 6-block randomisation Allocation concealment: not stated Blinding: no women or reviewers Intention to treat: not stated
Participants	Inclusion criteria: stage 3 or greater anterior compartment prolapse Exclusion criteria: pregnancy, family not completed, prior cancer or radiation, poorly controlled diabetes mellitus, polypropylene sensitivity, immunocompromised Concomitant surgery performed

## Lamblin 2014 (Continued)

Interventions	Gp A: AC with bilateral vaginal colposuspension (Ethibond suture) $n=35$ , at 2 years $n=32$ Gp B: polypropylene transobturator mesh (Perigee AMS) $n=33$ , at 2 years $n=31$ More women underwent hysterectomy (77%) in the colposuspension group compared with 33% in the mesh group. $P<0.001$
Outcomes	Assessed at 3 months, 1 year, and 2 years  Reports the following review outcomes at 2 years:  • Awareness of prolapse at 2 years (vaginal bulge or something falling out)  • Repeat continence surgery  • Repeat prolapse, SUI, or mesh exposure surgery  • Recurrence of prolapse (POPQ Ba > 1.0)  • Mesh exposure  • Bladder injury (no events)  • Surgery for mesh exposure  • POPQ assessment of prolapse: point Ba  • Sexual function: de novo dyspareunia (1 vs 1)  • Quality of life: PFIQ (end scores)  • Operating time  • Blood transfusion (no events)  • Hospital stay
Notes	

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Low risk	Computer-generated randomisation
Allocation concealment (selection bias)	Unclear risk	Not stated
Blinding of participants and personnel (performance bias) All outcomes	Unclear risk	Not stated
Blinding of outcome assessment (detection bias) All outcomes	Unclear risk	Not stated
Incomplete outcome data (attrition bias) All outcomes	Low risk	At 2 years Gp A 32/35, Gp B 31/33
Selective reporting (reporting bias)	Low risk	Reports main review outcomes
Other bias	Unclear risk	Funding by the Claude Bernard University. Authors no COI. Measures of variance very low for some outcomes; attempt to check

## Lamblin 2014 (Continued)

		data with primary authors unsuccessful
Menefee 2011		
Methods	Double-blind, triple-arm RCT Randomisation, allocation concealment, N detect 35% difference with 5% type 2 error 2-year review	I/S power 33 in each group 80% power to
Participants	Inclusion criteria: women ≥ 18 years of age Exclusion criteria: N/S Concomitant surgery: hysterectomy, colpop discretion	e with a POPQ point Ba of $\geq 0$ bexy, posterior repair, continence at surgeons
Interventions	<sup>TM</sup> ) Gp C: 36 vaginal paravaginal repair using	ion with delayed absorbable suture e-hand formed porcine dermis graft (Pelvicol free-formed polypropylene mesh. All graft s fascia pelvis using a Capio <sup>TM</sup> device with
Outcomes	Assessed at 2 years  Reports the following review outcomes at 2 years:  Repeat surgery for prolapse  Recurrence of prolapse (POPQ Ba stage 2 or more)  Bladder injury (no events)  Mesh erosion  Objective failure of anterior compartment  Sexual function: de novo dyspareunia (data not used as no denominator reported); PISQ-12 (median and range)  Quality of life: PFIQ (median and range)  Operating time  Blood transfusion (no events)	
Notes		
Risk of bias	Risk of bias	
Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Low risk	Computer-generated sequence
Allocation concealment (selection bias)	Low risk	Opaque envelopes
Blinding of participants and personnel	Low risk	Double blinded

(performance bias) All outcomes

## Menefee 2011 (Continued)

Blinding of outcome assessment (detection bias) All outcomes	Low risk	Double blinded
Incomplete outcome data (attrition bias) All outcomes	Low risk	2 years: Gp A 24/32; Gp B 26/31; Gp C 28/36
Selective reporting (reporting bias)	Low risk	Reports main review outcomes
Other bias	High risk	Authors report COI with companies producing product evaluated and funded by Boston Scientific, whose product Capio was being evaluated

# Meschia 2004a

Methods	RCT (computer-generated number table, opaque envelopes) on posterior IVS and sacrospinous fixation for vault prolapse Median follow-up: Gp A 19, Gp B 17 months
Participants	66 randomised, no stratification A 33, B 33 No withdrawals or losses to follow-up Inclusion: vault (vaginal cuff) prolapse ICS stage 2 or more Baseline stress urinary incontinence: A 11/33, B 7/33 Baseline overactive bladder: A 14/33, B 11/33 Baseline voiding dysfunction: A 19/33, B 18/33 Women in group A were significantly younger than those in group B (63 yrs vs 68 yrs, P < 0.05)
Interventions	Gp A (33): infracoccygeal sacropexy (posterior IVS) using multifilament polypropylene tape Gp B (33): sacrospinous ligament fixation (vaginal sacrospinous colpopexy) Concomitant surgery: anterior (A 64%, B 66%) and posterior (70%, 88%) repair, high closure of pouch of Douglas if indicated (36%, 42%)
Outcomes	Reports the following review outcomes at median 17- to 19-month follow-up:  • Awareness of prolapse (subjective prolapse sensation)  • Objective failure of anterior compartment; posterior compartment (POPQ stage 2 or more)  • Operative time  • Days in hospital
Notes	Abstract and further data from authors
Risk of bias	

## Meschia 2004a (Continued)

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Low risk	PC-generated randomisation
Allocation concealment (selection bias)	Low risk	Adequate
Blinding of participants and personnel (performance bias) All outcomes	Unclear risk	Not stated
Blinding of outcome assessment (detection bias) All outcomes	Unclear risk	Not stated
Incomplete outcome data (attrition bias) All outcomes	Low risk	100% reviewed
Selective reporting (reporting bias)	Low risk	Reports main review outcomes
Other bias	Unclear risk	No statement about funding

#### Meschia 2007

Methods	Multi-centre RCT (computer generated) on primary surgery anterior vaginal wall prolapse Allocation concealed Power calculation: 90 in each arm required Follow-up: 2 years ITT analysis: yes, including those women with missing data at 2 years but with 1 year follow-up completed
Participants	206 randomised Lost to follow-up 5: Gp A 2, Gp B 3 Inclusion: primary anterior prolapse POPQ point Ba -1 (≥ stage 2) Exclusion: none Baseline SUI: A 22/100, B 18/106 Baseline overactive bladder: A 44/100, B 35/106 Baseline sexually active: A 65/100, B 74/106; with dyspareunia: A 12/65, B 11/74 No differences between the 2 groups with respect to demographic and clinical characteristics At 2 years number available for analysis: 176 (A 91, B 85) ITT analysis: 201 analysed (A 103, B 98)
Interventions	A (100): interrupted fascial plication polyglactin (Vicryl) 00 with porcine dermis graft (Pelvicol overlay) fixed with PDS suburethrally and uterosacral cardinal ligament distally B (106): surgery as above without Pelvicol overlay Concomitant surgery standardised

## Meschia 2007 (Continued)

	Vaginal hysterectomy McCall culdoplasty, posterior compartment defect fascial plication
Outcomes	Assessed at 1 year  Reports the following review outcomes at 1 year:  • Awareness of prolapse (sensation of prolapse)  • Objective failure of anterior compartment  • Bladder function: SUI  • Sexual function: dyspareunia  • Days in hospital
Notes	

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Low risk	Computer-generated randomisation
Allocation concealment (selection bias)	Low risk	Adequate
Blinding of participants and personnel (performance bias) All outcomes	Unclear risk	Not stated
Blinding of outcome assessment (detection bias) All outcomes	Unclear risk	No participant-completed questionnaires
Incomplete outcome data (attrition bias) All outcomes	Low risk	At 2 years: 91/100 native tissue versus biological 85/106
Selective reporting (reporting bias)	Low risk	Reports main review outcomes
Other bias	Unclear risk	No statement about funding

# Nguyen 2008

Methods	Single-centre RCT on anterior vaginal prolapse CONSORT statement: yes Power calculation: 38 in each arm Type of randomisation: computer generated Blinding strategy: primary surgeon - until the surgery day; women, research nurse, and medical assistant remained blinded Allocation concealment: sealed, opaque envelopes Definition of cure: Ant wall POPQ stage < 2, "Optimal support" = Aa and Ba at stage 0, "Satisfactory" = Aa and Ba at stage 1 and improved from preop staging
Participants	Follow-up: 12 months (full publication) and 24 months (abstract only) Prolapse assessment: POPQ  Inclusion: 21 years and older with POPQ stage 2 or greater anterior prolapse requiring surgical correction Exclusion: pregnancy (present or contemplated), prior repair with graft, systemic infection, compromised immune system, uncontrolled diabetes mellitus, previous pelvic irra diation/cancer, polypropylene allergy, scheduled for concomitant Burch or pubovagina sling Randomised: 76
	Withdrawals: 1 Lost to follow-up: 1 Analysed: 76
Interventions	Gp A (38): AC with delayed absorbable (PDS) sutures Gp B (38): AC + polypropylene 4-armed mesh kit repair (Perigee, American Medica Systems) Concomitant surgery: vaginal hysterectomy, bilateral salpingo-oophorectomy, uterosacral suspension mid-urethral tape, site-specific rectocele repair, perineoplasty, Apogee mesh kit repair Concomitant prolapse and suburethral tape surgeries were performed in both groups
Outcomes	Assessed at 1 year  Reports the following review outcomes at 1 year:  Repeat prolapse surgery  Recurrent prolapse (anterior prolapse stage 2 or more)  Death (no events)  Mesh exposure  Objective failure of anterior compartment  POPQ assessment of prolapse: pts Ba, C, Bp, vaginal length (reports median and range)  Sexual function: de novo dyspareunia; PISQ  Quality of life: PFIQ (and other measures): end scores  Operating time (median and range)  Blood transfusion  Days in hospital (median and range)
Notes	
Risk of bias	

# Nguyen 2008 (Continued)

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Low risk	Computer-generated randomisation
Allocation concealment (selection bias)	Low risk	Sealed, opaque envelopes
Blinding of participants and personnel (performance bias) All outcomes	Low risk	Women blinded
Blinding of outcome assessment (detection bias) All outcomes	Low risk	Assessors blinded; participant-completed questionnaires
Incomplete outcome data (attrition bias) All outcomes	Low risk	1 year: Gp A 37/38, Gp B 37/38
Selective reporting (reporting bias)	Low risk	Reports main review outcomes
Other bias	Unclear risk	No statement about funding

## Nieminen 2008

110mmen 2000	
Methods	Multi-centre RCT on anterior vaginal prolapse CONSORT statement: yes Power calculation: 101 in each arm Type of randomisation: computer generated Allocation concealment: opaque envelopes Blinding strategy: not specified, but lack of a non-surgical blinded outcome reviewer Definition of cure: less than stage 2 prolapse at Aa or Ba Follow up: 24 months Prolapse assessment: POPQ
Participants	Inclusion: postmenopausal women with symptomatic anterior vaginal wall prolapse to the hymen or beyond  Exclusion: apical defect indicating vaginal fixation or SUI necessitating surgery or the main symptomatic prolapse component was in the posterior vaginal wall. Also women with gynaecological tumour or malignancy calling for laparotomy or laparoscopy, and those with untreated vaginal infection  Randomised: 202  Withdrawals: 1  Lost to follow-up: 1  Analysed: 200  No significant differences in baseline demographics, prior hysterectomy, or prolapse surgeries between the 2 groups

## Nieminen 2008 (Continued)

Interventions	Gp A (96): AC using a 0 or 2/0 multifilament suture Gp B (104): AC + self tailored (from a 6 x 11 cm mesh patch) 4-armed low-weight polypropylene mesh Type of mesh: non-absorbable monofilament polypropylene (Parietene light, Sofradim, France) Sutures for AC: absorbable 0 or 2/0 multifilament suture Concomitant surgery: vaginal hysterectomy, posterior repair, culdoplasty as required, no concomitant continence surgeries were performed
Outcomes	Assessed at 2 months, 1, 2, and 3 years  Reports the following review outcomes at 3 years:  • Awareness of prolapse (bulge)  • Repeat prolapse surgery  • Repeat continence surgery  • Recurrent prolapse (any compartment stage 2 or more)  • Mesh exposure  • Bladder injury  • Repeat surgery for mesh exposure  • Objective failure of anterior compartment  • POPQ assessment of prolapse: pts Ba, C, vaginal length  • Bladder function: de novo SUI
Notes	

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Low risk	Computer-generated randomisation
Allocation concealment (selection bias)	Low risk	Sealed envelopes
Blinding of participants and personnel (performance bias) All outcomes	Unclear risk	Not stated
Blinding of outcome assessment (detection bias) All outcomes	Unclear risk	Not stated
Incomplete outcome data (attrition bias) All outcomes	Unclear risk	3 years: 95/104 (92%) vs 85/96 (89%)
Selective reporting (reporting bias)	Low risk	Reports main review outcomes
Other bias	Unclear risk	Some inconsistencies in data across publications at different follow-up times

## Paraiso 2006

Methods	Single-centre RCT (computer-generated randomisation by sealed envelopes with blinded research nurse)  106 randomised to posterior colporrhaphy (37), site-specific repair (37), site-specific repair augmented with porcine small intestine submucosa (32: Fortagen, Organogenesis)  . Study funded with unrestricted research grant from Organogenesis
Participants	106 women Inclusion: grade 2 or greater posterior vaginal wall prolapse with or without other prolapse or incontinence or gynaecological procedures Exclusion: concomitant colorectal procedures, allergy to pork
Interventions	Gp A (37): posterior colporrhaphy as per Maher 2-0 Ethibond Gp B (37): site-specific repair Cundiff 2-0 Ethibond Gp C (32): as in B with 4 x 8 cm porcine small intestine submucosa graft inlay (Fortagen)
Outcomes	Assessed at 1 year and 2 years (few 2-year data reported)  Reports the following review outcomes at 1 year:  • Awareness of prolapse (worsening prolapse or colorectal symptoms)  • Repeat prolapse surgery  • Recurrent prolapse (POPQ pt Bp ≥ -2)  • Objective failure of posterior compartment (POPQ pt Bp ≥ -2)  • POPQ assessment of prolapse: pts Bp, C, vaginal length (reports median and range)  • Sexual function: POSQ-12  • Sexual function  • Quality of life: PFDI end scores (also reports PFIQ)  • Operating time  • Blood transfusion  • Days in hospital (reports median and range)
Notes	Ongoing study: initial full-text review after 1 year ITT basis CONSORT statement Independent nurse review Limited sample size

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Low risk	Computer generated
Allocation concealment (selection bias)	Low risk	Adequate
Blinding of participants and personnel (performance bias) All outcomes	Low risk	Blinded

## Paraiso 2006 (Continued)

Blinding of outcome assessment (detection bias) All outcomes	Low risk	Blinded non-surgeon reviewer
Incomplete outcome data (attrition bias) All outcomes	Low risk	At 17 months 99/106 completed; gps unclear
Selective reporting (reporting bias)	Low risk	Reports main review outcomes
Other bias	Unclear risk	Unrestricted research grant from Organo- genesis, whose product was being evaluated

# Qatawneh 2013

Single-centre RCT Jordan 57 in each group had 80% power to detect 25% difference between the groups with a 5% type 1 error with a 10% drop-out rate No ITT analysis
Inclusion criteria: symptomatic stage 3 or greater utero-vaginal prolapse in all compartments: primary and recurrent  Exclusion criteria: less than grade 3 prolapse in any compartment, any prior surgery with implants for pelvic floor defects, prior radiation, those wishing uterine preservation
AC group (n = 65): 2.0 PDS plication  Mesh group (n = 64): self shaped polypropylene (Gynemesh) 15 x 3 cm with 2 arms retropubic space without suturing  Concomitant continence surgery if needed and vaginal hysterectomy in those with uterine prolapse  All underwent sacrospinous colpopexy and posterior colporrhaphy
Assessed at 6 weeks, then every 6 months. Median follow-up 28/29 months, range 6 to 10  Reports the following review outcomes at 1 year:  • Awareness of prolapse ("prolapse sensation")  • Repeat prolapse surgery  • Recurrent prolapse (stage 2 or more prolapse any compartment)  • Mesh exposure  • Objective failure (stage 2 or more prolapse) of anterior compartment, vault, posterior compartment  • POPQ assessment of prolapse: pts Ba, C, Bp  • De novo SUI  • Operating time  • Days in hospital (reports median and range)

# Qatawneh 2013 (Continued)

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Low risk	Computer-generated randomisation list
Allocation concealment (selection bias)	Unclear risk	Not stated
Blinding of participants and personnel (performance bias) All outcomes	Unclear risk	Not stated
Blinding of outcome assessment (detection bias) All outcomes	Unclear risk	Not stated: POPQ assessment by independent investigator
Incomplete outcome data (attrition bias) All outcomes	High risk	AC group: 63/65; mesh group 53/64 at median 28-month review; follow-up times variable
Selective reporting (reporting bias)	Low risk	Reports main review outcomes
Other bias	Unclear risk	Funded by Cook Medical

# Robert 2014

Methods	Parallel-group RCT
Participants	Included: women with a cystocele requiring surgical management Excluded: allergy to graft material, immunocompromised, non-English speaking, unavailable for follow-up Concomitant surgery or previous non-anterior prolapse surgery were not exclusion criteria
Interventions	Small intestine mesh-augmented procedure vs same anterior repair without mesh
Outcomes	Assessed at 1 year  Reports the following review outcomes at 1 year:  • Awareness of prolapse (bulge)  • Recurrent anterior prolapse (stage 2 or more prolapse)  • POPQ assessment of prolapse: pt Ba (reports change from baseline as median and range)  • Sexual function: PISQ-12 (reports change from baseline as median and range)  • Quality of life: PFDI (reports change from baseline as median and range)  • Quality of life: PFDI (reports change from baseline as median and range)
Notes	
Risk of bias	

### Robert 2014 (Continued)

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Low risk	Centralised randomisation through university obstetrics & gynaecology department data manager
Allocation concealment (selection bias)	Unclear risk	Method not described
Blinding of participants and personnel (performance bias) All outcomes	Low risk	Participants blinded to treatment allocation
Blinding of outcome assessment (detection bias) All outcomes	Low risk	Follow-up assessment by examining physician blinded to allocation with no involvement in clinical care
Incomplete outcome data (attrition bias) All outcomes	Low risk	55/57 women randomised (96%) were included in analysis for objective outcomes and 57/57 (100%) for subjective outcomes
Selective reporting (reporting bias)	Low risk	Reports expected review outcomes
Other bias	Low risk	Supplier of product (Cook) partially funded study, however the blinded nature of participants and reviewers overcomes potential biases

### Rudnicki 2014

Methods	Multi-centre (6) international RCT Nordic countries: Norway, Sweden, Denmark, and Finland: Block computer-generated randomisation list Allocation concealment: opaque, sealed envelopes ITT analysis Sample size: 130 women allowed 80% power to detect 20% difference with an alpha error of 5% and a drop-out rate of 15% Assessors: surgeons Women unblinded Surgeons trained to ensure uniform surgery performed
Participants	Inclusion criteria: \$\infty\$ 55 years, anterior wall prolapse stage 2 POPQ Aa or Ba \$\infty\$ -1 Exclusion criteria: previous major pelvic surgery with the exception of a hysterectomy for reasons other than genital prolapse, previous vaginal surgery, or hysterectomy for POP; concomitant prolapse of the uterus or an enterocele of stage 1 or higher; previous incontinence sling surgery performed through the obturator membrane; current treatment with corticosteroids; or a history of genital or abdominal cancer All surgery covered intra-operative antibiotics and pre- and post-local oestrogens Concomitant surgery allowed posterior repair

### Rudnicki 2014 (Continued)

Interventions	AC group: interrupted absorbable suture fascial plication, vaginal trimming and closure with running unlocked absorbable suture  Mesh group: biosynthetic system monofilament polypropylene mesh with central portion coated in absorbable hydrophylic porcine collagen film Bard Avaulta Plus anterior 169 available randomisation with 161 randomised  AC: 79 randomised, 1 year 76  Mesh: 82 randomised, 1 year 78
Outcomes	Assessed at 3 months, 1 year, and 3 years Reports the following review outcomes at 1 year:  • Awareness of prolapse (vaginal bulge) (only P value reported)  • Recurrent prolapse (POPQ stage 2 or more)  • Mesh exposure  • Bladder injury (perforation)  • Surgery for mesh exposure  • POPQ assessment of prolapse: pts Ba, C, Bp, total vaginal length  • Bladder function: de novo stress incontinence  • Sexual function: PISQ, de novo dyspareunia  • Quality of life: PFIQ; PFDI  • Operating time  • Blood transfusion  • Days in hospital (reports rates of over or under 12-hour stay)
Notes	

# Risk of bias

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Low risk	Blocked computer-generated randomisation list for each of 4 countries
Allocation concealment (selection bias)	Low risk	Sealed, opaque envelopes
Blinding of participants and personnel (performance bias) All outcomes	High risk	Unblinded (unable to blind)
Blinding of outcome assessment (detection bias) All outcomes	High risk	Surgeons evaluated
Incomplete outcome data (attrition bias) All outcomes	Low risk	1-year evaluation/randomised AC 76/79, mesh 78/82
Selective reporting (reporting bias)	Low risk	Reports main review outcomes
Other bias	Unclear risk	No COI

### Sand 2001

Methods	Single-centre RCT (computer-generated number table) Vaginal repair with or without polyglactin (Vicryl) mesh overlay for cystocele and rectocele Follow-up: Gp A 12 months, Gp B 12 months
Participants	143 women Inclusion: cystocele to or beyond hymenal ring on standing Exclusion: less than 18 years of age, pregnancy, contemplating pregnancy within 1 year, paravaginal defect only, anterior enterocele 161 randomised 1 excluded (anterior enterocele) 17 lost to follow-up
Interventions	Gp A (70): no mesh: Vicryl plication of anterior endopelvic fascia Gp B (73): mesh: as above with Vicryl mesh folded underneath trigone and cuff and secured Vicryl to fascia; also added to posterior wall if posterior repair performed Posterior repair performed: A: 67/70, B: 65/73 Standardised concomitant surgery Review by surgeon
Outcomes	Assessed at 2, 6, 12 weeks and 1 year  Reports the following review outcomes at 1 year:  • Recurrent prolapse (grade 2 or 3 cystocele or rectocele using BW scale)  • Mesh erosion (no events)
Notes	

# Risk of bias

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Low risk	Computer-generated randomisation list
Allocation concealment (selection bias)	Unclear risk	Not stated
Blinding of participants and personnel (performance bias) All outcomes	Unclear risk	Not stated
Blinding of outcome assessment (detection bias) All outcomes	Unclear risk	Not stated
Incomplete outcome data (attrition bias) All outcomes	Unclear risk	143/170 (84%) completed 1-year review
Selective reporting (reporting bias)	Low risk	Reports main review outcomes

### Sand 2001 (Continued)

Other bias	Unclear risk	No COI statement
Sivaslioglu 2008		
Methods	Single-centre RCT comparing polypropylene mesh surgery with site-specific surgery in the treatment of cystocele CONSORT statement: yes Power calculation: 45 in each arm Type of randomisation: computer generated Blinding strategy: no (assessment was performed by non-blinded reviewers) Allocation concealment: not specified Definition of cure/failure: "Acceptable cure" defined as cystocele less than -1 cm (stage 1 POPQ) Follow-up: mean 12 months (range 8 to 16) Prolapse assessment: POPQ	
Participants	Inclusion: primary cystocele Exclusion: SUI, concomitant rectocele or enterocele or recurrent cystocele Randomised: 90 (45 to each arm) Analysed: 85 Lost to follow-up: 5	
Interventions	A (42): site-specific polyglactin 910 anterior repair B (43): self styled 4-armed polypropylene (Parietene, Sofradim, France) mesh, no anterior repair Concomitant surgery not standardised, management of concomitant apical prolapse was not specified in either group	
Outcomes	Assessed at 6 weeks, 6 months, and annually Reports the following review outcomes at mean follow-up of 1 year (range 8 to 16 months):  • Recurrent prolapse (stage 2 or more POPQ)  • Mesh erosion  • Surgery for mesh erosion  • POPQ assessment of pts Ba, C, Bp, total vaginal length (P values only)  • Bladder function: de novo SUI  • Sexual function: de novo dyspareunia  • Quality of life: PQOL end-score	
Notes		
Risk of bias		
Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Low risk	Computer generated

### Sivaslioglu 2008 (Continued)

Allocation concealment (selection bias)	Unclear risk	Not stated
Blinding of participants and personnel (performance bias) All outcomes	Unclear risk	Not stated
Blinding of outcome assessment (detection bias) All outcomes	High risk	Non-blinded reviewers; objective assessment was participant-completed questionnaires
Incomplete outcome data (attrition bias) All outcomes	Low risk	Flow diagram: 1 year Gp A 42/45, Gp B 43/45
Selective reporting (reporting bias)	Low risk	Reports main review outcomes
Other bias	Low risk	No funding and no COI

# Sung 2012

Methods	2-centre, double-blinded randomised control trial Allocation concealment: sealed envelopes Randomisation block and stratified site Women and assessors blinded (women unblinded 12 months) Based on a study by Kohli et al (Kohli 2003) assuming that graft use is associated with a 93% anatomic success rate, 63 women per group would be needed to detect a 20% difference at .05 and .20. We aimed to recruit 160 women (80 women per group) to account for drop-out
Participants	Inclusion criteria: women with stage 2 or greater symptomatic rectocele (defined as vaginal bulge, defecatory symptoms, or both) electing surgical repair were eligible Exclusion criteria: < 18 years, women undergoing concomitant sacrocolpopexy or colorectal procedures, history of porcine allergy, connective tissue disease, pelvic malignancy, pelvic radiation, inability to understand English, or unable or unwilling to consent or comply with follow-up. All other vaginal prolapse repairs and anti-incontinence procedures were included
Interventions	Gp A: 70 controls midline plication or site-specific repair Gp B: 67 midline plication or site-specific repair with 4 x 7 cm subintestinal submucosal graft over the repair and secured to levator ani fascia using interrupted No. 2-0 polygly- colic acid and inferiorly to the perineal body using No. 2-0 polyglycolic acid sutures Excess vaginal tissue was trimmed in all women, and the posterior vaginal incision was closed using 2-0 polyglycolic acid sutures. The deep and superficial transverse perineal muscles and bulbocavernosus muscles were re-approximated using No. 0 polyglycolic acid sutures, and concomitant perineorrhaphy was performed in all women
Outcomes	Assessed at 6 months and 1 year Reports the following outcomes at median 12.2 to 12.5 months (range 10 to 43 months):

### Sung 2012 (Continued)

	<ul> <li>Awareness of prolapse (vaginal bulge)</li> <li>Recurrent prolapse (objective failure of posterior vaginal wall)</li> <li>Bladder injury 0 vs 1</li> <li>Rectal injury 1 vs 0</li> <li>Objective failure of posterior vaginal wall (POPQ stage 2 or more) Ap or pt Bp</li> <li>POPQ assessment of prolapse at pt Bp (reports median and range)</li> <li>Bowel function assessed with Pelvic Distress Index defecatory function questions</li> </ul>
Notes	

# Risk of bias

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Low risk	Computer-generated random sequence
Allocation concealment (selection bias)	Low risk	Sealed, opaque envelopes
Blinding of participants and personnel (performance bias) All outcomes	Low risk	Blinded
Blinding of outcome assessment (detection bias) All outcomes	Low risk	Blinded reviewers
Incomplete outcome data (attrition bias) All outcomes	Unclear risk	1 year Gp A 70/80, Gp B 67/79
Selective reporting (reporting bias)	Low risk	Reports main review outcomes
Other bias	Low risk	No financial COI; grant funding National Institute of Child and Human Health

### Svabik 2014

Methods	Single-centre RCT Computer randomisation on patient hospitalisation numbers Allocation concealment: not stated Women unblinded Postop unblinded due to surgeries Sample size 30 in each group allowed 80% power to detect a 45% difference with an alpha error of 5% ITT analysis: not stated
Participants	Inclusion criteria: symptomatic posthysterectomy patients with at least 2-compartment prolapse (with affected apical/vault compartment, stage 2 or higher (POPQ)), requesting pelvic floor reconstructive surgery, and diagnosed with a complete unilateral or bilateral

### Svabik 2014 (Continued)

	avulsion injury Exclusion criteria: nil further stated Assessment pre- and postoperative POPQ examination, 4D ultrasonography with acquisition of volume data sets at rest, during pelvic floor muscle contraction, and on maximum Valsalva manoeuvre, PISQ-12, POPDI, UDI, CRADI 142 reviewed and 72 excluded (70 no avulsion, 2 refused) Sacrospinous fixation: 34, 1 year 31 Mesh: 36, 1 year 36
Interventions	Native tissue sacrospinous fixation: all cases: anterior repair with 2.0 polyglactin (Vicryl Plus) (Ethicon), posterior high levatorplasty Vicryl Plus 1: 2x Nurolon 1.0 (Ethicon) permanent R sacrospinous ligament Mesh: Prolift total (Ethicon): 3 arms each side with mesh secured to apex with Vicryl Plus 2.0 and to introitus posteriorly Primary outcome: failure defined: Ba, C, or Bp at hymen or below Uterosacral suspension definition ≥ 10 mm descent of the bladder below the lower margin of the symphysis pubis on maximum Valsalva
Outcomes	Assessed at 3 months and at 1 year  Reports the following review outcomes at 1 year:  Recurrent prolapse: (POPQ > grade 2)  Mesh exposure  Surgery for mesh exposure  POPQ assessment of prolapse: pt Ba, C, Bp, total vaginal length  Bladder function: de novo stress incontinence  Sexual function: PISQ-12 end score  Quality of life (including UDI, POPDI, and CRADI questionnaires): mean and SDs
Notes	

# Risk of bias

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Unclear risk	Computer randomisation based on hospital number?
Allocation concealment (selection bias)	Unclear risk	Not stated
Blinding of participants and personnel (performance bias) All outcomes	High risk	No, cannot be blinded
Blinding of outcome assessment (detection bias) All outcomes	High risk	No, cannot blind

### Svabik 2014 (Continued)

Incomplete outcome data (attrition bias) All outcomes	Low risk	1 year 31/34 sacrospinous fixation, mesh 36/36
Selective reporting (reporting bias)	Low risk	Reports main review outcomes
Other bias	Low risk	Funded by Czech Ministry of health and Charles University in Prague; 1 author fi- nancial COI

#### Tamanini 2014

Tamanini 2014	
Methods	Single-unit raffle randomisation prior to surgery No allocation concealment described Surgeons and women unblinded Unclear who performed assessments (blinded?) 2 surgeons performed 2 surgeries with mesh kit prior to surgery Sample size: 100 women to 80% power to detect 26% difference between the groups with alpha error of 5% with 20% loss to follow-up at 2 years
Participants	122 reviewed, 100 randomised AC 55, 1 year 54, 2 years 50 Mesh 45, 1 year 43, 2 years 42 Inclusion criteria: 45 years old or older, with AVWP ≥ 2 (POPQ stage) without previous surgical correction or with previous surgical treatment of AVWP without the use of polypropylene mesh were selected Exclusion criteria: women who were previously treated (due to AVWP or SUI) using polypropylene mesh, who were receiving oncological treatment, with altered Papanicolaou smear exam or with uterine bleeding, with genital or acute urinary infection, women who didn't commit to ambulatory follow-up or who refused the written informed consent All preop Urodynamics
Interventions	Spinal anaesthesia with antibiotics Nazca TC kit (Promedon, Córdoba, Argentina) monofilament macroporous 4 arms (1 prepubic and 1 transobturator each side) concomitant surgery as required: hysterectomy, apical or posterior repair AC group 2.0 polyglactin (Vicryl) fascial plication mid-urethral sling if SUI on preop Urodynamics (14/55)
Outcomes	Assessed at 1 year and 2 years Reports the following review outcomes at 2 years:  Repeat prolapse surgery (no events)  Recurrent prolapse: anterior vaginal wall (POPQ Ba stage 2 or more)  Mesh exposure  Surgery for mesh exposure  Objective failure of anterior compartment (POPQ Ba stage 2 or more)  POPQ assessment of prolapse: pt Ba

### Tamanini 2014 (Continued)

Notes			
Risk of bias	Risk of bias		
Bias	Authors' judgement	Support for judgement	
Random sequence generation (selection bias)	Unclear risk	Raffle randomisation 55 in AC and 45 in mesh	
Allocation concealment (selection bias)	High risk	No allocation concealment	
Blinding of participants and personnel (performance bias) All outcomes	High risk	Unblinded	
Blinding of outcome assessment (detection bias) All outcomes	High risk	Unblinded	
Incomplete outcome data (attrition bias) All outcomes	High risk	AC group 55 and 42 completed 2 years (42/55) Mesh group 45 and 42 completed 2 years (42/45)	
Selective reporting (reporting bias)	Low risk	Reports main review outcomes	
Other bias	Low risk	No COI reported	

# **Thijs 2010**

Methods	Multi-centre and multi-national RCT Randomisation and allocation concealment: N/S 90% power to detect 20% difference UDI prolapse domain at 1 year with 5% type 1 error with 38 in each group
Participants	Gp A (48): AC Gp B (48): Perigee transobturator polypropylene mesh Gp A: 35 AC only, 5 SSF, 5 hysterectomy, 6 mid-urethral sling Gp B: 34 Perigee only, 4 SSF, 8 hysterectomy, 1 mid-urethral sling
Interventions	Inclusion criteria: stage 2 or more cystocele Excluded if anterior was not the leading prolapse Concomitant surgery allowed Stage 2 or more uterine prolapse hysterectomy or SSF SUI mid-urethral sling

# Thijs 2010 (Continued)

Outcomes	Assessed at 6 months and 1 year  Reports the following review outcomes at 1 year:  • Repeat continence surgery  • Mesh erosion  • Surgery for mesh erosion  • POPQ assessment of prolapse: pts Ba, C, Bp (reports median and variance)  • Quality of life (UDI)
Notes	

### Risk of bias

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Unclear risk	Not stated
Allocation concealment (selection bias)	Unclear risk	Not stated
Blinding of participants and personnel (performance bias) All outcomes	Unclear risk	Not stated
Blinding of outcome assessment (detection bias) All outcomes	Unclear risk	Not stated
Incomplete outcome data (attrition bias) All outcomes	High risk	No clear numbers supplied in abstract
Selective reporting (reporting bias)	Low risk	Reports 1 of our primary review outcomes
Other bias	Unclear risk	No statement about funding

# Turgal 2013

Methods	Parallel-group RCT
Participants	Inclusion: grade 2 or 3 cystocele Exclusion: urinary incontinence, previous gynaecological operation, concomitant recto- cele or enterocele, recurrent cystocele
Interventions	Polypropylene mesh surgery (20 women) vs AC (20 women)
Outcomes	Assessed at 6 weeks, 6 months, 1 year Reports the following review outcomes at 1 year:  • Awareness of prolapse (bulging) 5/20 vs 1/20  • Repeat prolapse (> stage 1 on examination) 1/20 vs 5/20

# Turgal 2013 (Continued)

	<ul> <li>Mesh erosion n = 3</li> <li>Surgery for mesh erosion n = 3</li> <li>Operating time 44</li> <li>5 21</li> <li>2</li> <li>De novo urinary incontinence 0/20 vs 2/20</li> <li>Days in hospital: reports means but no SDs</li> </ul>
Notes	

# Risk of bias

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Low risk	"Allocated by computer programme"
Allocation concealment (selection bias)	Unclear risk	Method not described
Blinding of participants and personnel (performance bias) All outcomes	Unclear risk	Blinding not mentioned
Blinding of outcome assessment (detection bias) All outcomes	Unclear risk	Blinding not mentioned
Incomplete outcome data (attrition bias) All outcomes	Unclear risk	All 40/40 randomised women were included in analysis
Selective reporting (reporting bias)	Low risk	Reports main review outcomes
Other bias	Low risk	Reports "no conflict of interest". No other potential bias identified

# Vollebregt 2011

Methods	Multi-centre RCT Randomisation was computerised, and stratification was performed for the presence of uterine descent ≥ 2. No blinding of group assignment was performed Allocation concealment: N/S Power 80 to detect 25% difference in groups with 5% type 1 error from sample size of 50 in each group
Participants	Inclusion criteria: ≥ stage 2 cystocele Exclusion criteria: history of urogynaecological surgery for pelvic organ prolapse or incontinence, cancer or COPD, concomitant urinary stress incontinence with an indication for surgical correction, recurrent lower urinary tract infections (> 3 culture proven infections/year), maximum bladder capacity < 300 ml, an indication for hysterectomy,

### Vollebregt 2011 (Continued)

	and women with childbearing potential and inadequate birth control measures Randomised: A 64, B 61 Withdrawals prior to surgery: A 2, B 2 12 months: A 51, B 53
Interventions	Gp A: AC Gp B: trocar-guided transobturator synthetic mesh (Avaulta)
Outcomes	Assessed at 6 months and 1 year  Reports the following review outcomes at 1 year:  • Awareness of prolapse (feeling a vaginal bulge): 9% in each group  • Repeat surgery for prolapse  • Recurrent prolapse (cystocele grade 2 or more)  • Mesh exposure  • Surgery for mesh exposure  • Sexual function: de novo dyspareunia  • Quality of life: Incontinence Impact Questionnaire
Notes	

### Risk of bias

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Low risk	Computer generated
Allocation concealment (selection bias)	Low risk	Research nurse from online list
Blinding of participants and personnel (performance bias) All outcomes	High risk	No
Blinding of outcome assessment (detection bias) All outcomes	Low risk	Reviewers blinded by strapping thighs prior to review
Incomplete outcome data (attrition bias) All outcomes	Low risk	1 year AC 55/56, mesh 55/58
Selective reporting (reporting bias)	Low risk	Reports main review outcomes
Other bias	Low risk	No funding and no COI

### Weber 2001

Methods	RCT (computer-generated random number tables. Sealed envelopes concealed assignment) comparing 3 surgical techniques 3 arms, 1 centre Length of follow-up: A + B + C, 23.3 months
Participants	83 women Inclusion: all women undergoing cystocele repair Exclusion: continence surgery, i.e. colposuspension or sling 114 randomised 5 withdrawals 26 lost to follow-up (A 2: B 15: C 9), leaving 83 in trial
Interventions	Gp A (33): anterior repair: midline plication without tension 0 PDS Gp B (24): ultra-lateral: dissection to pubic rami laterally, plication paravaginal with tension 0 PDS interrupted Gp C (26): anterior repair plus mesh: standard plication midline polyglactin (Vicryl) mesh overlay, Vicryl sutures Number and level of surgeons unknown
Outcomes	Assessed at 6 months, 1 year, and 2 years Reports the following review outcomes at median follow-up 23 months (range 4.5 to 44.4 months)  • Awareness of prolapse (reports symptom severity on visual analogue scale but no comparative data)  • Recurrent prolapse (grade 2 or more prolapse at pts Aa or Ba or worse than preoperative staging)  • Death  • Mesh erosion
Notes	

# Risk of bias

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Low risk	Computer generated
Allocation concealment (selection bias)	Low risk	Adequate
Blinding of participants and personnel (performance bias) All outcomes	Unclear risk	Not stated
Blinding of outcome assessment (detection bias) All outcomes	Unclear risk	Not stated

### Weber 2001 (Continued)

Incomplete outcome data (attrition bias) All outcomes	High risk	83/114 randomised women included in analysis (73%)
Selective reporting (reporting bias)	Unclear risk	Main review outcomes reported, but no comparative data for most outcomes
Other bias	Unclear risk	No statement about funding. Significant disparity between total numbers in Table 1 and actual numbers with prolapse reported

# Withagen 2011

Withagen 2011	
Methods	Multi-centre RCT 13 centres; 22 surgeons Randomisation list computer generated for each centre. Allocation concealment not discussed and woman, surgeon, and assessor (surgeons) not blinded Surgeons underwent specific Prolift mesh training Full power calculation completed
Participants	Randomised: Gp A 99, Gp B 95 1-year examination: A 84, B 83 Inclusion criteria: recurrent stage 2 or higher anterior or posterior wall prolapse, or both Exclusion criteria: pregnancy, future pregnancy, prior vaginal mesh repair, a compromised immune system or any other condition that would compromise healing, previous pelvic irradiation or cancer, blood coagulation disorders, renal failure, upper urinary tract obstruction, renal failure and upper urinary tract obstruction, or presence of large ovarian cysts or myomas
Interventions	Gp A: conventional surgery was performed at the discretion of the surgeon, although absorbable sutures were specified and hysterectomies permitted Gp B: standardised and structured in the tension-free vaginal mesh: performed as described by Fatton (Fatton 2007), and no hysterectomies were performed or T incisions allowed
Outcomes	Assessed at 6 months and 1 year Reports the following review outcomes at 1 year:  Repeat prolapse surgery Repeat surgery for prolapse, SUI, or mesh exposure Mesh exposure Bladder injury (perforation) Surgery for mesh exposure POPQ assessment of prolapse: pts Ba, Bp, C (reports median and range) Bladder function: de novo SUI Sexual function: de novo dyspareunia; PISQ-12 (Milani 2011 reports mean and SD) Quality of life: PGI-I questionnaire: rate of "much or very much better" (and other questionnaires) Duration of surgery (reports median and range)

# Withagen 2011 (Continued)

Notes			
Risk of bias	Risk of bias		
Bias	Authors' judgement	Support for judgement	
Random sequence generation (selection bias)	Low risk	Computer generated	
Allocation concealment (selection bias)	High risk	Allocation concealment not described. Unfortunately, preoperatively group A is significantly different than group B, as demonstrated by having greater degree prolapse at Ap, Bp, and GH in Table 4; having significantly higher number with ≥ stage 2 apical compartment prolapse in those in Table I undergoing prior apical surgery, (36% (16/45) in group A versus 18% (10/56) in group B (P = 0.04, odds ratio 2.54) ); and finally prior sacral colpopexy was 3 times as frequent in group B. Only the final anomaly is acknowledged	
Blinding of participants and personnel (performance bias) All outcomes	High risk	Non-blinded	
Blinding of outcome assessment (detection bias) All outcomes	High risk	Non-blinded reviewers; participant-completed questionnaires	
Incomplete outcome data (attrition bias) All outcomes	Unclear risk	Gp A 84/99, Gp B 83/98	
Selective reporting (reporting bias)	High risk	Primary outcome definition inconsistent	
Other bias	High risk	Funded by university research fund; all authors reported financial support from	

AC = anterior colporrhaphy AVWP = anterior vaginal wall prolapse BW = Baden-Walker CI = confidence interval COI = conflict of interest CONSORT = Consolidated Standards of Reporting Trials

CRADI = Colorectal-Anal Distress Inventory

Ethicon, which manufactures product being evaluated by non-blinded reviewers

Hb = haemoglobin

ICS = International Continence Society

ITT = intention to treat

IVS = intravaginal slingplasty

N/S = not specified

PDS = absorbable polydioxanone surgical suture

PFDI = Pelvic Floor Distress Inventory

PFIQ = Pelvic Floor Impact Questionnaire

PGI-I = Patient Global Impression of Improvement

PISQ = Pelvic Organ Prolapse/Urinary Incontinence Sexual Questionnaire

POP = pelvic organ prolapse

POPDI = Pelvic Organ Prolapse Distress Inventory

POPIQ = Pelvic Organ Prolapse Impact Questionnaire

POPQ = Pelvic Organ Prolapse Quantification (according to ICS)

PQOL= Prolapse Quality of Life Questionnaire

QOL = quality of life

RCT = randomised controlled trial

SD = standard deviation

SSF = sacrospinous fixation

SUI = stress urinary incontinence (symptom diagnosis)

UDI = Urogenital Distress Inventory

### Characteristics of excluded studies [ordered by study ID]

Study	Reason for exclusion
Altman 2013	Not a RCT
Balci 2011	Not a RCT
Chao 2012	Assessment of impact of traction on uterine prolapse without any surgical intervention
Juneja 2010	Juneja and colleagues compared hysterectomy ( $n = 9$ ) versus no hysterectomy ( $n = 7$ ) for uterine prolapse in conjunction with posterior infracoccygeal colpopexy in a pilot randomised study. Due to a predefined decision that papers with fewer than 20 women in each treatment group would not be included in the review, the manuscript was excluded
Tincello 2009	Tincello et al report a pilot randomised patient preference study comparing colposuspension or tension-free vaginal tape for urinary incontinence at time of anterior repair for prolapse. 31 women were recruited, however only 4 (2 in each arm) were randomised. Due to a predefined decision that papers with fewer than 20 women in each treatment group would not be included in the review, the manuscript was excluded

RCT = randomised controlled trial

# Characteristics of ongoing studies [ordered by study ID]

### ACTRN12612000236897

Trial name or title	Puborectalis sling RCT - a study on reducing pelvic organ prolapse recurrences following prolapse surgery
Methods	Multi-centre RCT
Participants	Pelvic organ prolapse
Interventions	Vaginal repair and hysterectomy with and without mesh
Outcomes	Prolapse on uterosacral suspension
Starting date	2012
Contact information	https://www.anzctr.org.au/Trial/Registration/TrialReview.aspx?ACTRN=12612000236897
Notes	Ongoing?

### ISRCTN60695184

Trial name or title	PROSPECT (PROlapse Surgery: Pragmatic Evaluation and randomised Controlled Trials)
Methods	RCT
Participants	Women having prolapse surgery
Interventions	Anterior and posterior repair (colporrhaphy) with or without non-absorbable or biological mesh inlay, or mesh kit
Outcomes	Prolapse symptoms (POP-SS), prolapse stage (POPQ), economic outcomes
Starting date	01 09 2009
Contact information	c.glazener@abdn.ac.uk
Notes	Health Technology Assessment-funded study in UK ongoing

Trial name or title	Anterior defect correction with mesh plus treatment of stress incontinence with transobturator or transvaginal approach
Methods	RCT
Participants	Prolapse and SUI

### NCT00743535 (Continued)

Interventions	Anterior mesh repair tension-free vaginal tape compared to anterior mesh repair with transobturator tape
Outcomes	
Starting date	2008
Contact information	
Notes	Slow recruitment; study terminated

### NCT00955448

Trial name or title	Trial of small intestine submucosa (SIS) mesh for anterior repair						
Methods	RCT						
Participants	Anterior prolapse						
Interventions	Anterior repair versus SIS biograft (Cook)						
Outcomes							
Starting date	2009						
Contact information	https://clinicaltrials.gov/show/NCT00955448						
Notes	Study completed; unable to identify publication as yet						

Trial name or title	ATHENA					
Methods	RCT					
Participants	Women with occult urinary incontinence					
Interventions	POP + SUI surgery vs POP surgery alone					
Outcomes						
Starting date						
Contact information						
Notes						

### NCT01097200

Trial name or title	Sacrocolpopexy versus vaginal mesh procedure for pelvic prolapse (Elevate)					
Methods	RCT					
Participants	aginal prolapse					
Interventions	aparoscopic sacral colpopexy versus Elevate transvaginal mesh					
Outcomes						
Starting date	2010					
Starting date  Contact information	2010 http://ClinicalTrials.gov/show/NCT01097200					

### NCT01497171

Trial name or title	The ELEGANT Trial: Elevate Transvaginal Mesh vs Anterior Colporrhaphy						
Methods	RCT						
Participants	Anterior prolapse						
Interventions	Anterior repair versus Elevate (AMS) anterior mesh						
Outcomes							
Starting date	2011						
Contact information	http://ClinicalTrials.gov/show/NCT01497171						
Notes	Study ended due to funding termination						

Trial name or title	Laparoscopic to vaginal surgery for uterine prolapse					
Methods	RCT					
Participants	Uterine prolapse					
Interventions	Laparoscopic supracervical hysterectomy and sacral colpopexy versus vaginal hysterectomy and uterosacral colpopexy					
Outcomes						

### NCT01594372 (Continued)

Starting date	2012
Contact information	
Notes	Terminated as unable to offer laparoscopy

### NCT01637441

Trial name or title	Prosthetic Pelvic Organ Prolapse Repair (PROSPERE)					
Methods	RCT					
Participants	Cystocele					
Interventions	ap sacral colpopexy versus vaginal mesh procedure (unspecified)					
Outcomes						
Starting date	2012					
Contact information	https://clinicaltrials.gov/show/NCT01637441					
Notes	Study active but not recruiting?					

Trial name or title	Laparoscopic sacral colpopexy versus modified total pelvic floor reconstructive surgery for apical prol stage III-IV						
Methods	RCT						
Participants	Uterine and vault prolapse						
Interventions	Lap sacrocolpopexy versus vaginal mesh repair with Gynemesh						
Outcomes							
Starting date	2012						
Contact information	ion https://clinicaltrials.gov/show/NCT01762384						
Notes	Ongoing recruiting						

### NCT01802281

Trial name or title	Study of Uterine Prolapse Procedures - Randomised Trial (SUPeR)						
Methods	СТ						
Participants	Jterine prolapse						
Interventions	esh hysteropexy (Uphold LITE) versus vaginal hysterectomy uterosacral suspension						
Outcomes							
Starting date	2013						
Contact information	https://clinicaltrials.gov/show/NCT01802281						
Notes	Ongoing						

# NTR1197

Trial name or title	CUPIDO 1 and CUPIDO 2					
Methods	RCT					
Participants	Women with SUI (CUPIDO 1) and women with occult SUI (CUPIDO 2)					
Interventions	POP + SUI surgery vs POP surgery alone					
Outcomes						
Starting date						
Contact information						
Notes	Ongoing					

IIQ = Incontinence Impact Questionnaire

POP = pelvic organ prolapse

POPQ = Pelvic Organ Prolapse Quantification

POP-SS = Prolapse Symptom Score

RCT = randomised controlled trial

SUI = stress urinary incontinence (symptom diagnosis)

### DATA AND ANALYSES

Comparison 1. Any transvaginal permanent mesh versus native tissue repair

Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
1 Awareness of prolapse (1-3 years)	12	1614	Risk Ratio (M-H, Fixed, 95% CI)	0.66 [0.54, 0.81]
1.1 Anterior compartment:mesh vs native	9	1172	Risk Ratio (M-H, Fixed, 95% CI)	0.65 [0.51, 0.84]
tissue				
1.2 Multicompartment: mesh vs native tissue	4	442	Risk Ratio (M-H, Fixed, 95% CI)	0.67 [0.46, 0.97]
2 Repeat surgery (1-3 years)	14		Risk Ratio (M-H, Fixed, 95% CI)	Subtotals only
2.1 Prolapse	12	1675	Risk Ratio (M-H, Fixed, 95% CI)	0.53 [0.31, 0.88]
2.2 Continence surgery	9	1284	Risk Ratio (M-H, Fixed, 95% CI)	1.07 [0.62, 1.83]
2.3 Surgery for prolapse, SUI or mesh exposure	7	867	Risk Ratio (M-H, Fixed, 95% CI)	2.40 [1.51, 3.81]
3 Recurrent prolapse (any) at 1-3 years	21	2494	Risk Ratio (M-H, Random, 95% CI)	0.40 [0.30, 0.53]
3.1 Anterior compartment repair: mesh versus native tissue	15	1748	Risk Ratio (M-H, Random, 95% CI)	0.33 [0.26, 0.40]
3.2 Multi-compartment repair: mesh versus native tissue	6	746	Risk Ratio (M-H, Random, 95% CI)	0.59 [0.40, 0.87]
4 Injuries bladder or bowel	11		Risk Ratio (M-H, Fixed, 95% CI)	Subtotals only
4.1 Bladder injury	11	1514	Risk Ratio (M-H, Fixed, 95% CI)	3.92 [1.62, 9.50]
4.2 Bowel injury	1	169	Risk Ratio (M-H, Fixed, 95% CI)	3.26 [0.13, 78.81]
5 Objective failure of anterior compartment (cystocoele)	13	1406	Risk Ratio (M-H, Fixed, 95% CI)	0.45 [0.36, 0.55]
5.1 Anterior compartment repair: mesh versus native tissue	9	1004	Risk Ratio (M-H, Fixed, 95% CI)	0.36 [0.28, 0.47]
5.2 Multi-compartment repair: mesh versus native tissue	4	402	Risk Ratio (M-H, Fixed, 95% CI)	0.73 [0.51, 1.06]
6 Objective failure of posterior compartment (rectocoele)	3	226	Risk Ratio (M-H, Fixed, 95% CI)	0.64 [0.29, 1.42]
6.1 Mesh vs native tissue	3	226	Risk Ratio (M-H, Fixed, 95% CI)	0.64 [0.29, 1.42]
7 POPQ assessment (any mesh)	10		Mean Difference (IV, Random, 95% CI)	Subtotals only
7.1 Point Ba POPQ	10	1125	Mean Difference (IV, Random, 95% CI)	-0.93 [-1.27, -0.59]
7.2 Point C POPQ	8	925	Mean Difference (IV, Random, 95% CI)	-0.45 [-1.13, 0.23]
7.3 Point Bp	7	832	Mean Difference (IV, Random, 95% CI)	0.05 [-0.34, 0.44]
7.4 total vaginal length	5	611	Mean Difference (IV, Random, 95% CI)	0.07 [-0.25, 0.40]
8 Bladder function: de novo stress urinary incontinence (1-3 years)	12	1512	Risk Ratio (M-H, Fixed, 95% CI)	1.39 [1.06, 1.82]
8.1 Anterior compartment: mesh vs native tissue	8	1205	Risk Ratio (M-H, Fixed, 95% CI)	1.45 [1.00, 2.11]
8.2 Multi compartment : mesh vs native tissue	4	307	Risk Ratio (M-H, Fixed, 95% CI)	1.31 [0.90, 1.92]

9 De novo voiding disorder, urgency, detrusor overactivity or overactive bladder	3	236	Risk Ratio (M-H, Fixed, 95% CI)	0.75 [0.35, 1.63]
10 De novo dyspareunia (1-3 years)	11	764	Risk Ratio (M-H, Fixed, 95% CI)	0.92 [0.58, 1.47]
10.1 Anterior compartment: mesh vs native tissue	8	643	Risk Ratio (M-H, Fixed, 95% CI)	1.08 [0.60, 1.93]
10.2 Multicompartment: mesh vs native tissue	3	121	Risk Ratio (M-H, Fixed, 95% CI)	0.65 [0.29, 1.42]
11 Sexual function (1-3 years)	7		Mean Difference (IV, Fixed, 95% CI)	Subtotals only
11.1 PISQ score	7	857	Mean Difference (IV, Fixed, 95% CI)	-0.13 [-0.40, 0.13]
12 Quality of life: continuous data (1-2 years):	7	665	Std. Mean Difference (IV, Random, 95% CI)	0.05 [-0.20, 0.30]
12.1 PQOL end score	3	331	Std. Mean Difference (IV, Random, 95% CI)	0.09 [-0.31, 0.49]
12.2 Pelvic floor impact questionnaire end score	4	334	Std. Mean Difference (IV, Random, 95% CI)	0.02 [-0.34, 0.37]
13 Quality of life: dichotomous data "much or very much better"	1	168	Risk Ratio (M-H, Fixed, 95% CI)	1.0 [0.80, 1.25]
13.1 PGI-I	1	168	Risk Ratio (M-H, Fixed, 95% CI)	1.0 [0.80, 1.25]
14 Operating time (minutes)	13		Mean Difference (IV, Random, 95% CI)	Totals not selected
14.1 Anterior compartment: mesh vs native tissue	10		Mean Difference (IV, Random, 95% CI)	0.0 [0.0, 0.0]
14.2 Multicompartment: mesh vs native tissue	3		Mean Difference (IV, Random, 95% CI)	0.0 [0.0, 0.0]
15 Blood transfusion	6	723	Risk Ratio (M-H, Fixed, 95% CI)	1.55 [0.88, 2.72]
16 Length of stay in hospital (days)	7	953	Mean Difference (IV, Random, 95% CI)	-0.06 [-0.30, 0.18]

### Comparison 2. Absorbable mesh versus native tissue repair

Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
1 Awareness of prolapse (2 year review)	1	54	Risk Ratio (M-H, Fixed, 95% CI)	1.05 [0.77, 1.44]
2 Repeat surgery for prolapse (2 years)	1	66	Risk Ratio (M-H, Fixed, 95% CI)	0.47 [0.09, 2.40]
3 Recurrent prolapse (3 months -2 years)	3	292	Risk Ratio (M-H, Fixed, 95% CI)	0.71 [0.52, 0.96]
3.1 Any site stage 2 or more	1	66	Risk Ratio (M-H, Fixed, 95% CI)	0.53 [0.10, 2.70]
3.2 Anterior compartment	2	226	Risk Ratio (M-H, Fixed, 95% CI)	0.72 [0.53, 0.98]
4 Death	2	175	Risk Ratio (M-H, Fixed, 95% CI)	0.0 [0.0, 0.0]
4.1 absorbable mesh versus native tissue repair	2	175	Risk Ratio (M-H, Fixed, 95% CI)	0.0 [0.0, 0.0]
5 Objective failure of anterior compartment (cystocoele)	2	226	Risk Ratio (M-H, Fixed, 95% CI)	0.72 [0.53, 0.98]
5.1 Anterior compartment repair: absorbable mesh versus native tissue	1	83	Risk Ratio (M-H, Fixed, 95% CI)	0.91 [0.62, 1.34]

5.2 Multi-compartment repair: absorbable mesh versus native tissue	1	143	Risk Ratio (M-H, Fixed, 95% CI)	0.58 [0.35, 0.93]
6 Objective failure of posterior compartment (rectocoele)	1	132	Risk Ratio (M-H, Fixed, 95% CI)	1.13 [0.40, 3.19]
6.1 Multi-compartment repair: absorbable mesh versus native tissue	1	132	Risk Ratio (M-H, Fixed, 95% CI)	1.13 [0.40, 3.19]
7 Stress urinary incontinence	1		Risk Ratio (M-H, Fixed, 95% CI)	Subtotals only
7.1 Postoperative SUI	1	49	Risk Ratio (M-H, Fixed, 95% CI)	1.38 [0.95, 2.00]
8 Quality of life (2 years)	1	54	Mean Difference (IV, Fixed, 95% CI)	0.0 [-2.82, 2.82]
8.1 VAS QoL	1	54	Mean Difference (IV, Fixed, 95% CI)	0.0 [-2.82, 2.82]

Comparison 3. Biological repair versus native tissue repair

Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
1 Awareness of prolapse (1-3 year)	7	777	Risk Ratio (M-H, Fixed, 95% CI)	0.97 [0.65, 1.43]
1.1 Anterior compartment repair: biological graft vs native tissue	4	429	Risk Ratio (M-H, Fixed, 95% CI)	0.75 [0.45, 1.23]
1.2 Multicompartment repair: biological graft vs native tissue	1	126	Risk Ratio (M-H, Fixed, 95% CI)	4.55 [1.04, 19.92]
1.3 Posterior compartment repair: biological graft vs native tissue	2	222	Risk Ratio (M-H, Fixed, 95% CI)	0.90 [0.41, 1.94]
2 Repeat prolapse surgery (1-2 years)	5	306	Risk Ratio (M-H, Fixed, 95% CI)	1.22 [0.61, 2.44]
3 Recurrent prolapse (1 year)	7	587	Risk Ratio (M-H, Random, 95% CI)	0.94 [0.60, 1.47]
3.1 Anterior compartment repair: biological graft vs native tissue	5	369	Risk Ratio (M-H, Random, 95% CI)	0.75 [0.54, 1.05]
3.2 Posterior compartment repair: biological graft vs native tissue	2	218	Risk Ratio (M-H, Random, 95% CI)	2.09 [1.18, 3.70]
4 Injuries to bladder or bowel	1		Risk Ratio (M-H, Fixed, 95% CI)	Subtotals only
4.1 bladder injury	1	137	Risk Ratio (M-H, Fixed, 95% CI)	0.35 [0.01, 8.40]
4.2 bowel injury	1	137	Risk Ratio (M-H, Fixed, 95% CI)	3.13 [0.13, 75.57]
5 Objective failure of anterior compartment (cystocele)	6	570	Risk Ratio (M-H, Random, 95% CI)	0.66 [0.46, 0.96]
6 Objective failure of posterior compartment (rectocele)	3	283	Risk Ratio (M-H, Random, 95% CI)	1.16 [0.39, 3.51]
7 POPQ assessment	1		Mean Difference (IV, Fixed, 95% CI)	Subtotals only
7.1 Ba POPQ	1	56	Mean Difference (IV, Fixed, 95% CI)	-0.5 [-0.98, -0.02]
7.2 Point C	1	56	Mean Difference (IV, Fixed, 95% CI)	-0.60 [-1.28, 0.08]
7.3 Bp POPQ	1	56	Mean Difference (IV, Fixed, 95% CI)	0.10 [-0.27, 0.47]
7.4 total vaginal length	1	56	Mean Difference (IV, Fixed, 95% CI)	0.60 [0.06, 1.14]

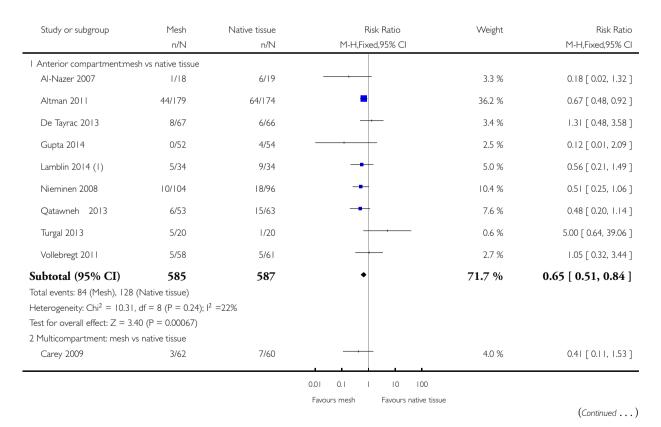
8 De novo urinary stress incontinence	1	56	Risk Ratio (M-H, Fixed, 95% CI)	0.0 [0.0, 0.0]
9 De novo voiding disorders, urgency, detrusor overactivity or overactive bladder	2	93	Risk Ratio (M-H, Fixed, 95% CI)	0.81 [0.29, 2.26]
10 De novo dyspareunia (1 year)	1	37	Risk Ratio (M-H, Fixed, 95% CI)	0.85 [0.20, 3.67]
11 Sexual function (1 year)	1	35	Mean Difference (IV, Fixed, 95% CI)	1.0 [-2.33, 4.33]
11.1 PISQ	1	35	Mean Difference (IV, Fixed, 95% CI)	1.0 [-2.33, 4.33]
12 Quality of life (1 year)	2	84	Std. Mean Difference (IV, Fixed, 95% CI)	-0.05 [-0.48, 0.38]
12.1 PQOL score	1	56	Std. Mean Difference (IV, Fixed, 95% CI)	0.10 [-0.42, 0.63]
12.2 PFDI-20	1	28	Std. Mean Difference (IV, Fixed, 95% CI)	-0.36 [-1.11, 0.39]
13 Operating time (minutes)	4	232	Mean Difference (IV, Fixed, 95% CI)	10.34 [6.31, 14.36]
14 Blood transfusion	1	100	Risk Ratio (M-H, Fixed, 95% CI)	2.13 [0.14, 32.90]

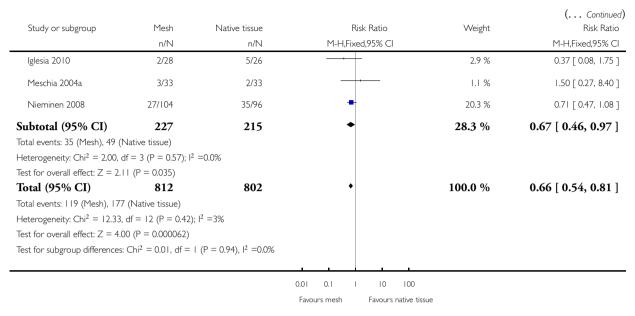
Analysis I.I. Comparison I Any transvaginal permanent mesh versus native tissue repair, Outcome I

Awareness of prolapse (I-3 years).

Comparison: I Any transvaginal permanent mesh versus native tissue repair

Outcome: I Awareness of prolapse (I-3 years)





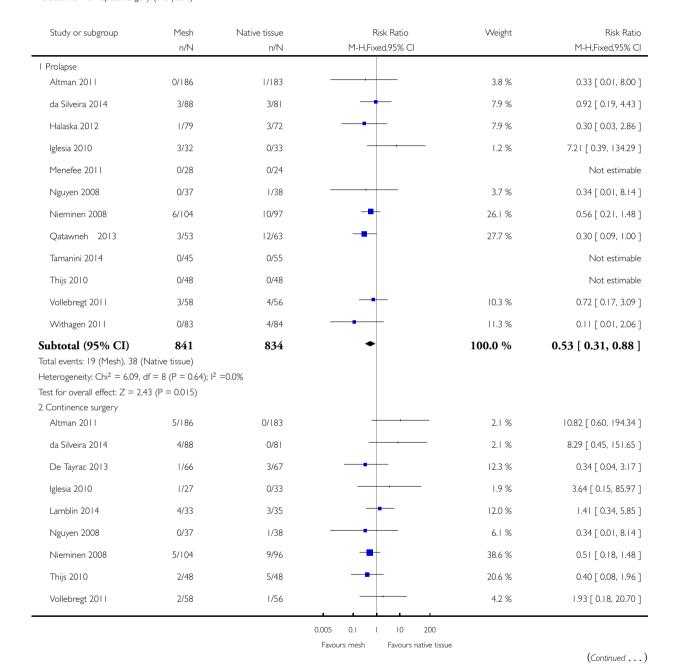
<sup>(1)</sup> More women underwent hysterectomy (77%) in colposuspension gpthan in mesh gp (33%) P<0.001

Analysis 1.2. Comparison I Any transvaginal permanent mesh versus native tissue repair, Outcome 2

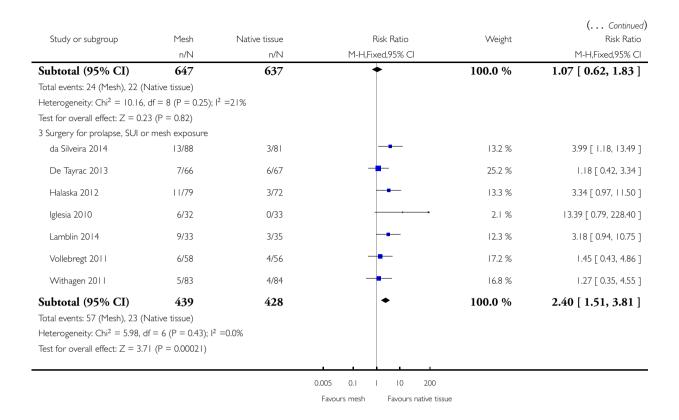
Repeat surgery (1-3 years).

Comparison: I Any transvaginal permanent mesh versus native tissue repair

Outcome: 2 Repeat surgery (1-3 years)



Transvaginal mesh or grafts compared with native tissue repair for vaginal prolapse (Review) Copyright © 2016 The Cochrane Collaboration. Published by John Wiley & Sons, Ltd.

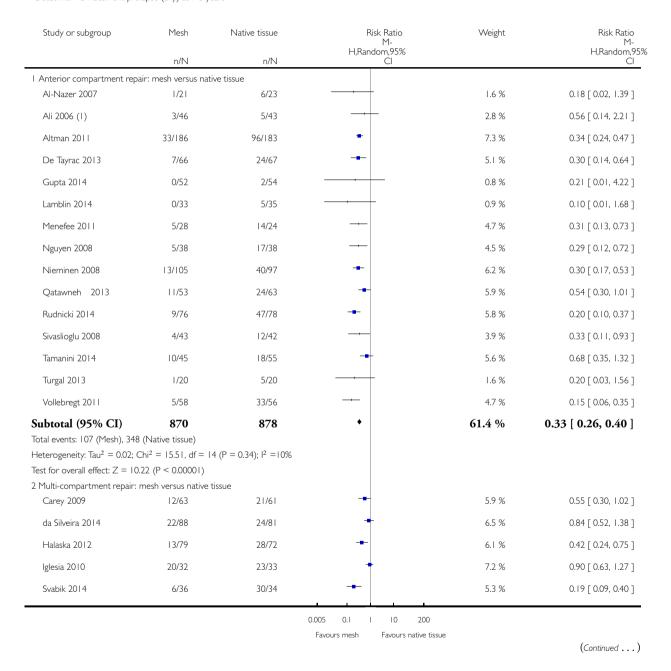


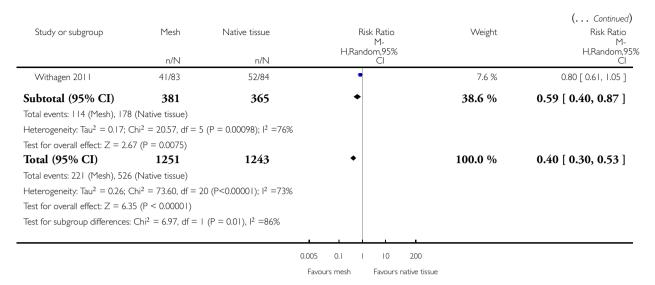
Analysis I.3. Comparison I Any transvaginal permanent mesh versus native tissue repair, Outcome 3

Recurrent prolapse (any) at I-3 years.

Comparison: I Any transvaginal permanent mesh versus native tissue repair

Outcome: 3 Recurrent prolapse (any) at 1-3 years



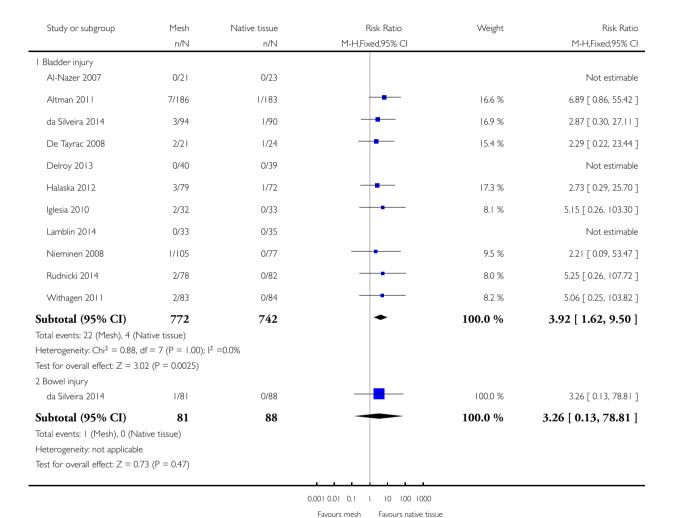


(I) Only 6 months follow-up

Analysis I.4. Comparison I Any transvaginal permanent mesh versus native tissue repair, Outcome 4 Injuries bladder or bowel.

Comparison: I Any transvaginal permanent mesh versus native tissue repair

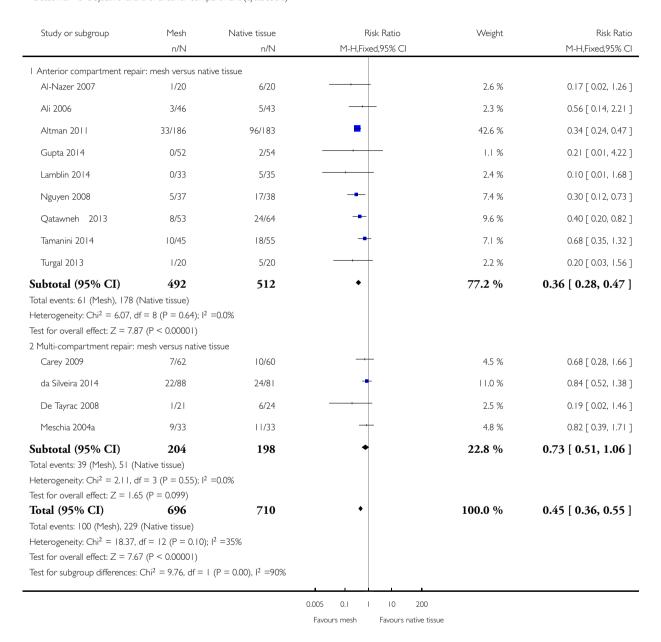
Outcome: 4 Injuries bladder or bowel



Analysis 1.5. Comparison I Any transvaginal permanent mesh versus native tissue repair, Outcome 5 Objective failure of anterior compartment (cystocoele).

Comparison: I Any transvaginal permanent mesh versus native tissue repair

Outcome: 5 Objective failure of anterior compartment (cystocoele)

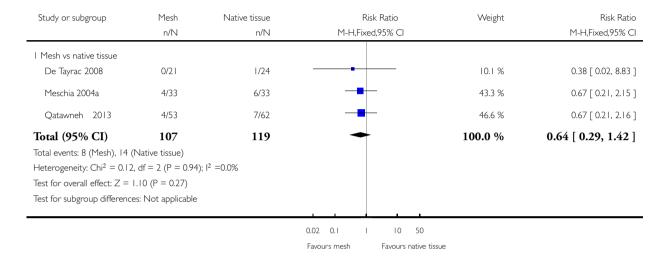


# Analysis I.6. Comparison I Any transvaginal permanent mesh versus native tissue repair, Outcome 6 Objective failure of posterior compartment (rectocoele).

Review: Transvaginal mesh or grafts compared with native tissue repair for vaginal prolapse

Comparison: I Any transvaginal permanent mesh versus native tissue repair

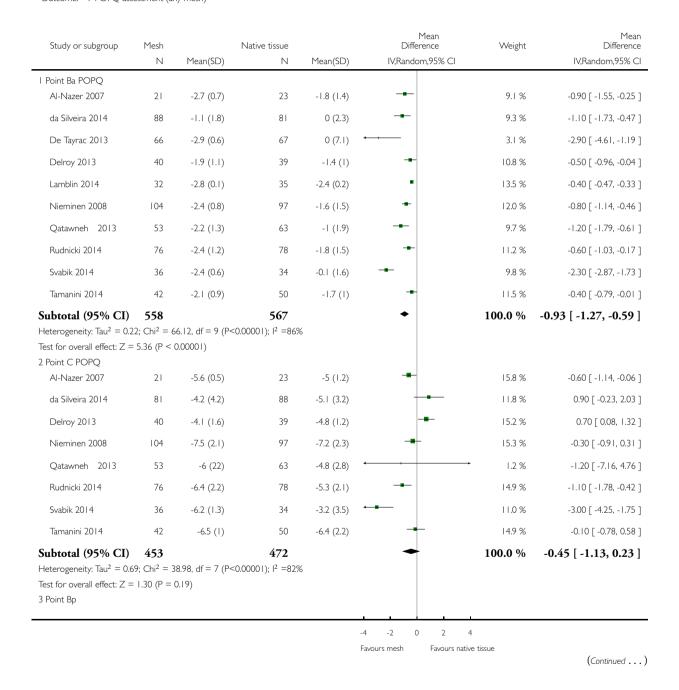
Outcome: 6 Objective failure of posterior compartment (rectocoele)

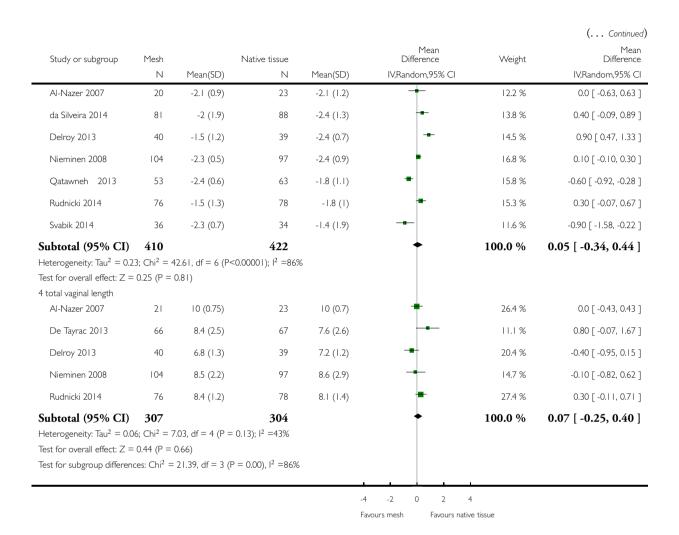


Analysis 1.7. Comparison I Any transvaginal permanent mesh versus native tissue repair, Outcome 7 POPQ assessment (any mesh).

Comparison: I Any transvaginal permanent mesh versus native tissue repair

Outcome: 7 POPQ assessment (any mesh)



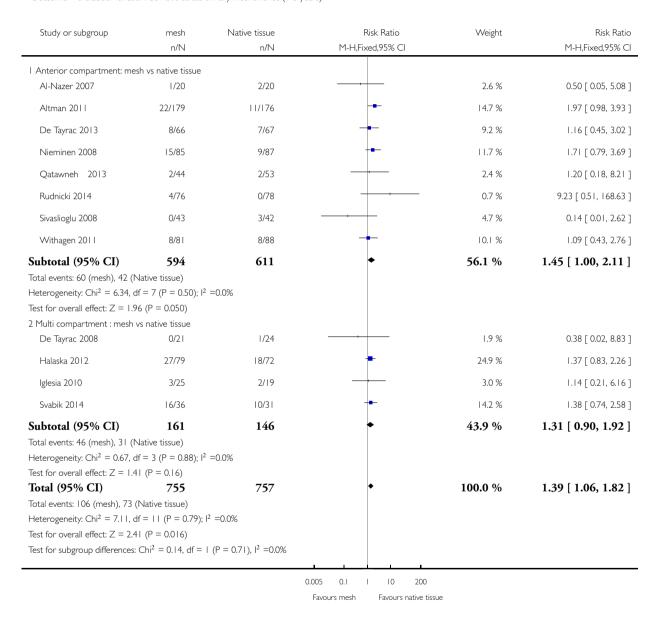


Analysis I.8. Comparison I Any transvaginal permanent mesh versus native tissue repair, Outcome 8

Bladder function: de novo stress urinary incontinence (I-3 years).

Comparison: I Any transvaginal permanent mesh versus native tissue repair

Outcome: 8 Bladder function: de novo stress urinary incontinence (1-3 years)

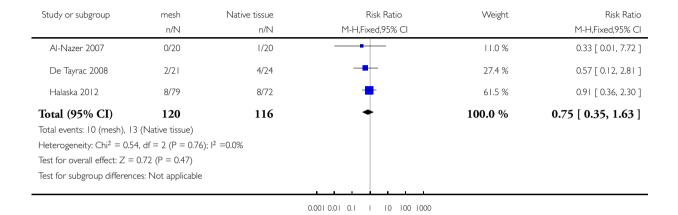


# Analysis 1.9. Comparison I Any transvaginal permanent mesh versus native tissue repair, Outcome 9 De novo voiding disorder, urgency, detrusor overactivity or overactive bladder.

Review: Transvaginal mesh or grafts compared with native tissue repair for vaginal prolapse

Comparison: I Any transvaginal permanent mesh versus native tissue repair

Outcome: 9 De novo voiding disorder, urgency, detrusor overactivity or overactive bladder



Favours mesh

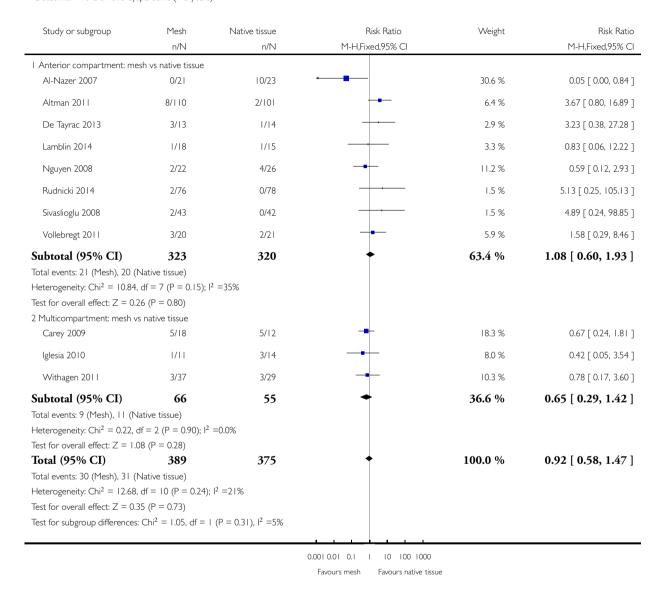
Favours native tissue

# Analysis 1.10. Comparison I Any transvaginal permanent mesh versus native tissue repair, Outcome 10 De novo dyspareunia (1-3 years).

Review: Transvaginal mesh or grafts compared with native tissue repair for vaginal prolapse

Comparison: I Any transvaginal permanent mesh versus native tissue repair

Outcome: 10 De novo dyspareunia (1-3 years)

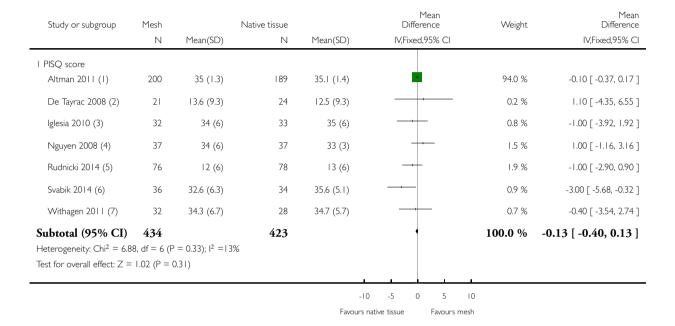


# Analysis I.II. Comparison I Any transvaginal permanent mesh versus native tissue repair, Outcome II Sexual function (I-3 years).

Review: Transvaginal mesh or grafts compared with native tissue repair for vaginal prolapse

Comparison: I Any transvaginal permanent mesh versus native tissue repair

Outcome: II Sexual function (I-3 years)



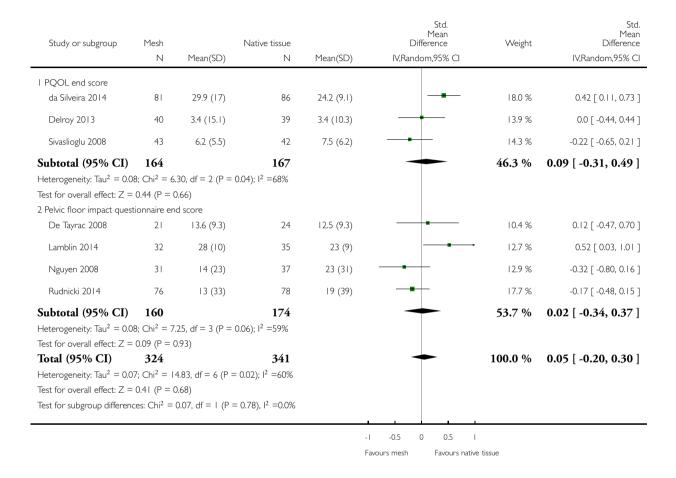
- (I) PISQ
- (2) PISQ
- (3) PISQ-12 Prolapse and Incontinence Sexual questionnaire
- (4) PISQ
- (5) PISQ
- (6) PISQ-12 Prolapse and Incontinence Sexual questionnaire
- (7) PISQ-12 Prolapse and Incontinence Sexual questionnaire

# Analysis 1.12. Comparison I Any transvaginal permanent mesh versus native tissue repair, Outcome 12 Quality of life: continuous data (1-2 years):.

Review: Transvaginal mesh or grafts compared with native tissue repair for vaginal prolapse

Comparison: I Any transvaginal permanent mesh versus native tissue repair

Outcome: 12 Quality of life: continuous data (1-2 years):

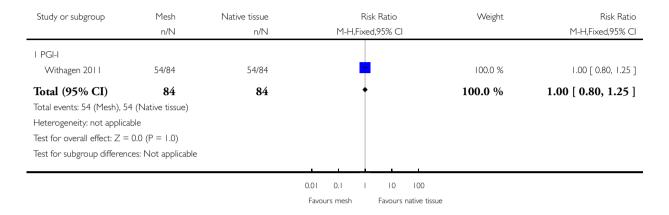


# Analysis 1.13. Comparison I Any transvaginal permanent mesh versus native tissue repair, Outcome 13 Quality of life: dichotomous data "much or very much better".

Review: Transvaginal mesh or grafts compared with native tissue repair for vaginal prolapse

Comparison: I Any transvaginal permanent mesh versus native tissue repair

Outcome: 13 Quality of life: dichotomous data "much or very much better"



Analysis 1.14. Comparison I Any transvaginal permanent mesh versus native tissue repair, Outcome 14 Operating time (minutes).

Review: Transvaginal mesh or grafts compared with native tissue repair for vaginal prolapse

Comparison: I Any transvaginal permanent mesh versus native tissue repair

Outcome: 14 Operating time (minutes)

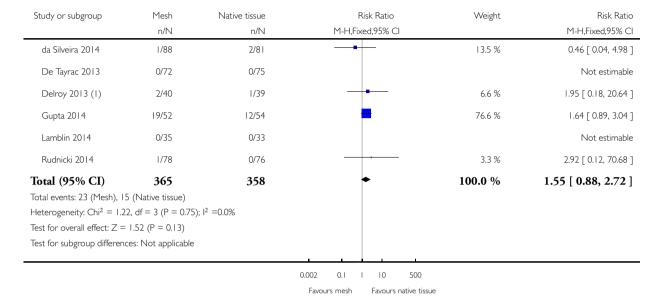
Study or subgroup	Mesh		Native tissue		Mean Difference	Mean Difference
	Ν	Mean(SD)	Ν	Mean(SD)	IV,Random,95% CI	IV,Random,95% CI
I Anterior compartmen	t: mesh vs nativ	ve tissue				
Al-Nazer 2007	21	75 (8)	23	76 (13)	+	-1.00 [ -7.32, 5.32 ]
Altman 2011	186	52.6 (16.5)	183	33.5 (10)	+	19.10 [ 16.32, 21.88 ]
De Tayrac 2013	75	106 (41)	72	101 (46)	+	5.00 [ -9.11, 19.11 ]
Delroy 2013	40	99 (36)	39	46 (28)	_	53.00 [ 38.80, 67.20 ]
Gupta 2014	52	48 (10)	54	24 (6)	+	24.00 [ 20.85, 27.15 ]
Lamblin 2014	32	70 (10)	35	75 (3.8)	+	-5.00 [ -8.69, -1.31 ]
Menefee 2011	28	170 (65)	24	150 (52)	-	20.00 [ -11.82, 51.82 ]
Qatawneh 2013	53	88 (19)	63	89 (26)	+	-1.00 [ -9.21, 7.21 ]
Rudnicki 2014	76	48 (24)	78	32 (18)	<del>-</del>	16.00 [ 9.29, 22.71 ]
Turgal 2013	20	44 (5)	20	21 (2)	+	23.00 [ 20.64, 25.36 ]
2 Multicompartment: me	esh vs native tis	ssue				
da Silveira 2014	94	106 (46)	90	110 (43)		-4.00 [ -16.86, 8.86 ]
De Tayrac 2008	21	13 (5.2)	24	20 (8)	-	-7.00 [ -10.90, -3.10 ]
Meschia 2004a	33	58 (17)	33	69 (17)		-11.00 [ -19.20, -2.80 ]
					-50 -25 0 25 50	
					Favours mesh Favours native tis	sue

# Analysis 1.15. Comparison I Any transvaginal permanent mesh versus native tissue repair, Outcome 15 Blood transfusion.

Review: Transvaginal mesh or grafts compared with native tissue repair for vaginal prolapse

Comparison: I Any transvaginal permanent mesh versus native tissue repair

Outcome: 15 Blood transfusion



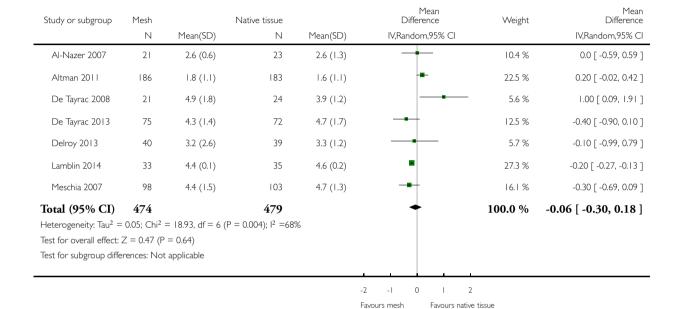
<sup>(</sup>I) A single study contributed a 22% (9/40) rate of blood transfusion in the non mesh group

# Analysis 1.16. Comparison I Any transvaginal permanent mesh versus native tissue repair, Outcome 16 Length of stay in hospital (days).

Review: Transvaginal mesh or grafts compared with native tissue repair for vaginal prolapse

Comparison: I Any transvaginal permanent mesh versus native tissue repair

Outcome: 16 Length of stay in hospital (days)

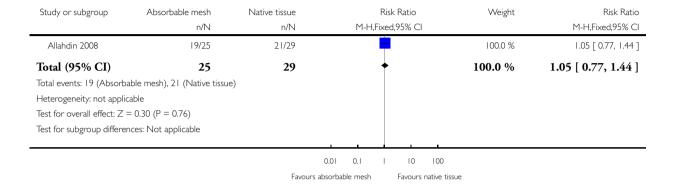


# Analysis 2.1. Comparison 2 Absorbable mesh versus native tissue repair, Outcome I Awareness of prolapse (2 year review).

Review: Transvaginal mesh or grafts compared with native tissue repair for vaginal prolapse

Comparison: 2 Absorbable mesh versus native tissue repair

Outcome: I Awareness of prolapse (2 year review)

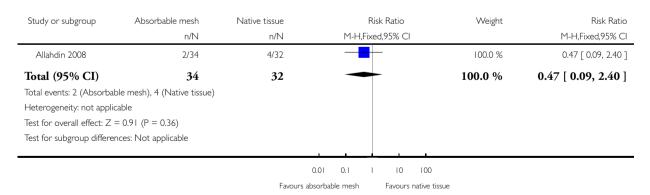


# Analysis 2.2. Comparison 2 Absorbable mesh versus native tissue repair, Outcome 2 Repeat surgery for prolapse (2 years).

Review: Transvaginal mesh or grafts compared with native tissue repair for vaginal prolapse

Comparison: 2 Absorbable mesh versus native tissue repair

Outcome: 2 Repeat surgery for prolapse (2 years)

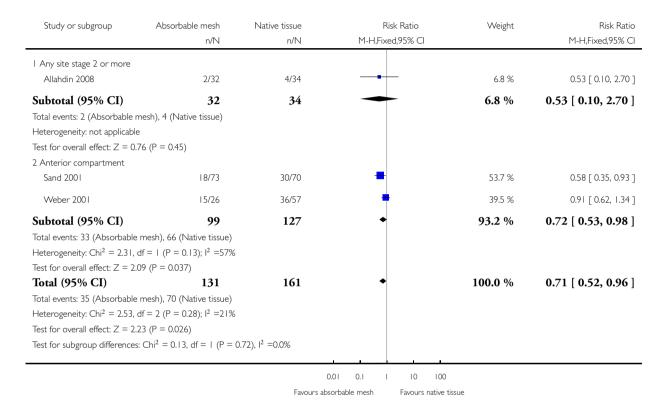


# Analysis 2.3. Comparison 2 Absorbable mesh versus native tissue repair, Outcome 3 Recurrent prolapse (3 months -2 years).

Review: Transvaginal mesh or grafts compared with native tissue repair for vaginal prolapse

Comparison: 2 Absorbable mesh versus native tissue repair

Outcome: 3 Recurrent prolapse (3 months -2 years)



### Analysis 2.4. Comparison 2 Absorbable mesh versus native tissue repair, Outcome 4 Death.

Review: Transvaginal mesh or grafts compared with native tissue repair for vaginal prolapse

Comparison: 2 Absorbable mesh versus native tissue repair

Outcome: 4 Death

Study or subgroup	Absorbable mesh	Native tissue	Risk Ratio	Weight	Risk Ratio
	n/N	n/N	M-H,Fixed,95% CI		M-H,Fixed,95% CI
I absorbable mesh versu	s native tissue repair				
Allahdin 2008 (1)	0/32	0/34			Not estimable
Weber 2001 (2)	0/35	0/74			Not estimable
Total (95% CI)	67	108			Not estimable
Total events: 0 (Absorbat	ole mesh), 0 (Native tissue)				
Heterogeneity: not applic	cable				
Test for overall effect: not	t applicable				
Test for subgroup differer	nces: $Chi^2 = 0.0$ , $df = -1$ (P =	0.0), $I^2 = 0.0\%$			
			0.001 0.01 0.1 1 10 100	1000	

Favours absorbable mesh Favours native tissue

<sup>(</sup>I) No deaths related to surgery

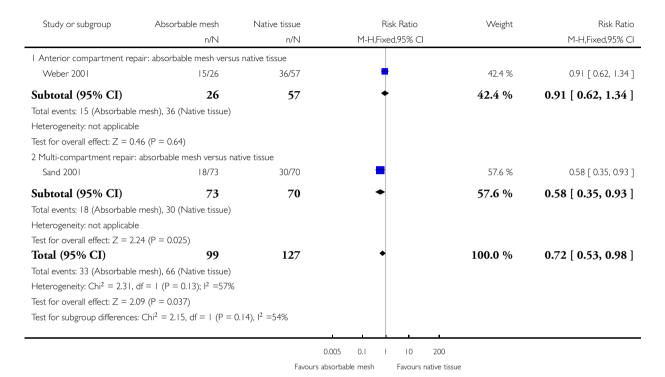
<sup>(2)</sup> No deaths related to surgery

# Analysis 2.5. Comparison 2 Absorbable mesh versus native tissue repair, Outcome 5 Objective failure of anterior compartment (cystocoele).

Review: Transvaginal mesh or grafts compared with native tissue repair for vaginal prolapse

Comparison: 2 Absorbable mesh versus native tissue repair

Outcome: 5 Objective failure of anterior compartment (cystocoele)

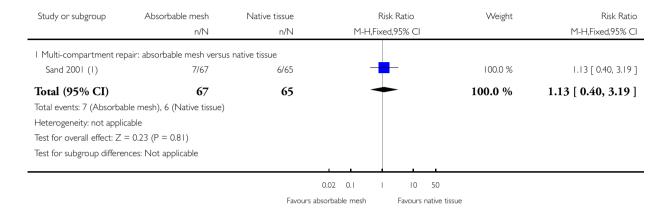


# Analysis 2.6. Comparison 2 Absorbable mesh versus native tissue repair, Outcome 6 Objective failure of posterior compartment (rectocoele).

Review: Transvaginal mesh or grafts compared with native tissue repair for vaginal prolapse

Comparison: 2 Absorbable mesh versus native tissue repair

Outcome: 6 Objective failure of posterior compartment (rectocoele)



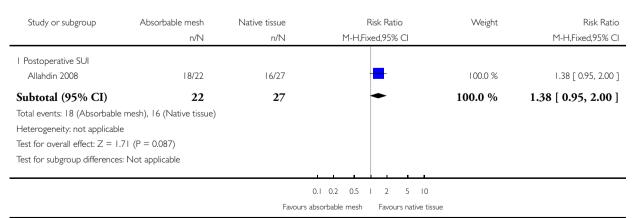
(I) Absorbable mesh group: 18 cystoceles + 6 rectoceles. Native tissue group: 30 cystoceles + 7 rectoceles

### Analysis 2.7. Comparison 2 Absorbable mesh versus native tissue repair, Outcome 7 Stress urinary incontinence.

Review: Transvaginal mesh or grafts compared with native tissue repair for vaginal prolapse

Comparison: 2 Absorbable mesh versus native tissue repair

Outcome: 7 Stress urinary incontinence



### Analysis 2.8. Comparison 2 Absorbable mesh versus native tissue repair, Outcome 8 Quality of life (2 years).

Review: Transvaginal mesh or grafts compared with native tissue repair for vaginal prolapse

Comparison: 2 Absorbable mesh versus native tissue repair

Outcome: 8 Quality of life (2 years)

Study or subgroup	Absorbable mesh		Native tissue		D	Mean ifference	Weight	Mean Difference
	Ν	Mean(SD)	Ν	Mean(SD)	IV,Fi	xed,95% CI		IV,Fixed,95% CI
I VAS QoL								
Allahdin 2008 (1)	25	4.3 (4.2)	29	4.3 (6.3)		#	100.0 %	0.0 [ -2.82, 2.82 ]
Total (95% CI)	25		29			•	100.0 %	0.0 [ -2.82, 2.82 ]
Heterogeneity: not ap	pplicable							
Test for overall effect:	Z = 0.0 (P = 1.0)							
Test for subgroup diff	erences: Not applicable	e						
					-20 -10	0 10	20	
				Favou	s native tissue	Favours a	absorbable mesh	

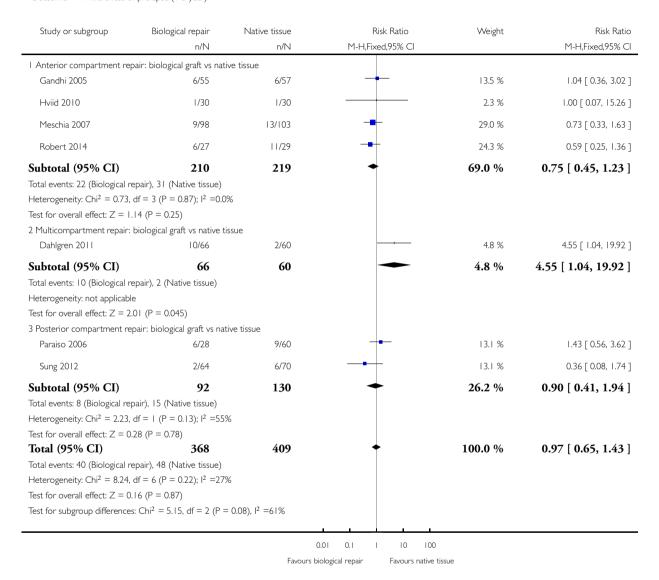
<sup>(</sup>I) VAS symptom severity, non validated

# Analysis 3.1. Comparison 3 Biological repair versus native tissue repair, Outcome I Awareness of prolapse (1-3 year).

Review: Transvaginal mesh or grafts compared with native tissue repair for vaginal prolapse

Comparison: 3 Biological repair versus native tissue repair

Outcome: I Awareness of prolapse (I-3 year)

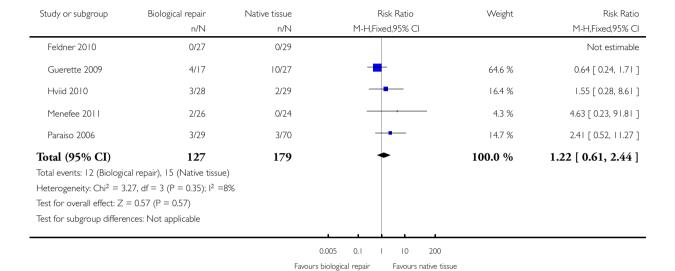


# Analysis 3.2. Comparison 3 Biological repair versus native tissue repair, Outcome 2 Repeat prolapse surgery (1-2 years).

Review: Transvaginal mesh or grafts compared with native tissue repair for vaginal prolapse

Comparison: 3 Biological repair versus native tissue repair

Outcome: 2 Repeat prolapse surgery (1-2 years)

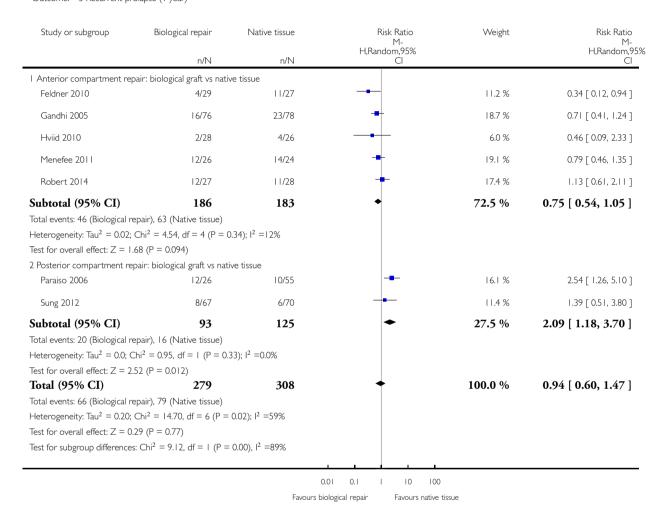


# Analysis 3.3. Comparison 3 Biological repair versus native tissue repair, Outcome 3 Recurrent prolapse (I year).

Review: Transvaginal mesh or grafts compared with native tissue repair for vaginal prolapse

Comparison: 3 Biological repair versus native tissue repair

Outcome: 3 Recurrent prolapse (1 year)

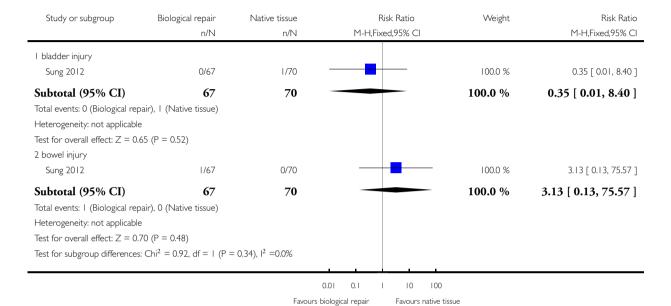


### Analysis 3.4. Comparison 3 Biological repair versus native tissue repair, Outcome 4 Injuries to bladder or howel.

Review: Transvaginal mesh or grafts compared with native tissue repair for vaginal prolapse

Comparison: 3 Biological repair versus native tissue repair

Outcome: 4 Injuries to bladder or bowel

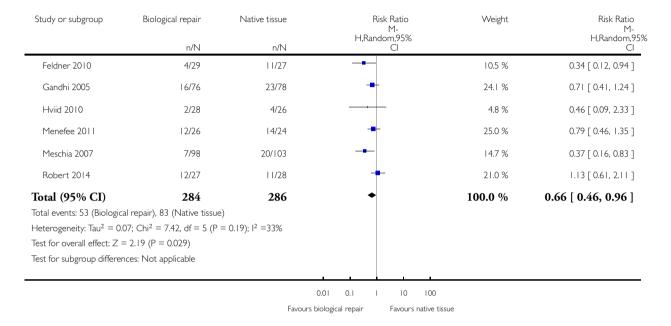


# Analysis 3.5. Comparison 3 Biological repair versus native tissue repair, Outcome 5 Objective failure of anterior compartment (cystocele).

Review: Transvaginal mesh or grafts compared with native tissue repair for vaginal prolapse

Comparison: 3 Biological repair versus native tissue repair

Outcome: 5 Objective failure of anterior compartment (cystocele)

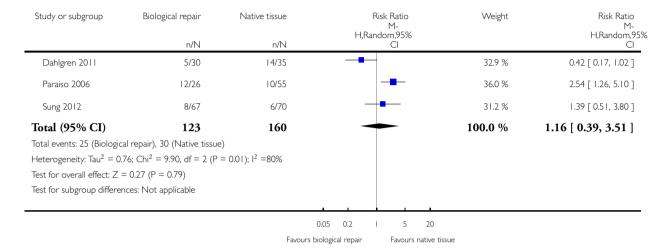


# Analysis 3.6. Comparison 3 Biological repair versus native tissue repair, Outcome 6 Objective failure of posterior compartment (rectocele).

Review: Transvaginal mesh or grafts compared with native tissue repair for vaginal prolapse

Comparison: 3 Biological repair versus native tissue repair

Outcome: 6 Objective failure of posterior compartment (rectocele)

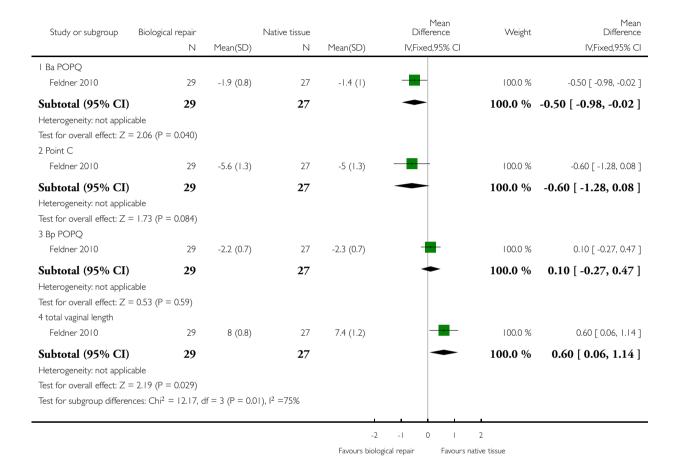


### Analysis 3.7. Comparison 3 Biological repair versus native tissue repair, Outcome 7 POPQ assessment.

Review: Transvaginal mesh or grafts compared with native tissue repair for vaginal prolapse

Comparison: 3 Biological repair versus native tissue repair

Outcome: 7 POPQ assessment

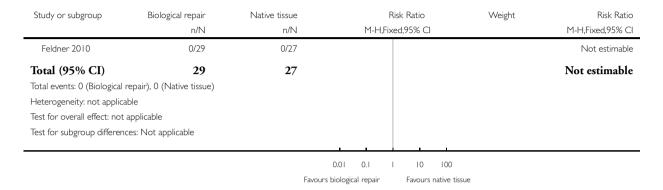


# Analysis 3.8. Comparison 3 Biological repair versus native tissue repair, Outcome 8 De novo urinary stress incontinence.

Review: Transvaginal mesh or grafts compared with native tissue repair for vaginal prolapse

Comparison: 3 Biological repair versus native tissue repair

Outcome: 8 De novo urinary stress incontinence

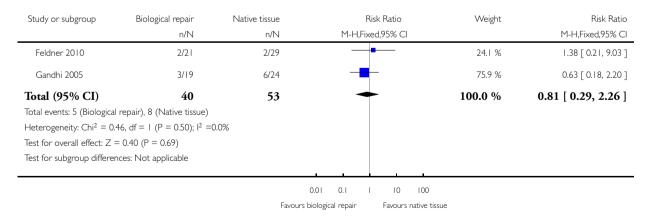


# Analysis 3.9. Comparison 3 Biological repair versus native tissue repair, Outcome 9 De novo voiding disorders, urgency, detrusor overactivity or overactive bladder.

 $\hbox{Review:}\quad \hbox{Transvaginal mesh or grafts compared with native tissue repair for vaginal prolapse}$ 

Comparison: 3 Biological repair versus native tissue repair

Outcome: 9 De novo voiding disorders, urgency, detrusor overactivity or overactive bladder

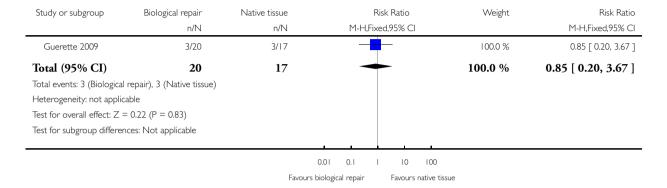


# Analysis 3.10. Comparison 3 Biological repair versus native tissue repair, Outcome 10 De novo dyspareunia (1 year).

Review: Transvaginal mesh or grafts compared with native tissue repair for vaginal prolapse

Comparison: 3 Biological repair versus native tissue repair

Outcome: 10 De novo dyspareunia (1 year)

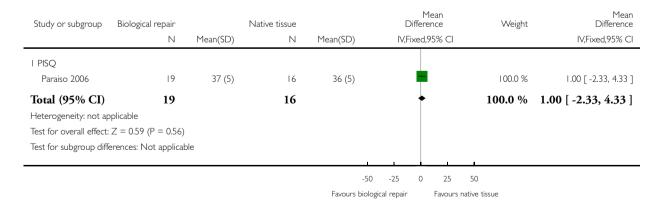


### Analysis 3.11. Comparison 3 Biological repair versus native tissue repair, Outcome 11 Sexual function (1 year).

Review: Transvaginal mesh or grafts compared with native tissue repair for vaginal prolapse

Comparison: 3 Biological repair versus native tissue repair

Outcome: II Sexual function (I year)

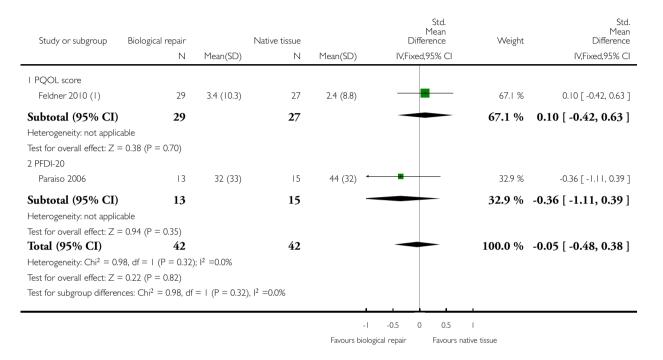


### Analysis 3.12. Comparison 3 Biological repair versus native tissue repair, Outcome 12 Quality of life (1 year).

Review: Transvaginal mesh or grafts compared with native tissue repair for vaginal prolapse

Comparison: 3 Biological repair versus native tissue repair

Outcome: 12 Quality of life (1 year)



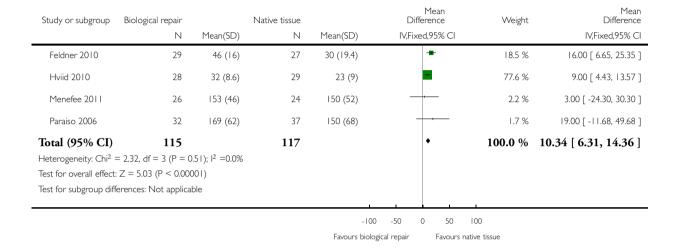
<sup>(</sup>I) Prolapse quality of life questionnaire PQoL

# Analysis 3.13. Comparison 3 Biological repair versus native tissue repair, Outcome 13 Operating time (minutes).

Review: Transvaginal mesh or grafts compared with native tissue repair for vaginal prolapse

Comparison: 3 Biological repair versus native tissue repair

Outcome: 13 Operating time (minutes)

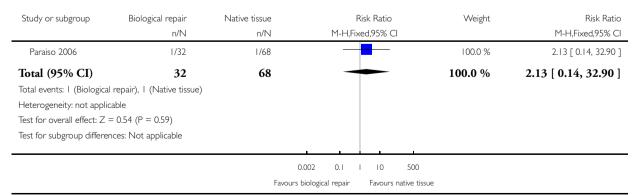


### Analysis 3.14. Comparison 3 Biological repair versus native tissue repair, Outcome 14 Blood transfusion.

Review: Transvaginal mesh or grafts compared with native tissue repair for vaginal prolapse

Comparison: 3 Biological repair versus native tissue repair

Outcome: 14 Blood transfusion



### **ADDITIONAL TABLES**

Table 1. Mesh exposure following transvaginal permanent mesh

Study ID	Repair events	Repair total	Exposure events	Exposure total
Ali 2006 abstract	0	43	3	46
Al-Nazer 2007	0	23	1	21
Altman 2011	0	182	21	183
Carey 2009	0	60	5	62
da Silveira 2014	0	81	18	88
Delroy 2013	0	39	2	40
Gupta 2014	0	54	4	44
Halaska 2012	0	72	16	79
Iglesia 2010	0	33	5	32
Lamblin 2014	0	35	2	33
Menefee 2011	0	24	2	28
Nguyen 2008	0	38	2	37
Nieminen 2008	0	96	18	104
Qatawneh 2013	0	63	4	53
Sivaslioglu 2008	0	42	3	43
Thijs 2010 abstract	0	48	9	48
Turgal 2013	0	20	3	20
Vollebregt 2011	0	51	2	53
Withagen 2011	0	84	14	83
Total			134	1097

Table 2. Mesh exposure versus anterior compartment repairs

Study ID	Repair events	Repair total	Exposure events	Exposure total
Ali 2006 abstract	0	43	3	46
Al-Nazer 2007	0	23	1	21
Altman 2011	0	182	21	183
Delroy 2013	0	39	2	40
Gupta 2014	0	54	4	44
Lamblin 2014	0	35	2	33
Menefee 2011	0	24	2	28
Nguyen 2008	0	38	2	37
Nieminen 2008	0	96	18	104
Qatawneh 2013	0	63	4	53
Sivaslioglu 2008	0	42	3	43
Thijs 2010 abstract	0	48	9	48
Turgal 2013	0	20	3	20
Vollebregt 2011	0	51	2	53
Total			76	753

Table 3. Mesh exposure versus multi-compartment repairs

Study ID	Repair events	Repair total	Exposure events	Exposure total
Carey 2009	0	60	5	62
da Silveira 2014	0	81	18	88
Halaska 2012	0	72	16	79
Iglesia 2010	0	33	5	32
Withagen 2011	0	84	14	83
Total			58	344

Table 4. Surgery for mesh exposure following any transvaginal permanent mesh

Study ID	Surgery for mesh exposure	Total number of women in mesh group
Altman 2011	6	186
Carey 2009	3	62
da Silveira 2014	7	88
De Tayrac 2013	4	66
Delroy 2013	2	40
Gupta 2014	2	44
Halaska 2012	10	79
Iglesia 2010	3	32
Lamblin 2014	2	33
Nguyen 2008	2	37
Nieminen 2008	14	104
Qatawneh 2013	4	53
Rudnicki 2014	5	78
Sivaslioglu 2008	3	43
Svabik 2014	2	36
Tamanini 2014	7	42
Thijs 2010 abstract	4	48
Turgal 2013	3	20
Vollebregt 2011	2	53
Withagen 2011	5	83
Total	100	1227

#### **APPENDICES**

### Appendix I. Types of operations

#### Sacral colpopexy

#### Aim

to correct upper genital tract prolapse

#### Indication

Usually reserved for recurrent prolapse of the upper vagina (recurrent cystocele, vault or enterocele) or massive vaginal eversion

#### Surgical technique

- Usually performed under general anaesthesia
- Performed through an incision on the lower abdomen or keyhole
- The bladder and rectum are freed from the vagina and permanent mesh supports the front and back wall of the vagina
- This mesh is secured to the sacrum (upper tailbone)
- Peritoneum (lining of the abdominal cavity) is closed over the mesh
- Other repairs are performed as required at the same time including paravaginal repair, perineoplasty, colposuspension or ectopexy
- Bowel preparation is required prior to the surgery

#### McCall culdoplasty

#### **Indications**

- Vault prolapse or an enterocele
- Often performed at the time of vaginal hysterectomy to prevent future prolapse

#### Surgical technique

- After the uterus is removed at the time of hysterectomy the uterosacral ligaments are identified and incorporated into the closure of the peritoneum and upper vagina using one to two sutures
  - An anterior or posterior vaginal repair is often performed at the same time

### Sacrospinous fixation

#### Aim

This surgery offers support to the upper vagina, minimising risk of recurrent prolapse at this site. The advantage of this surgery is that vaginal length is maintained.

#### Indication

Upper vaginal prolapse (uterine or vault prolapse, enteroceles)

This procedure can be used in reconstructive vaginal surgery where increased vaginal length is required.

#### Procedure

- The procedure can be performed under regional or general anaesthesia
- A routine posterior vaginal incision is made and extended to the top of the vagina
- Using sharp dissection, the vagina is freed from the underlying rectovaginal fascia and rectum until the pelvic floor (puborectalis) muscle is seen
- Using sharp and blunt dissection, the sacrospinous ligament running from the ischial spine to the sacral bone is palpated and identified
- Two sutures are placed through the strong ligament and secured to the top of the vagina. This results in increased support to the upper vagina. There is no shortening of the vagina
  - Other fascial defects in the vagina are repaired, and the vaginal skin is closed

### Anterior vaginal repair (colporrhaphy)

#### Indication

- Prolapse of the bladder or urethra
- Sometimes used to treat urinary stress incontinence

### Surgical technique

- The procedure can be performed under regional or general anaesthesia
- The vagina overlying the bladder and urethra is incised in the midline
- Dissection in a plane directly below the vagina allows the damaged fascia supporting the bladder and urethra to be exposed

- The fascia is plicated in the midline using delayed absorbable or permanent sutures
- Sometimes excessive vaginal skin is removed
- The vaginal skin is then closed
- Other sites of prolapse are then repaired as required

#### Posterior vaginal repair and perineoplasty

#### **Indications**

Treatment of rectocele (rectum bulges or herniates forward into the vagina) and defects of the perineum (area separating entrance of the vagina and anus)

#### Aim

correct defects in the rectovaginal fascia separating rectum and vagina while allowing bowel function to be maintained or corrected without interfering with sexual function

### Surgical technique

- An incision is made on the posterior wall of the vagina starting at the entrance and finishing at the top of the vagina
- Dissecting the vagina and rectovaginal fascia from the vagina until the pelvic floor muscles (puborectalis) are located
- Defects in the fascia are corrected by centrally plicating the fascia using delayed absorption sutures
- The perineal defects are repaired by placing deep sutures into the perineal muscles to build up the perineal body
- The overlying vaginal and vulval skin is then closed
- A pack is usually placed into the vagina and a catheter into the bladder at the end of surgery

#### Anterior or posterior vaginal repair, or both (colporrhaphy)

#### **Indications:**

Anterior repair: treatment for prolapse of bladder (bladder bulges forward into the vagina; cystocele) or urethra.

Posterior repair: correction of bowel prolapse (rectum bulges forward into the vagina; rectocele).

Vault repair: treat prolapse of upper vagina.

Depending on the side of the defect, the repair can either be anterior, posterior, vault, or total. The repair is achieved by the placement of permanent mesh, which may result in a stronger repair.

#### Surgical technique

The procedure can be performed under regional or general anaesthesia.

Anterior vaginal repair

- Midline incision to the vagina overlying the bladder and urethra
- Dissection in a plane directly below the vagina and lateral of the bladder allows the damaged fascia supporting the bladder to be exposed
  - The fascia is plicated in the midline using sutures
- Mesh can be used to reinforce the repair and can be used as an inlay or anchored through the obturator foramen and exiting through small incisions at both sides of the upper inner thigh
  - · The vaginal skin is closed

Posterior and vault repair

- An incision is made to the posterior wall of the vagina
- Dissection below the vagina identifies the rectovaginal fascia and opens the space between the rectum and the pelvic floor muscle to the sacrospinous ligaments
  - Defects in the fascia are corrected by centrally plicating the fascia using sutures
- Mesh can be used to reinforce the repair and can be used as an inlay or anchored bilaterally to the pelvic side wall and exiting through a small incision approximately 3 cm lateral and down from the anus
  - The vaginal skin is then closed

### Vaginal paravaginal repair

#### Aim

The objective of this surgery is to reattach detached lateral vaginal fascia to its normal point of insertion on the lateral side wall. This firm area of attachment is termed the white line or arcus tendineus fascia pelvis.

#### Indication

The repair of anterior wall prolapse due to defects of the lateral supporting tissues

#### Procedure

The procedure can be performed under regional or general anaesthesia.

### Routine anterior repair

The sharp dissection of the vagina from the bladder fascia continues laterally until the pelvic side wall can be identified.

Permanent or delayed absorbable sutures are placed from the lateral vagina to the firm pelvic side wall tissue (white line or arcus tendineus fascia pelvis). Three to four sutures are placed on each side.

A routine anterior repair with midline plication of the fascia, trimming of excess vaginal skin as required, and closure of the vaginal skin.

### Appendix 2. Searches

### Search strategy:

The Incontinence Group Specialised Register was searched using the Group's own keyword system (all searches were of the keyword field of Reference Manager 2012). The search terms used were:

({design.cct\*} OR {design.rct\*})

AND

({topic.prolapse\*})

AND

({intvent.surg\*})

Date of the most recent search of the register for this review: 6 July 2015.

Search registered trials: clinicaltrials.gov: date 1/6/2015 Terms: "Vaginal prolapse" "Surgery prolapse" with 175 trials identified

#### WHAT'S NEW

Last assessed as up-to-date: 6 July 2015.

Date	Event	Description
6 July 2015	New search has been performed	A comparison of transvaginal grafts versus native tissue repairs was formerly part of the 2013 Cochrane review "Surgical management of pelvic organ prolapse in women". We now present this as a separate review. Twelve new trials are included that were not in the previous review: Dahlgren 2011, da Silviera 2014, Delroy 2013, De Tayrac 2013, Gupta 2014, Qatawneh 2013, Robert 2014, Rudnicki 2014, Sung 2012, Svabik 2014, Tamanini 2014, Turgal 2013, and we also include a three-year follow-up of Iglesia 2010.

### HISTORY

Protocol first published: Issue 1, 2003

Review first published: Issue 2, 2016

Date	Event	Description
14 April 2010	Amended	Changed citation, added conflicts
17 November 2009	New citation required but conclusions have not changed	Full reports of 59 potentially eligible studies were assessed; for this update, 23 new eligible studies were assessed (Ali 2006a; Allahdin 2008; Al-Nazer 2007a; Barber 2006; Biller 2008; Borstad 2008; Braun 2007a; Carramao 2008a; Constantini 2008; De Tayrac 2008; Dietz 2008a; Glavind 2007; Guerette 2006a; Lim 2007a; Meschia 2007a; Natale 2007; Natale 2009; Nguyen 2008; Nieminen 2008; Pantazis 2008a; Schierlitz 2007a; Segal 2007; Sivaslioglu 2008). Overall, 17 studies were excluded from the review, six during this update (Barber 2006; Biller 2008; Carramao 2008a; Glavind 2007; Meschia 2007a; Segal 2007); full details are given in the Characteristics of excluded studies table  In this the second update, 18 new trials were added (Ali 2006; Allahdin 2008; Al-Nazer 2007; Borstad 2008; Braun 2007a; Constantini 2007; Constantini 2008; De Tayrac 2008; Dietz 2008a; Guerette 2006; Lim 2007; Natale 2007; Natale 2009; Nguyen 2008; Nieminen 2008; Pantazis 2008; Schierlitz 2007; Sivaslioglu 2008), and three previously included studies were updated (Brubaker 2008; Meschia 2007; Roovers 2004).
9 February 2009	New search has been performed	New search Feb 2009
10 October 2008	Amended	Converted to new review format
17 April 2007	New citation required and conclusions have changed	Substantive Update Issue 3 2007. 22 RCTs (8 new included trials). The findings are still insufficient to provide robust evidence to support current and new practice (such as whether to perform a concurrent continence operation, or to use mesh or grafts)

### **CONTRIBUTIONS OF AUTHORS**

All review authors contributed to writing the protocol. Four review authors (C Maher, C Schmid, B Feiner, K Baessler) assessed the relevance and eligibility of studies for inclusion in the review and then assessed the quality of included studies. Four review authors (C Maher, C Schmid, K Baessler, B Feiner) independently extracted data from trial reports, interpreted the results, and contributed to the writing of the draft version of the review.

### **DECLARATIONS OF INTEREST**

The lead review author, Christopher Maher, is an author of two trials of pelvic prolapse (Maher 2004a; Maher 2011)

The other review authors declare that they have no conflicts of interest.

### SOURCES OF SUPPORT

#### Internal sources

• No sources of support supplied

#### **External sources**

• NIHR, UK.

The Cochrane Incontinence Review Group is supported by NIHR UK.

### DIFFERENCES BETWEEN PROTOCOL AND REVIEW

This review is the result of updating the review 'Surgical management of pelvic organ prolapse in women'. As a result of the update, we decided to split the review into six reviews.

This review should be read as part of a series of six Cochrane reviews relating to the surgical management of prolapse including:

- 1. Surgery for women with anterior compartment prolapse.
- 2. Surgery for women with posterior compartment prolapse.
- 3. Surgery for women with apical compartment prolapse.
- 4. Continence outcomes in pelvic organ prolapse surgery.
- 5. Transvaginal grafts or mesh compared with native tissue repair for vaginal prolapse.
- 6. Perioperative interventions at prolapse surgery.

Differences from the published review methods were a reduction in the number of outcomes and limiting this review to studies that compared native tissue with mesh (absorbable and permanent) and biological grafts.